



# January 2021

An At Home Your Way/Moms In Motion/Ability Unlimited Monthly Publication



Leveraging our Passion, Talent, and Experience  
to lead Families to the Answers, Help, and Hope they need!

[Visit our website](#)



## LIVE EVENTS





## FB Live Q&A Event

Please join us for our next FB Live Q&A where we will answer questions regarding upcoming changes, Moms services, and more!

**WHEN:** Jan 13, 2021  
12:00 PM Eastern

[Join Zoom Meeting](#)

Meeting ID: 867 2748 6252  
Passcode: 755195

Check out our YouTube Channel for more informative videos



## IN THE NEWS



### Important notification from DMAS:

### Overtime & Live-in Exemptions

#### Overtime

- Effective January 1, 2021 attendants may work up to 8 hours of overtime per work week (overtime is considered any hours over 40 hours in a week; max total attendants can work is 48 hrs (40 hrs regular - 8 hrs overtime).
  - Only Attendants who **do not live with the member** are eligible for overtime payments.
  - The attendant may not exceed the member's bi-weekly authorized hours.
- If an attendant qualifies for overtime, the attendant must use an approved EVV method including the EVV mobile application or IVR system.
- DMAS is finalizing a Medicaid Memo regarding the upcoming EVV live-in exemption and overtime changes.
- Overtime rates are expected to be \$19.17 for Northern Virginia and \$14.81 for Rest of State.
  - Please refer to all questions regarding EVV to [EVV@dmass.virginia.gov](mailto:EVV@dmass.virginia.gov).
  - Please refer questions relating to the overtime changes to



## Live-In Exemption

- Effective January 1, 2021 attendants who live with the member are eligible for the Electronic Visit Verification (EVV) Live-in Exemption. Live-in attendants may use all forms of electronic time entry methods including the online portal, EVV mobile application, and IVR system.
- If you are a current live-in attendant, you will be required to provide proof of address.
  - Forms of proof of address can include but are not limited to driver's license, voter registration card, banking statement, credit card statement, utility bill statement, or cell phone bill statement.
- New attendants starting January 1, 2021 will be required to provide proof of address during the enrollment process.
- Existing live-in attendants have until June 30, 2021, to provide proof of address. The Fiscal/ Employer Agent (F/EA) will provide details on how to submit documents for verification. Attendants that do not send in the required documents will no longer be considered live-ins and must comply with all EVV requirements.
- Attendants cannot qualify for overtime and live in exemption.

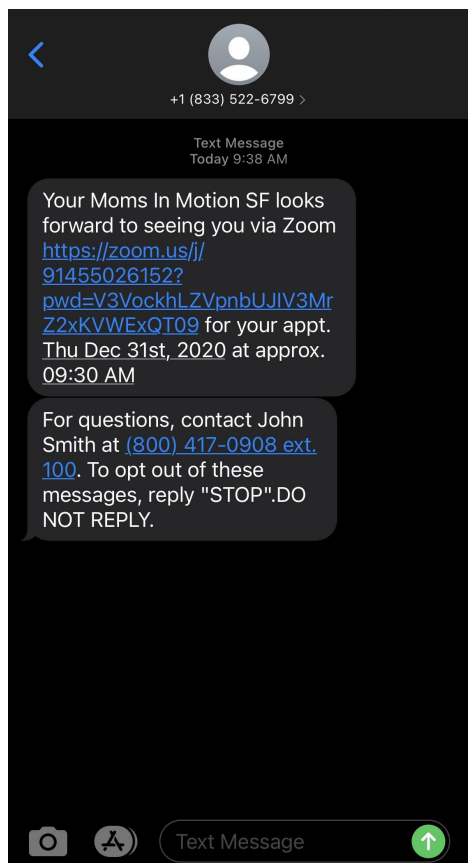
[Read our latest Special Edition Newsletter on Appendix K](#)



We are working diligently and will keep you posted on pertinent changes as information becomes readily available to us. In the meantime, follow us on social media and/or keep a lookout for special edition newsletters. As always, if you have questions, feel free to contact your Service Facilitator.

## Introducing Text Messaging

Moms In Motion/At Home Your Way is excited to transition to text message reminders for our visits! You can expect to receive a text reminder two days prior to our visit with you. If you have any questions, please reach out to your service facilitator.



