

## Department of Medical Assistance Services Medical Necessity Assessment and Personal Care Service Authorization Form (DMAS-7)

Final eligibility for personal care services will be determined by DMAS, according to medical necessity, as documented in the member's clinical documentation.

If you have questions about this form contact DMAS Medical Services Unit at 804-786-8056 or see <a href="https://dmas.kepro.com">https://dmas.kepro.com</a>. Please submit this completed referral form and supporting clinical documentation (see additional guidance) through the Atrezzo portal, at <a href="https://atrezzo.kepro.com">https://atrezzo.kepro.com</a>.

| MEMBER INFORMATION      |   |  |  |  |
|-------------------------|---|--|--|--|
| Member's Name:          | Medicaid ID #:                          |  |  |  |
| DOB:                    | Gender: 🗌 Male 📄 Female                 |  |  |  |
| Address:                | Member's Phone #:                       |  |  |  |
| Parent/Guardian's Name: | Parent Phone #:                         |  |  |  |
| Address:                | Active Protective Services case? Yes No |  |  |  |
| Primary Care Physician: | PCP Phone #:                            |  |  |  |

|   | REFERRAL SOURCE   |
|---|---|
| Referral Completed by (name):                   | MD/DO PA NP RN/LP   |
| Phone #:  | Address:  |
| Date of Assessment/Referral Completed:          |   |
| Date of last visit to practitioner (PCP or spec | cialist) or of last exam ( <b>Note*:</b> Must be <90 days from the request date): |
| This is a: 🗌 New Request 🛛 Re-autho             | rization Request 🔲 Request Due to Status Change                                   |
|   | More information:   |

| MEDICAL DIAGNOSES |                           |                    |                    |       |  |
|-------------------|---------------------------|--------------------|--------------------|-------|--|
| Medical Diagnosis | ICD-10 code<br>(complete) |                    | Functional Impacts |       |  |
| 1)                |                           | Physical Describe: | Behavioral         | □ N/A |  |
| 2)                |                           | Physical Describe: | Behavioral         | □ N/A |  |
| 3)                |                           | Physical Describe: | Behavioral         | □ N/A |  |
| 4)                |                           | Physical Describe: | Behavioral         | □ N/A |  |
| 5)                |                           | Physical Describe: | Behavioral         | □ N/A |  |
|                   | Recent Hospitaliz         | ations             |                    |       |  |
| Dates of service: | Primary Diagnosis:        |                    |                    |       |  |
| Dates of service: | Primary Diagnosis:        |                    |                    |       |  |
| Dates of service: | Primary Diagnosis:        |                    |                    |       |  |

| ACTIVITIES OF DAILY LIVING (ADLs and IADLs)  |   |  |  |  |
|--|---|--|--|--|
| Based on the member's impairment, the medical professional should check the appropriate box as it applies to the member's ability to |   |  |  |  |
| perform these age-appropriate tasks using the definitions provided in the "Additional Guidance" section of this form.                |   |  |  |  |
| Task   | Level of Support Required                     |  |  |  |
|  | Not applicable, less than 5 years of age      | Extensive Assistance                           |  |  |
| Bathing  | Independent (incl. supervision or prompting)  | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
|  | Not applicable, less than 5 years of age      | Extensive Assistance                           |  |  |
| Dressing   | Independent (incl. supervision or prompting)  | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
|  | Not applicable, less than 3 years of age      | Extensive Assistance                           |  |  |
| Transferring   | Independent (incl. supervision or prompting)  | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
|  | Not applicable, less than 5 years of age      | Extensive Assistance                           |  |  |
| Eating/Feeding   | Independent (incl. supervision or prompting)  | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
| Continona /Tailating   | Not applicable, less than 5 years of age      | Extensive Assistance                           |  |  |
| Continence/Toileting<br>(bowel and/or bladder)   | Independent (incl. supervision or prompting)  | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
|  | Not applicable, less than 3 years of age      | Extensive Assistance                           |  |  |
| Ambulation   | Independent ((incl. supervision or prompting) | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
|  | N/A, less than 18 years of age                | Extensive Assistance                           |  |  |
| Meal Preparation   | Independent ((incl. supervision or prompting) | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
| House Cleaning (cleaning   | N/A, less than 18 years of age                | Extensive Assistance                           |  |  |
| kitchen/bath, laundering   | Independent (incl. supervision or prompting)  | Entirely Dependent                             |  |  |
| bed linens, etc.)*   | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
|  | N/A, less than 18 years of age                | Extensive Assistance                           |  |  |
| Grocery Shopping   | Independent (incl. supervision or prompting)  | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |
|  | N/A, less than 18 years old                   | Extensive Assistance                           |  |  |
| Transportation   | Independent (incl. supervision or prompting)  | Entirely Dependent                             |  |  |
|  | Limited Assistance                            | Independent with Use of Assistive Technologies |  |  |

