

# FEBRUARY 2020

## MOMS IN MOTION

Leveraging our Passion, Talent, and Experience  
to lead Families to the Answers, Help, and Hope they need!

Visit our Website

## WE ARE HIRING!

### Do you want to:

- *Have a positive impact on people's lives?*
- *See the joy in someone's face when you tell them about a little resource that will make a big difference in their lives?*
- *Have the chance to help people in your community on a day-to-day basis?*

[Apply Today to Become a Service Facilitator](#)

**Moms In Motion / At Home Your Way** is looking for talented individuals to join our team! We are hiring Service Facilitators all across the state of Virginia.  
*Apply today!*

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office). Moms In Motion / At Home Your Way has been a leader in this industry for over nine years. We are a value added provider. We help families to administer their consumer-directed services & link them to additional services.

**If you can answer "Yes" to these questions we want you to Join our Team of ACES:**

- *Do I enjoy **ADVOCATING**?*
- *Am I **COMPASSIONATE**?*
- *Do I strive for **EXCELLENCE** in everything I do?*
- *Do I care about person-centered **SERVICE**?*

**Skills and Qualifications include:**

- *Associate's Degree or greater in Human Services or related field.*

- *Ability to work independently.*
- *Ability to communicate effectively both orally and in writing.*

\*We are currently hiring in ***all locations in Virginia !!***

To ensure your **Moms In Motion / At Home Your Way** application is processed correctly, please use the the links on our [Job Opportunities page](#) to apply for the Service Facilitator position in or around your home area.

[Share this with your network, friends and colleagues](#)

Email your questions to: [Recruiting@momsinmotion.net](mailto:Recruiting@momsinmotion.net)

## WAIVERS

### Tell Your Services Facilitator

Changes to your MCO, Health Insurance Premium Payment (HIPP) Program Enrollment, or Medicaid eligibility affects your authorization for Personal Care, Respite, and Companion hours. Moms In Motion needs to know where to send authorization requests to. Your Service Facilitator is often one of the last to know about these types of changes. You must have an authorization in place with the appropriate entity and fiscal agent in order for your attendant to work and get paid. Don't risk a lapse in services.

Helpful links:

- Please join our *public* Facebook [Medicaid Waiver Discussion Group](#)
- [CCC Plus Website](#)



**If you receive a balance notice or Explanation of Benefits (EOB) statement:**

*Moms In Motion's services are covered by DMAS/MCO and considered paid-in-full. No balance billing is permitted by any entity.*

### Who to Contact if You Move

- Department of Social Services in your current locality advising them of the move
- Your Service(s) Facilitator
- Your MCO
- Your current Community Services Board

- Advise those at HIPP
- All Doctors offices & Pharmacies
- Social Security Administration if you are receiving benefits like SSI (must be done in person)
- SIGN UP FOR USPS INFORMED DELIVERY [here](#)

## Developmental Disability Waivers

The State of Virginia currently offers three Developmental Disability (DD) waivers:

- Building Independence (BI)
- Community Living (CL)
- Family and Individual Supports (FIS)

Moms In Motion is able to facilitate services of Companion (when applicable), Personal Care & Respite under the CL & FIS Waivers.

To learn more about the DD Waivers & the services offered through them, please visit our [website](#) for a comprehensive overview.

## MONTHLY DISCUSSION WITH YOUR SERVICE FACILITATOR

### 1. New for this period:

1. Do you know how to check your Respite Balance?
2. Have you signed and submitted the Signatory Authority designation letter with your Fiscal Agent?
3. Are you actively using your Fiscal Agent's EVV app?

### 2. At every visit:

1. Are you eligible for [HIPP for Kids/HIPP](#)?
2. Has there been a change to the the Employer of Record (EOR)?
3. Have your level of care needs changed since our last visit?
4. Any recent hospitalizations?

**Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!**

## MAXIMIZING YOUR BENEFITS

### Renew Your Medicaid

Health coverage from [Virginia Medicaid needs to be renewed annually](#) . If your

local department of social services has all of the information needed to complete your renewal, this process will be done automatically. You will receive a notice in the mail telling you if your coverage will continue for another year. If your renewal cannot be completed automatically, you will receive a paper renewal form in the mail. This means you must take action to renew your health coverage. You can renew your health coverage in the following ways:

- **Online:** Go to [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov) and click on "Renew My Benefits."
  - To create a CommonHelp Account:
    - Go to [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov)
    - Click "Check My Benefits"
    - To link your case to your CommonHelp account, you will need your case number and your client ID number. These numbers are printed on the front of the paper renewal form you received in the mail. You can also call your local department of social services and ask for this information.
- **By phone:** Call Cover Virginia at 1-855-242-8282/TTY: 1-888-221-1590; this call is free.
- **By mail or in person:** Complete the paper renewal form and return it to your local department of social services.

Call your [local Social Services office](#) if you have not received a renewal form in the mail.