## Awareness & Advocacy

JANUARY IS NATIONAL  
**BIRTH DEFECTS**  
PREVENTION MONTH



National Birth Defects Prevention Month

GLAUCOMA



**JANUARY**

BLOOD DONOR MONTH

BLOOD DONOR AWARENESS

Glaucoma Awareness Month

**Your MOMs Team**



Moms In Motion & At Home Your Way would like to introduce you to a few members of our amazing team in this "Getting to Know Your Team" series.

We value our clients more than anything and know the best way to show that is by choosing the best team to support their needs. We appreciate our team and know that their work is the reason for our success.

Our team members each have their reasons for why they chose Moms In Motion/At Home Your Way and you may find they have some things in common with YOU.

Today, we wanted to introduce you to just one of these phenomenal team members, and give you the opportunity to know who we are!

## WE ARE HIRING!



### Do you want to:

- *Have a positive impact on people's lives?*
- *See the joy in someone's face when you tell them about a little resource that will make a big difference in their lives?*
- *Have the chance to help people in your community on a day-to-day basis?*

[Apply Today to Become a Service Facilitator](#)

**Moms In Motion / At Home Your Way** is looking for talented individuals to join our team! We are hiring Service Facilitators all across the state of Virginia. *Apply today!*

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office). Moms In Motion / At Home Your Way has been a leader in this industry for over nine years. We are a value added provider. We help families to administer their consumer-directed services & link them to additional services.

**If you can answer "Yes" to these questions we want you to Join our**

### Team of ACES:

- Do I enjoy **ADVOCATING**?
- Am I **COMPASSIONATE**?
- Do I strive for **EXCELLENCE** in everything I do?
- Do I care about person-centered **SERVICE**?

### Skills and Qualifications include:

- Associate's Degree or greater in Human Services or related field.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.

\*We are currently hiring in Winchester, Page County, Chesapeake, VA Beach, Fairfax County, Buena Vista, Prince George/Hopewell, Roanoke City!

To ensure your **Moms In Motion / At Home Your Way** application is processed correctly, please use the the links on our [Job Opportunities page](#) to apply for the Service Facilitator position in or around your home area.

[Share this with your network, friends and colleagues](#)

Email your questions to: [Recruiting@momsinmotion.net](mailto:Recruiting@momsinmotion.net)

## WAIVERS

### Tell Your Services Facilitator

Changes to your MCO, Health Insurance Premium Payment (HIPP) Program Enrollment, or Medicaid eligibility affects your authorization for Personal Care, Respite, and Companion hours. Moms In Motion needs to know where to send authorization requests to. Your Service Facilitator is often one of the last to know about these types of changes. You must have an authorization in place with the appropriate entity and fiscal agent in order for your attendant to work and get paid. Don't risk a lapse in services.

Helpful links:

- Please join our *public* Facebook [Medicaid Waiver Discussion Group](#)
- [CCC Plus Website](#)



### If you receive a balance notice or Explanation of Benefits (EOB) statement:

*Moms In Motion's services are covered by DMAS/MCO and considered paid-in-full. No balance billing is permitted by any entity.*

### Who to Contact if You Move

- Department of Social Services in your current locality advising them of the move
- Your Service(s) Facilitator
- Your MCO
- Your current Community Services Board

- Advise those at HIPP
- All Doctors offices & Pharmacies
- Social Security Administration if you are receiving benefits like SSI (must be done in person)
- SIGN UP FOR USPS INFORMED DELIVERY [here](#)

## Developmental Disability Waivers

The State of Virginia currently offers three Developmental Disability (DD) waivers:

- Building Independence (BI)
- Community Living (CL)
- Family and Individual Supports (FIS)

Moms In Motion is able to facilitate services of Companion (when applicable), Personal Care & Respite under the CL & FIS Waivers.

To learn more about the DD Waivers & the services offered through them, please visit our [website](#) for a comprehensive overview.

## MONTHLY DISCUSSION WITH YOUR SERVICE FACILITATOR



### 1. New for this period:

- If you made changes to your MCO during Open Enrollment, your changes are effective 1/1/2021. Please be aware of the impacts this may have on
  - the person's authorizations and attendant pay.
  - the Fiscal Agent and new paperwork requirements
- If you did not make any changes during Open Enrollment, nothing should change for your case.

### 2. At every visit:

- Are you eligible for [HIPP for Kids/HIPP](#)?
- Has there been a change to the the [Employer of Record \(EOR\)](#)?
- Have your level of care needs changed since our last visit?
- Any recent hospitalizations?

**Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!**

## MAXIMIZING YOUR BENEFITS

### Renewing Your Medicaid

Individuals on the [CCC Plus](#) & both of the [DD Waivers \(CL/FIS\)](#) are required to renew their Medicaid annually. A paper renewal application is usually mailed to the primary residence the month before the individual's renewal month. You will not be required to have another screening.

- When completing the renewal application, only include information regarding the individual requesting Medicaid.
- Write "CCC Plus/Long Term Care" at the top of the form.
- **Section 5: Renewal of coverage in future years (optional)** – to make it easier to determine your eligibility for help paying for health coverage in future years, you can agree to allow the Medicaid or FAMIS programs or the Marketplace to use income data, including information from tax returns. You will not receive a renewal application. Instead, you will receive notification of the outcome of your renewal. *5 years is the maximum number of years allowed.*

You can renew using the following methods:

- **By phone:**
  - Call Cover Virginia at 1-855-242-8282
  - TTY: 1-888-221-1590
- **By mail or in person:** Complete the paper renewal form and return it to your local department of social services.
  - Find your local Social Services office [here](#)

Failure to complete and turn in your Medicaid renewal application could result in lapse of coverage. Call Cover Virginia at 1-855-242-8282 if you have any questions.

#### **DURING COVID-19**

We recommend completing the renewal paperwork if possible. However, according to the latest [DMAS memo released 8/5/2020](#):

- Eligibility and Enrollment
  - With the announcement of the extension of the federal public health declaration, continuity of coverage must remain until **October 22, 2020** for Medicaid members, and no adverse action will be taken on Medicaid cases through that date.

## ABILITY UNLIMITED

### Did you know?

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You may consider a pulse oximeter if you have any health conditions that may cause difficulty breathing or require oxygen monitoring. Read more about the pulse oximeter [HERE](#). Complete AU's [AT Intake Form](#) to get your request started today!



An iPad, iPad Pro with applications (apps), accessories and or cases are great options for use as a communication or speech device. Check out our blog post [HERE](#) to find out if this would work for your needs. We can help! Get the process started today by completing AU's [DME Intake Form](#)

Have questions? We are happy to help!

Call (800) 511-9471 or e-mail [info@abilityunlimited.net](mailto:info@abilityunlimited.net) to get your request started today!

Did you know that you could be eligible for Medicaid funding to cover approved Assistive Technology or Environmental Modifications through your CCC+ or DD Waiver, or if you are on EPSDT? [Ability Unlimited](#) (AU), is an invaluable source of information and assistance for those seeking to utilize these added benefits.

Experienced in the world Medicaid and disabilities, AU provides access to [Assistive Technology and Durable Medical Equipment](#) to people with special needs through Medicaid funding. We help you navigate Medicaid and

the approval process, to give our client unlimited possibilities.

## TESTIMONIALS

"Christie

Hope you're well. We successfully received M.'s iPad this evening.

Thank you so much for all your help and making sure all his items were successfully ordered and received. We owe you!

Warmest Regards,  
J."



Follow AU on  
Facebook

Visit our  
website

**Ability**  
**Unlimited**

Contact Ability Unlimited

800-511-9471

info@abilityunlimited.net

**At Home Your Way**



**Aging In Place**

Do you have an aging loved one on the CCC+ Virginia Medicaid Waiver or one of the 3 DD (CL, FIS, BI) Waivers? Did they suffer a stroke? Do they have chronic diseases such as diabetes or CHF? Are they losing their cognitive abilities through Alzheimer's or dementia?

Did you know that their medical and personal care needs are not the only benefits of their waiver, but that they are also eligible for medically necessary AT, EM & DME? Check out the video for details!

## At Home Your Way and Moms In Motion Social Media merge

As of January 1, 2021, our [At Home Your Way - A Virginia Service Facilitation Provider](#) facebook page will be merging with the Moms In Motion - A Virginia Service Facilitation Provider page. We want to make sure you are kept up to date on any news and of course, we would hate to lose you!



If you haven't already, please be sure to like, follow and share our [Moms In Motion page - A Virginia Service Facilitation Provider](#) page.