\* See additional guidance

| BEHAVIORAL SUPPORT  |                               |                      |   |   |  |
|---|-------------------------------|----------------------|---|---|--|
| <u>Based on the member's impairment</u> , the medical professional should check the appropriate box as it applies to the frequency of the member's behaviors and the level of intervention required by caregivers to minimize impact. |                               |                      |   |   |  |
| Task  | Task Frequency Support Needed |                      |   |   |  |
| Wandering   | N/A<br>Daily<br>Weekly        | Monthly Occasionally | School/Work:<br>Home:<br>Public/Social: | None Some Extensive<br>None Some Extensive<br>None Some Extensive   |  |
| Verbally Abusive  | N/A<br>Daily<br>Weekly        | Monthly Occasionally | School/Work:<br>Home:<br>Public/Social: | None       Some       Extensive         None       Some       Extensive         None       Some       Extensive |  |

| BEHAVIORAL SUPPORT CONT'D  |  |  |  |  |  |
|--|--|--|--|--|--|
| Task   | Frequency  | Support Needed   |  |  |  |
| Physically Abusive   | N/A     Monthly       Daily     Occasionally       Weekly                            | School/Work:       None       Some       Extensive         Home:       None       Some       Extensive         Public/Social:       None       Some       Extensive  |  |  |  |
| Resists Care   | N/A     Monthly       Daily     Occasionally       Weekly                            | School/Work:       None       Some       Extensive         Home:       None       Some       Extensive         Public/Social:       None       Some       Extensive  |  |  |  |
| Suicidal   | N/A     Monthly       Daily     Occasionally       Weekly                            | School/Work:       None       Some       Extensive         Home:       None       Some       Extensive         Public/Social:       None       Some       Extensive  |  |  |  |
| Homicidal  | N/A Monthly<br>Daily Occasionally<br>Weekly  | School/Work:       None       Some       Extensive         Home:       None       Some       Extensive         Public/Social:       None       Some       Extensive  |  |  |  |
| Disruptive<br>Behavior/Socially<br>Inappropriate   | N/A     Monthly       Daily     Occasionally       Weekly                            | School/Work:       None       Some       Extensive         Home:       None       Some       Extensive         Public/Social:       None       Some       Extensive  |  |  |  |
| Injurious to: Self Others<br>Property  | N/A     Monthly       Daily     Occasionally       Weekly                            | School/Work:       None       Some       Extensive         Home:       None       Some       Extensive         Public/Social:       None       Some       Extensive  |  |  |  |
| Communication Deficit<br>(Unable to express needs<br>or wants)   | N/A Monthly<br>Daily Occasionally<br>Weekly  | School/Work:       None       Some       Extensive         Home:       None       Some       Extensive         Public/Social:       None       Some       Extensive  |  |  |  |
| Disorientation or confusion  | N/A Monthly Scho<br>Daily Occasionally Hon   | echnologies, has a referral/order been made?       Yes       Not yet         bol/Work:       None       Some       Extensive         ne:       None       Some       Extensive         lic/Social:       None       Some       Extensive |  |  |  |
| Sensory Impairment   | N/A     Monthly     School       Daily     Occasionally     Hon       Weekly     Pub | ool/Work: None Some Extensive  |  |  |  |
| Forgetful (age-<br>appropriate)  | Daily Occasionally Hon   | ool/Work: None Some Extensive<br>ne: None Some Extensive<br>lic/Social: None Some Extensive  |  |  |  |
| Does the member have a history of (check all that apply)?  |  |  |  |  |  |
| Substance Use Disorder (SUD) Intellectual or Developmental Disabilities Mental Illness   |  |  |  |  |  |
| Is the member currently receiving medications for mental illness/behavior?   |  |  |  |  |  |
| Is the member currently receiving Mental Health, ID/DD or Substance Use Disorder (SUD) Services? Yes No OR, has a referral been made? Yes No Date of Referral: Agency: |  |  |  |  |  |

