

Getting regular Check-Ups even if your child is not sick is the best way to make sure your child stays healthy!

Babies need check-ups at:

- ✓ Birth
- ✓ 1 month
- ✓ 2 months
- ✓ 4 months
- ✓ 6 months
- ✓ 9 months
- ✓ 12 months



Toddlers & Children need check-ups at:

- ✓ 15 months
- ✓ 18 months
- ✓ 24 months (2 years)
- ✓ 3 years
- ✓ 4 years
- ✓ 5 years

Older Children need Check-Ups Too!

Older Children & Teenagers need check-ups at:

- ✓ 6 years
- ✓ 8 years
- ✓ 10 years
- ✓ 12 years
- ✓ 14 years
- ✓ 16 years
- ✓ 18 years
- ✓ 20 years

FOR a referral to a dentist for your child contact
Smiles For Children
at:
1-888-912-3456



If you need a ride to your child's appointment call your Managed Care Organization.

If you do not have a Managed Care Organization call:

1-866-386-8331

You must call at least 48 hours before you need transportation.



FOR a guide to what to expect at your child's check-ups visit

Bright Futures

at:

<http://www.brightfutures.org/TipSheets/index.html>



WELL CHILD Check-Ups



A Family Guide to Early and Periodic Screening, Diagnosis, and Treatment Check-Ups

A Program of the Commonwealth of Virginia.
DMAS 61

**Keep your child
healthy with Well Child
Check-Ups!**

Call
your
doctor



and schedule a

FAMIS Plus

Check-up today!



What are **E**arly and **P**eriodic **S**creening, **D**iagnosis, and **T**reatment (EPSDT) Check-Ups?

They are **FREE** Well Child Check-Ups for Virginia's children age birth up to 21 enrolled in **FAMIS Plus** (Children's Medicaid).

Your child's Check-Up will include:

- An unclothed physical exam
- Child and family medical history
- Blood tests including lead levels
- Hearing and vision testing
- Any Immunizations (shots) that are needed
- Referral to the dentist
- Questions and advice about your child's growth including how they crawl, walk, talk, dress, and eat.



With **FAMIS Plus** your child can get treatment for any special health or mental health conditions your doctor finds during a Check-Up! This treatment must be medically necessary. It may include services such as specialized nursing, hearing aids, treatment for substance abuse and more. Call your doctor for more information.