

# Moms In Motion

Empowering One Family at a Time!

December 2018

1-844-828-5591

[MomsInMotion.net](http://MomsInMotion.net)

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2018 Moms In Motion Company Retreat  
We wish you a happy, bright and safe holiday!

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# What You and Your Service Facilitator Should be Discussing

## 1. New for this period:

1. If you are on the CCC Plus Waiver, did you know that you could also be on the waiting list for one of the three DD Waivers (Building Independence, Family and Individual Supports or Community Living)? [How to apply for the FIS or CL Waiver.](#)
2. Review Mobility and Behavior/Orientation levels as noted on our reports. - Are they accurately reflecting your reality?
3. You can now enroll attendants online at [PPL](#).

## 2. At every visit:

1. Are you enrolled in Commonwealth Coordinated Care (CCC) Program? If so, which Managed Care Organization (MCO) are you currently using? Are you on HIPP?
2. Are there any medical and/or functional changes? Who is your current Primary Care Physician?
3. Who are your attendants and are they getting paid?
4. Have there been any recent hospitalizations?
5. Turning 18? We have an amazing [Resource Page](#) for Young Adults!
6. Reviewing time sheets filled out by your attendants.

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## Waivers

### MCO Fiscal Agent Changes

MCOs and Waivers will be switching fiscal agents for the Medicaid waiver-funded Home and Community Based Services (HCBS) programs. Fiscal agents manage payroll and taxes for Personal Care Attendants.



The graphic is a dark blue/black rectangle with white and yellow text. At the top, it reads 'Moms In Motion's Managed Care Organization (MCO) Fiscal Agent Change CHEAT SHEET'. On the left side, there is a logo for 'Moms In Motion' featuring a woman in a green dress holding a book, with the text 'A Disability Advocacy Organization' in a circular arc above her. Below the logo, the website 'www.MomsInMotion.net' is listed. On the right side, there is a bulleted list of MCOs and their fiscal agent changes.

- AETNA:
  - Existing clients will stay with PPL.
  - New clients in the "Roanoke Area" can choose PPL or Consumer Direct Care Network (CDCN)
- ANTHEM: Staying with PPL.
- CL/FIS (Regardless of your MCO), HIPP & EPSDT Without a Waiver: Changing to CDCN.
- MAGELLAN: Changing to ACES\$.
- OPTIMA: Staying with PPL.
- UNITED HEALTHCARE: Staying with PPL.
- VIRGINIA PREMIER: Staying with PPL.

**Aetna** is staying with PPL, though new clients in the Roanoke area will have the choice of PPL or CDCN. **Magellan** is going with ACES\$. **Anthem, Optima, Virginia Premier, and United Healthcare** will stay with PPL.

All individuals that have CL/FIS Waiver, HIPP & EPSDT with no Waiver will be switching to

Consumer Direct Care Network (CDCN). Those on the CCC Plus Waiver and/or EPSDT with an MCO who are using Virginia Premier, Optima, Aetna\*, Anthem, and United Healthcare will not be impacted by this change.

\* Newly enrolled Consumer Directed members in the Southwest and/or Roanoke area of the state using Aetna will have the option to select PPL or Consumer Direct Care Network (CDCN) after 1/1/19. There are no changes for existing Aetna members after 1/1/19.

### **If you have Magellan as your MCO, you'll be switching to ACES\$:**

Employer of Record (EOR) and attendant forms must be received by December 7. Both you (the EOR) and your personal care attendants benefit from secure online enrollment and streamlined forms. ACES\$ contact information: [SecureVA@mycil.org](mailto:SecureVA@mycil.org) 1-800-344-7211

- [ACES\\$ Virginia Website](#)
- [Steps](#) to create an ACES\$ EOR account
- Blank Packets to fill out
  - [Employer of Record \(EOR\)](#) blank packet
  - [Attendant](#) blank packet (There is a sample packet on their website. Follow steps to get EOR ID)
- ACES\$ Brochure with pay schedule [Front](#) | [Back](#)

### **If your MCO or Waiver is switching to Consumer Direct Care Network:**

Consumer Direct Care Network (CDCN) must receive completed versions of these forms for all employers and attendants by 12/3/2018 so that pay continues as scheduled in January. Employers and attendants **must** complete new forms so that CDCN can provide payroll services to attendants.