| ADDITIONAL SUPPORTS   |  |  |  |  |  |
|---|--|--|--|--|--|
| Medical Support   | If the member CANNOT self-administer medications:a) Can he/she be trained to self-administer medications?b) What arrangements have been made for the administration of medications?  |  |  |  |  |
|   | Will the care provider be expected to accompany the member to medical appointments?         Yes       Not necessary       If yes, approx. #/month:   |  |  |  |  |
|   | Does the member require assistance with, or provision of, skilled tasks (e.g. monitoring of vital signs, dressing changes, glucose monitoring, etc.)?       If yes, describe:         Yes       Not necessary  |  |  |  |  |
| Support Services  | Please describe additional supportive services that the member receives through their Medicaid benefits,<br>such as Home Health, Skilled Nursing (if ID/DD), School-based services or Private Duty Nursing (including<br>hours per week)?<br>Description of additional services:   |  |  |  |  |
| Assistive Devices<br>(sensory, mobility,<br>communication,<br>etc.) | <ol> <li>Device:<br/>Condition: New Need/Order Owns and functional Repair/Replace         Device:<br/>Condition: New Need/Order Owns and functional Repair/Replace         Source:<br/>Condition: New Need/Order Owns and functional Networks         Source:<br/>Condition: Networks         Source:<br/>Source:<br/>Condition: Networks         Source:</li></ol> |  |  |  |  |
|   |  |  |  |  |  |

| PROVIDER ORDER AND ATTESTATION   |                      |                   |  |  |  |
|--|----------------------|-------------------|--|--|--|
| The above named patient is in need of Personal Care Services due to his/her current medical condition. Based on the member's medical necessity and preferences, I am prescribing:  |                      |                   |  |  |  |
| Personal Care Services for hours per day, days per week. Shift requested is am/pm to am/pm.  |                      |                   |  |  |  |
| Provider Signature (no stamps) and   | d credentials (MD/DO | , NP or PA only): |  |  |  |
| NPI#:  |                      |                   |  |  |  |
| Date:  |                      |                   |  |  |  |
| "I hereby attest that the information contained herein is current, complete and accurate to the best of my knowledge and belief. I understand<br>that my attestation may result in provision of services which are paid for by state and federal funds and I also understand that whoever<br>knowingly and willfully makes or causes to be made a false statement or representation may be prosecuted under the applicable federal and |                      |                   |  |  |  |
| state laws."   |                      |                   |  |  |  |

## Instructions for completing the Personal Care Medical Needs Assessment and Referral (DMAS-7)

## Supporting clinical documentation <u>required</u> to be submitted along with this DMAS-7 includes:

- DMAS 7A, or equivalent plan of care, and DMAS 99
- Records of the Department of Education's last Individual Education Plan) IEP, if member is receiving or seeking Personal Care or PDN services delivered in a school setting and paid for by Medicaid; and
- Recent clinical documentation. Examples include: Hospital or facility discharge summary, last 3 physician visit notes (primary or specialty care), etc.
  - If a reauthorization review, include the most recent 2 weeks of Personal Care Services progress notes
  - If a new request, examples include: hospital or facility discharge summary, last 3 Physician visit notes (primary or specialty care), etc.

## Personal Care Assistance Guide:

This is a <u>general guide</u> to assist physicians with determining the number of Personal Care hours to order, as indicated by the level of assistance recipients require to complete their activities of daily living (ADL). Additional time to complete the tasks may be considered if there is sufficient medical documentation provided. Please attach documentation to support the need for additional time to complete the ADL's.

|   | Levels of Assistance |            |            |           | Mahility/Tuonafar |  |
|---|----------------------|------------|------------|-----------|-------------------|--|
| PCS Tasks   | Independent          | Limited    | Extensive  | Entirely  | Mobility/Transfer |  |
|   |                      | Assistance | Assistance | Dependent | Requirement       |  |
| Bathing   | 0                    | 15 min     | 30 min     | 45 min    | Additional 15 min |  |
| Dressing  | 0                    | 15 min     | 30 min     | 45 min    | Additional 15 min |  |
| Grooming  | 0                    | 15 min     | 15 min     | 15 min    |                   |  |
| Toileting   | 0                    | 15 min     | 30 min     | 45 min    | Additional 15 min |  |
| Eating  | 0                    | 15 min     | 30 min     | 45 min    |                   |  |
| Meal Prep   | 0                    | 30 min     | 30 min     | 30 min    |                   |  |
| *Household cleaning should arise as a result of providing assistance with personal care to the recipient, not to include routine chores |                      |            |            |           |                   |  |

\*Household cleaning should arise as a result of providing assistance with personal care to the recipient, not to include routine chore such as regular laundry, ironing, mopping, dusting, etc.