If you do not complete your renewal, you will lose your Medicaid health coverage. Call Cover Virginia at 1-855-242-8282 if you have any questions.

## ABILITY UNLIMITED

Did you know that you could be eligible for Medicaid funding to cover approved Assistive Technology or Environmental Modifications through your CCC+ or DD Waiver, or if you are on EPSDT? Our sister company, [Ability Unlimited](#) (AU), is an invaluable source of information and assistance for those seeking to utilize these added benefits.

Experienced in the world Medicaid and disabilities, AU provides access to [Assistive Technology](#), [Environmental Modifications](#), and Durable Medical Equipment to people with special needs through Medicaid funding. We help you navigate Medicaid and the approval process, to give our client unlimited possibilities.

## Contact Ability Unlimited

**800-511-9471****info@abilityunlimited.net**

## **Amazon Prime**

Amazon Prime is \$5.99 a month for qualifying customers with an EBT or Medicaid card.  
Cancel anytime.

[Click here](#) to sign up!

## **Key Roles in a Medicaid Waiver**

### **SERVICE FACILITATOR:**

A Consumer-Directed (CD) Services Facilitator (SF) is the DMAS-enrolled provider who is responsible for supporting the individual and family/caregiver by ensuring the development and monitoring of the consumer-directed services plan of care, providing attendant management training, and completing ongoing review activities as required by DMAS for consumer-directed personal care and respite services.

To learn more about the role & responsibilities of the Service Facilitator, please visit our [website](#) for an overview.

### **EMPLOYER OF RECORD:**

The Employer of Record (EOR) is the person who performs the functions of the employer in the consumer-directed model of service delivery. The EOR may be the individual enrolled in the waiver, or a family member, caregiver, or another person.

To learn more about the role & responsibilities of the EOR, please visit our [website](#) for an overview.

### **FISCAL AGENT(S):**

The Fiscal Employer Agent performs payroll activities on behalf of the EOR. This allows the individual to use waiver funds to hire and pay attendants. The Managed Care Organization (MCO) contracts with the Fiscal Employer Agent

to ensure that payment to the attendant is accurate based on approved service authorizations and timesheets that have been approved by the EOR. The Fiscal Employer Agent keeps payment records and follows all tax rules on the EOR's behalf. The EOR employs the attendant(s).

To learn more about Fiscal Agent and their role & responsibility, please visit our [website](#) for an overview.



To learn more about FA Aces\$, including how to check your authorizations, click [here](#)



To learn more about FA CDCN, including how to check your authorizations, click [here](#)



To learn more about FA PPL, including how to check your authorizations, click [here](#)

## ATTENDANT(S):

The attendant is an individual who provides personal care or supports for the waiver individual. The attendant is the individual hired by the Employer of Record (EOR) who provides CD personal assistance, respite services, or companion services to the individual. The attendant provides services that are authorized by DMAS or its designated service authorization agent. The attendant should have the knowledge, skills, and abilities to perform the functions and duties necessary to support the individual who is receiving services.

To learn more about the role and how to become an Attendant, please visit our [website](#) for an overview.

## ADVOCACY

### Disability Services and Supports in Virginia

[The Arc of Virginia](#)

[The Arc of Northern Virginia: Special Needs Trust Program](#)

[EPSDT: Early & Periodic, Screening, Diagnostic & Treatment](#)

[Commonwealth Coordinated Care Plus Waiver](#)

## [ABLE Accounts](#)

## [Health Insurance Premium Payment \(HIPP\)](#)

### **SOCIAL SKILLS GROUP**

PEERS Program for Girls: *A Social Skills group for adolescent females with autism spectrum disorder (ASD)*

The Sheila Johnson Center, UVA, is seeking middle or high school females with ASD (ages 11-17) and their primary caregiver to participate in a 12-session PEERS program that will evaluate its effectiveness for girls. Participants must be verbally fluent and have average or above average cognitive skills. There will be 2 assessment sessions and 10 weekly 1.5 hour group sessions (of which participants must attend at least 8 sessions) for both the girls and their caregiver. Families can earn up to \$300 for attending all sessions. Contact [star-research@virginia.edu](mailto:star-research@virginia.edu) or 434.297.8178.

PEERS® is a social skills training intervention for youth with social challenges. During each group session, teens are taught important social skills and are given the opportunity to practice these skills in session during socialization activities. Parents simultaneously meet together to be trained as their teens' social coach.