These forms are accessible online at: [www.ConsumerDirectVA.com/forms](http://www.ConsumerDirectVA.com/forms)

- What forms are required? - Download the **Employer** Transition Packet, complete and submit a packet for all Individuals receiving services that you represent. Download the **Attendant** Transition Packet, complete and submit a packet for all of the attendants providing services to the individual.
- Please submit complete and signed forms to [InfoCDVA@ConsumerDirectCare.com](mailto:InfoCDVA@ConsumerDirectCare.com) or fax them to (877) 747-7764. Forms must be received by CDCN **by 12/3/2018** so that attendant pay continues as scheduled in January. CDCN has extended their packet deadline for Employers on DMAS' fee-for-service program from 12/3/18 to 12/10/18.

PPL will not process any Employee Of Record (EOR) changes or attendant hiring packets after 12/2/2018 for any recipients impacted by these changes. If you need to change your EOR or hire a new attendant after this date, please [contact](#) Consumer Direct Care Network. The toll-free number for Consumer Direct Care Network is (888) 444-8182 or by email at [InfoCDVA@ConsumerDirectCare.com](mailto:InfoCDVA@ConsumerDirectCare.com) or by fax (877) 747-7764.

#### Helpful links:

- Read CDCN's [transition letter](#).
- [Training Videos](#) on how to fill out the Employer and Attendant packets.
- [CDCN's FAQ](#) a list of answers CDCN has compiled to help you.

## **Personal Care is Now Under EPSDT for Individuals Under 21**

In a [Medicaid memo](#), it states, starting September 1, 2018, individuals under the age of 21 that are enrolled in the CCC Plus Waiver, must receive personal care, private duty nursing, and assistive technology through the [Early Periodic Screening and Diagnostic Treatment \(EPSDT\)](#) benefit. This change is being made to comply with the Centers for Medicare and Medicaid Services' (CMS) requirement that certain Medicaid funded services for individuals under the age of 21 be accessed through the EPSDT benefit in lieu of a 1915 (c) [Home and Community Based Services](#) waiver.

Since Personal Care has been moved under EPSDT (a Medicaid program, not a waiver program), that will no longer be a Waiver service. Because of this, you will need to have at least one other service in addition to EPSDT personal care hours. Respite meets that requirement for most, but if you do not receive respite hours you will need to make sure you are using another waiver service.

Some examples of other services are:

- Adult Day Health Care
- Assistive Technology
- Environmental Modifications
- Medication Monitoring
- Personal Emergency Response System (PERS)
- Private Duty Nursing Services
- Respite Care
- Skilled and Intermediate (custodial) nursing facility or long stay hospital
- Transition Services (moving into the community and out of a nursing facility)

Resources:

- Read more in [Moms In Motion's Special Edition Newsletter](#).
- [Blank DMAS-7 form and an example](#) of a filled out DMAS-7.

Tips:

**It's your responsibility to make sure the DMAS-7 is received on time to your Moms In Motion Service Facilitator.** A specialist cannot complete the DMAS-7, it needs to be filled out by a pediatrician, developmental pediatrician, or a primary care physician.

It is important that the doctor fills out the form properly! [HERE IS A SAMPLE DMAS-7](#) that is already filled out that you can show to your doctor to guide them. If you already have an authorization in place for Respite, you can use your respite hours until your personal care hours are authorized in order to bridge any sort of gap. Without the DMAS-7 from the doctor there may be a delay in approval of authorizations and/or attendants may not be paid on time. It is important for parents to advocate to their doctor what supports their child needs, so no attendant hours are lost.

## Three New Services Added to the Developmental Disabilities Waivers

Effective September 1, 2018, three new services are available under the Developmental Disabilities Medicaid Waiver program as stated in a [Medicaid Memo](#). These new services can be utilized on the three types of DD Waiver which are, Building Independence (BI), Family and Individual Supports (FIS) and Community Living (CL). Read an extensive services and supports [DD Waiver comparison guide](#) in a previous Moms In Motion Newsletter.