### Resources for Aging In Place

[Office for Aging Service](#)

[Virginia Department for Aging and Rehabilitative Services](#)

[Piedmont Senior Resources Area Agency on Aging](#)

[Peninsula Agency on Aging](#)

## Key Roles in a Medicaid Waiver

### SERVICE FACILITATOR:

A Consumer-Directed (CD) Services Facilitator (SF) is the DMAS-enrolled provider who is responsible for supporting the individual and family/caregiver by ensuring the development and monitoring of the consumer-directed services plan of care, providing attendant management training, and

completing ongoing review activities as required by DMAS for consumer-directed personal care and respite services.

To learn more about the role & responsibilities of the Service Facilitator, please visit our [website](#) for an overview.

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## EMPLOYER OF RECORD:

The Employer of Record (EOR) is the person who performs the functions of the employer in the consumer-directed model of service delivery. The EOR may be the individual enrolled in the waiver, or a family member, caregiver, or another person.

To learn more about the role & responsibilities of the EOR, please visit our [website](#) for an overview.

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## FISCAL AGENT(S):

The Fiscal Employer Agent performs payroll activities on behalf of the EOR. This allows the individual to use waiver funds to hire and pay attendants. The Managed Care Organization (MCO) contracts with the Fiscal Employer Agent to ensure that payment to the attendant is accurate based on approved service authorizations and timesheets that have been approved by the EOR. The Fiscal Employer Agent keeps payment records and follows all tax rules on the EOR's behalf. The EOR employs the attendant(s).

To learn more about Fiscal Agent and their role & responsibility, please visit our [website](#) for an overview.



To learn more about FA Aces\$, including how to check your authorizations, click [here](#)



To learn more about FA CDCN, including how to check your authorizations, click [here](#)



To learn more about FA PPL, including how to check your authorizations, click [here](#)

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## ATTENDANT(S):

The attendant is an individual who provides personal care or supports for the waiver individual. The attendant is the individual hired by the Employer of Record (EOR) who provides CD personal assistance, respite services, or companion services to the individual. The attendant provides services that are authorized by DMAS or its designated service authorization agent. The attendant should have the knowledge, skills, and abilities to perform the functions and duties necessary to support the individual who is receiving services.

To learn more about the role and how to become an Attendant, please visit our [website](#) for an overview.

## Self Service

[Visit our website for your self-service needs](#)

Moms In Motion is fully aware of how important empowerment is for our clients and their families.

To learn of many numerous resources and tools readily accessible to you, please visit our webpages:



- [What are Waivers?](#)
  - [CCC Plus Waiver](#): learn more about this waiver, the benefits, and how to apply.
  - [CL/FIS \(DD Waivers\)](#): learn more about these waivers, the benefits, and how to apply
  - [Early and Periodic Screening, Diagnostic and Treatment \(EPSDT\)](#): a federal benefit for children under 21 that receive Medicaid (this is a program, not a waiver)
  - [Individual and Family Support Program \(IFSP\)](#): an annual grant for those on the DD Waivers Waitlist
- [Self-Advocacy](#): Virginia General Assembly & Tips for Writing to Your Senator and/or Delegates.
- Moms In Motion's informational [CCC+ Self-Help Eligibility Tool](#)
- [Searchable Resource List](#) provided by Moms In Motion.
- Virginia's Health Insurance Premium Program ([HIPP](#)) and [HIPP for Kids](#)

## TOOLS YOU CAN USE

### INFORMATIONAL TOOLS

- [Why, When, and How Can I Get the IEP Revised?](#) by Wrights Law
- [Ability Center of Virginia](#) Helping children and adults with disabilities lead happy, productive lives.

### ListServes

- Join Yahoo ListServ [VaWaivers](#) to discuss & share news about Va Medicaid Waivers.

### Finding a CD Attendant(s)

- Relevant departments of local colleges. (OT, PT, etc)
- Ask your local school/school district for para-professionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
  - [Craig's List](#)
  - [Care.com](#)

- [SitterCity](#)
- [MyChoice4Care](#)
- [Indeed](#)

## MEDICAID ADDED BENEFITS

### **Amazon Prime**

Amazon Prime is \$5.99 a month for qualifying customers with an EBT or Medicaid card. Cancel anytime.

[Click here](#) to sign up!



## Connect with Us

We're expanding our social reach!  
Be sure to connect with us now on [Instagram](#) and [LinkedIn](#)!



Moms In Motion/At Home Your Way is a Virginia Medicaid Service Facilitation provider for those approved for the CCC+ and DD Waivers (CL/FIS).