Not in the Charlottesville area? Here are other PEERS programs in Virginia:

- **Chesapeake:** [Dr. Kristyn Troyer](#) at 757.566.7401
- **Chesterfield:** [Thriveworks Chesterfield](#) at 804.655.4921
- **Falls Church:** [Razzino and Associates](#) at 703.940.9989
- **Falls Church:** Melissa Friedberg at [mfriedberg@cslstherapy.com](mailto:mfriedberg@cslstherapy.com) or Christianna Beachley at [cbeachley@cslstherapy.com](mailto:cbeachley@cslstherapy.com)
- **Richmond:** [Spectrum-Wise](#) at 804.554.6617 or [info@spectrum-wise.com](mailto:info@spectrum-wise.com)
- **Virginia Beach:** [Reboot Mind, Body, Health](#) at 757.689.0334

### **10th Annual INSIGHTS INTO AUTISM**

#### **WHEN:**

Friday, February 7, 2020, 8am - 4pm

#### **WHERE:**

601 Children's Lane, Norfolk, VA

Brickhouse Auditorium,

To Register, click [HERE](#)

**CONFERENCE OVERVIEW:** Issues within specific autism spectrum disorder (ASD) populations will be discussed with recognized national experts, including gastrointestinal problems, sleep disturbances, self-care, educational challenges, and the use of applied behavioral analysis for additional difficult behaviors in patients with ASD.

This conference is designed for pediatricians, neurologists, psychiatrists, psychologists, occupational therapists, speech therapists, art therapists, special education teachers, social workers, other interested allied health professionals, and anyone who wishes to improve care to patients and families diagnosed with ASD.

Click [here](#) to learn more about CHKD's Continuing Medical Education (CME) Program.

## VBPD Names New Executive Director

The Virginia Board for People with Disabilities is pleased to announce **Ms. Teri Morgan** as the Board's new Executive Director, effective January 25, 2020.

Morgan has spent the past 30 years of her career learning from and supporting individuals with disabilities. Morgan formerly worked in Michigan for a private non-profit residential services provider, first as a Residential Counselor and later as a Residential Supervisor of a community based ICF/IID. After moving to Richmond, she continued her work in residential services managing and overseeing an array of home and community-based services.

## FAMILY HIGHLIGHT

"When Deyon was diagnosed at 2 years old we were completely lost. I started attending any and every meeting or educational seminar I could. We met so many people who said they could help us and some did but I remember meeting an employee of *Moms in Motion* and just the name felt good. Moms, just like myself taking ownership of their child's diagnosis was not only



intimidating but also liberating. We had another facilitator at the time that just made everything sound like sprinkles and rainbows and knew something didn't sound right. This angel who held our hands and gave us a voice helped guide us through the ever changing and winding road of waivers. After meeting other *Moms In Motion* clients through the special needs community we knew we had to make a change for the better. We took a leap of faith and became *Moms* clients about 6 years ago and our lives have dramatically changed in the best way possible.

We are up to date on all the many new changes and resources and it's nice to have someone come into our home that is genuinely so happy to be there. Our facilitators treat Deyon as a person not a disability and that, alone, makes their customer service exceptional. We feel very blessed with our current service facilitator and our past ones. They are like family even to the point where our friends and family know them by name. It is empowering to know that I have an army of advocates behind me when the going gets tough. Thank you, *Moms In Motion* !!"

## MOMS IN MOTION IN THE COMMUNITY

### FASHIONS FOR EVERGREENS

Moms In Motion is proud to announce that our holiday tree entry to [Hotel Roanoke](#)'s annual fundraiser Fashions for Evergreens, has earned **8th place** raising donations to benefit the United Way of Roanoke Valley.

Our special team of Moms Elves attended a beautiful reception celebrating all the participants at Hotel Roanoke. Our team looks forward to planning our 2020 Holiday tree submission.

Moms In Motion is honored to receive this opportunity to showcase our continued support and advocacy efforts for the community we serve.

## TOOLS YOU CAN USE

## Check out Moms In Motion's [Calendar of Events](#) !

### INFORMATIONAL TOOLS

- [CCC Plus Waiver](#): learn more about this waiver, the benefits, and how to apply.
- Moms In Motion's informational [CCC+ Self-Help Eligibility Tool](#)
- [Searchable Resource List](#) provided by Moms In Motion.
- [Why, When, and How Can I Get the IEP Revised?](#) by Wrights Law
- [Supported Decision-Making: Alternatives to Guardianship](#) by University of California, Davis, [MIND Institute](#)
- [The Virginia Department for the Deaf and Hard of Hearing \(VDDHH\)](#)
- [Virginia Health Insurance Premium Program \(HIPP\) and HIPP for Kids](#)

### ListServes

- Join Yahoo ListServ [VaWaivers](#) to discuss & share news about Va Medicaid Waivers.

### Finding a CD Attendant(s)

- Relevant departments of local colleges. (OT, PT, etc)
- Ask your local school/school district for para-professionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
  - [Craig's List](#)
  - [Care.com](#)
  - [SitterCity](#)
  - [MyChoice4Care](#)
  - [Indeed](#)

## CONNECT WITH US!

We're expanding our social reach!

Be sure to connect with us now on **Instagram** and **LinkedIn** !



Moms In Motion is a Service Facilitation provider  
for Medicaid CCC+, CL, and FIS Waiver enrollees.

[MomsInMotion.net](http://MomsInMotion.net)