The new services are:

### 1. **Community Guide**

- There are two categories of Community Guides, General Community Guide and The Housing Guide. Community Guide Services include direct assistance to promote an individuals' self-determination through using community resources that lead to connection to and independent participation in integrated, independent housing or community activities. Housing supports will assist an individual move to independent housing by helping with transition and tenancy sustaining activities. The community housing guide will collaborate with the support coordinator, regional housing specialist, and others to enable the individual achieve and sustain integrated, independent living.

### 2. **Peer Mentoring**

- Peer Mentor Supports provide information, resources, guidance, and support from an experienced, trained peer mentor to an individual receiving any of the three DD Waivers. Peer mentoring is delivered by individuals with developmental disabilities who are or have received services, and have shared experiences with the individual. Peer mentors will provide support and guidance. The service is designed to foster connections and relationships which build individual resilience. Peer mentors will share their successful strategies and experiences in navigating a broad range of community resources with individuals. Peer Mentor Supports may be authorized for up to six (6) consecutive months, and the cumulative total across that time frame may be no more than 60 hours in a plan year.

### 3. **Benefits Planning**

- Benefits planning is an individualized analysis and consultation service provided to assist individuals receiving DD Waiver services and Social Security benefits (SSI, SSDI, SSI/SSDI) to understand their benefits and explore the possibility of work, to start work, and the effect of work on local, state, and federal benefits. This service includes education and analysis about current benefits status and implementation

and management of state and federal work incentives. This service results in the development of written resource documents to assist individuals and their families/legal representatives to better understand the current and future benefits of employment. This Benefits Planning service also provides information and education to working individuals to make successful transition to financial independence.

Read more details about these services and learn how to access them, [here](#).

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## Maximizing Your Benefits

### Save on Heating Your Home

[The Virginia Low Income Home Energy Assistance Program](#) assists low-income households, particularly those with the lowest incomes that pay a high portion of household income for home energy. Colder temperatures are here! Do you qualify? Check it out today.

In order to qualify for this benefit program, you must be a resident of the state of Virginia and you must need financial assistance for home energy costs. A person who participates or has family members who participate in certain other benefit programs, such as the Supplemental Nutrition Assistance Program (SNAP), [Supplemental Security Income \(SSI\)](#), Temporary Assistance for Needy Families (TANF) or certain needs-tested Veterans may be automatically eligible for this benefit.

The [program](#) is comprised of four components:

1. Fuel Assistance
2. Crisis Assistance
3. Cooling Assistance
4. Weatherization

### Medicaid Expansion

Coverage will begin January 1, 2019 for those who apply and are able to enroll for [Virginia's New Health Coverage for Adults](#). Applications have been accepted since November 1, 2018. Now thousands of Virginians aged 19-64 will be able to apply for low or no-cost health coverage so they don't have to worry about getting sick or having an accident!

[Visit Cover Virginia's webpage](#) for information on:

- Who qualifies
- Call center phone number
- Complete an online application
- Locations to mail or drop off a paper application
- Eligibility Screening Tool
- FAQs

### New Federal Housing Vouchers for People with Disabilities

In September, [The U.S. Department of Housing and Urban Development \(HUD\)](#) issued a Notice of Funding Availability (NOFA) for the Section 811 Mainstream Housing Choice Voucher Program which impacts non-elderly persons with disabilities.

The Department of Housing and Urban Development (HUD) awarded \$98.5 million to 285 public housing authorities across the U.S. to provide new, permanent affordable housing vouchers to nearly 12,000 non-elderly people with disabilities. The housing assistance is provided through HUD's Section 811 Mainstream Housing Choice Voucher Program which provides funding to housing agencies to assist non-elderly people with disabilities who are:

- transitioning out of institutional or other separated settings;
- at serious risk of institutionalization;
- homeless; or
- at risk of becoming homeless.

This program helps to further the goals of the Americans with Disabilities Act by helping persons

with disabilities live in the most integrated setting. The program also encourages partnerships with health and human service agencies with a demonstrated capacity to coordinate voluntary services and supports to enable individuals to live independently in the community.

- [2018 Awarded Housing Vouchers](#) Listed by State
- Related News Article from November 12, 2018: [A 'game changer' Proposed Medicaid benefit would cover housing services](#)

## The VT Autism Clinic and Center for Autism Research's Mobile Autism Clinic



The Center's newest outreach initiative is housed in a 29-foot RV that will expand more Autism services into several counties within Central Appalachia. The mission of the [Virginia Tech Autism Clinic/Center for Autism Research/Mobile Autism Clinic \(VTAC/CAR/MAC\)](#) is to merge science with service. The MAC will be equipped with computers, internet access, and video recording equipment, and will offer space to conduct parent/family mediated interventions for Autism. Regular visits to these communities by Center faculty and staff in the MAC will provide parents and caregivers with trainings on evidence-based treatment, with the goal being to

empower families with additional skills on how to better support their children with Autism. The MAC focuses specifically on under-served areas of rural Appalachia in further Southwest Virginia. The Mobile Autism Clinic alternates locations on Friday afternoons, spending one in Galax, Virginia and the other in Marion, Virginia.

- Overview of MAC services:
  - Treatment services for Autism Spectrum Disorder are based on a variety of empirically supported intervention techniques. All services are provided by graduate student clinicians in the Department of Psychology at Virginia Tech, supervised by a licensed clinical psychologist.
  - Individualized treatment approaches are developed for each child/family based on evidence-based behavioral strategies from Applied Behavior Analysis, developmental approaches, and Pivotal Response Treatment. Some common themes clinicians work on are social skills, challenging behaviors, managing anxiety, stress and/or anger management and various parent trainings. They are now offering diagnostic evaluations for those who are suspected to have Autism Spectrum Disorder.
- Treatment Sessions in the MAC:
  - The initial session is an hour and a half intake with parent/caregiver(s) and child. Future appointments may be for the parent/caregiver only or may include the child, depending on needs of the family and goals that have been discussed with the clinician. They currently use a therapy/consultation model where we will meet with the family (parent/caregiver and/or child) in-person once per month for therapy/training sessions and then continue the discussion via pre-arranged phone/Skype consultation meetings in between the MAC visits. The goal is to empower caregivers/parents with skills they can use for the long term at home. Each family session is currently \$15, and less for phone consultation meetings. Parent/caregiver needs to bring documentation, evaluations, etc. to the initial intake appointment.
- Diagnostic Evaluations in the MAC:
  - Diagnostic evaluations/assessments for Autism Spectrum Disorder range from 3 to 9 hours, depending on what is requested or needed. They use gold-standard evidence-based tools for conducting diagnostic evaluations. Fees for diagnostic evaluations/assessments are determined on a sliding scale, based on family income.

[The VT Autism Clinic and Center for Autism Research](#) look forward to hosting their Annual Autism Conference on Friday, April 26, 2019 in Blacksburg at the Inn at Virginia Tech.

## Virginia Birth-Related Neurological Injury Compensation Program

Babies can be born with serious birth-related neurological injuries. [The Virginia Birth-Related Neurological Injury Compensation Program](#) helps parents take care of these children for life. This program is designed to assure access to obstetrical services for all Virginia residents. The program

covers what insurance and other programs don't. Expenses such as medical expenses, hospital expenses, rehabilitation expenses, in-home nursing care and much more. With soaring medical malpractice insurance rates, insurance companies are on the brink of eliminating coverage. Virginia has worked with all stakeholders, including physicians, associations, insurers, lawyers and others to develop an innovative solution, the Virginia Birth-Related Neurological Injury Compensation Program.

The Program was a first of its kind nationally. Located in Richmond, a nine-member volunteer board of directors governs the organization. The Governor of Virginia appoints all board members. Although started by the Virginia General Assembly, the Birth-Injury Program is an independent organization. The Virginia Birth-Related Neurological Injury Compensation Program has distinguished itself by assuring superior care for admitted children.

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## PPL - Waiver Fiscal Agent/"Payroll"



### Check out Moms In Motion's:

- [PPL and Attendant Resource Page](#)

### Check out PPL's:

- Overview, Program Documents and Training [Resource Page](#)
- Request a [Pre-populated Packet](#) Attendant Application ([Link to submit](#))
- [Online Enrollment](#) for Consumers and Providers (EORs and Attendants)
- Submit an [Online Timesheet Tutorial](#) (Prompt to run Adobe Flash)

### Attendant Payroll Schedules for 2018 - March 2019

- [A - Central VA & Tidewater](#)
- [B - Northern VA, Piedmont & Southwest](#)

### Employee of Record (EOR) Manuals

- [July 2009](#)
- [March 2015](#)

Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!

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## Advocacy

### How, When and What to Know to Get Involved in Legislative Advocacy Season



January and in the beginning of February is the time to make your voice heard! Don't miss this year's chance to advocate about what your family needs to thrive. Communicate to your Legislators in the General Assembly and to your Representative in Congress. There are events to do this in person or in a group, which is a great way to network with parents. You can also try to schedule a one-on-one meeting with your Legislator in their local office. You can also email and send them a tweet. It is so important that the people that influence the state budget know about the lives of individuals and families with loved ones with disabilities.

#### Chances to make your voice heard:

1. Public Budget Hearings Across the State
2. DD Advocacy Day in Richmond
3. Independent Living (IL) Day in Richmond

All events above and information about the proposed state budget will be posted on the Moms In Motion's [Calendar](#), [Facebook](#), and [Twitter](#) when details become available, so be sure you are following us!

Useful Tools:

- [Tips on How to be an Effective Advocate](#)
- Read a blog written by a parent which explains why it's so important to advocate: [The 5 Reasons it's Difficult to be Employed and Raise a Child with Special Needs](#)
- [Find your Legislator](#)
- [Find your Congressperson](#)
- [The Arc of Virginia](#) will post a detailed summary of how the proposed budget will impact people with disabilities

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## Spotlight On...

### Respite for Parents and Caregivers



Respite care is, very simply, substitute care. A respite caregiver is a person who takes over when the primary caregiver takes a break. As a parent raising a child with a disability, you might find that "me time" is more fantasy than reality. Sure, you'd love some time to yourself, or one-on-one time with a spouse, partner, friend, or another child. When your child has special needs, handing over responsibility can be a real challenge. You might feel as if you are the only person who can do the job, and doubt that anyone else could meet all of your child's needs. But remember, you're not superhuman. There's only so much you can give before you will feel mentally, emotionally, and

physically drained. When you take time off to recharge, you'll be able to give more and enjoy doing it. ...Your child will benefit too! Respite care provides parents and other caregivers with short-term personal care services that offer temporary relief, improve family stability, and reduce the risk of abuse or neglect. You may also find that just a few hours away can make a world of difference to your health and outlook.

Respite comes in many shapes and sizes, here are two articles that feature respite services in Virginia:

1. [Area nonprofit offers retreats for parents of special-needs children](#)
2. [Caregiver respite inn to open in New Market](#)

**You may be able to look up your respite hours in your MCOs fiscal agent web portal. Please ask your Moms In Motion Service Facilitator how you can access your respite hours!**

### Hire Autism

[Hire Autism](#) is a non-profit in Northern Virginia that helps people ages 16 and up on the autism spectrum to get placed into the work place. Hire Autism is a pilot program of the [Organization for Autism Research \(OAR\)](#). Started in 2017, the Hire Autism program helps individuals find jobs that



match their interests and skills by offering an autism-friendly application process that showcases their strengths to employers who are looking to be matched with quality candidates. Hire Autism provides individualized support to job seekers, such as resume building, cover letter writing, interview practice, customized job recommendations. They also maintain an active job database and keeps contact with potential employers. Hire Autism is proud to cultivate relationships with employers as well as educating them on Autism and best practices for managing and working with individuals on the autism spectrum!

More resources:



Community Coach Program is a service on all three DD Waivers that provides one-on-one by a community coach to an individual in an integrated employment or self-employment situation at or above minimum wage in a job that meets personal and career goals. A coach will assist with the job search and job application process. Once hired, the coach helps help train job duties until the individual is able to do the tasks independently or if appropriate, will provide constant coaching, instruction and monitoring. The coach's job is to report to Medicaid and develop the skills of the individual for success at the work place.

[Read](#) Moms In Motion's Employment Resource Page

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## Moms In Motion in the Community

### Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know.

Thank you to:

- [Animated Child](#)
  - Located in Montclair, Virginia, Animated Child is an inclusive and innovative enrichment center for children ages 2-13. They encourage children's natural curiosity, independence and creativity. Animated Child engage children in every element of intelligence to highlight their own unique way of learning. By exploring in what ways a child is smart versus how smart they are, children are empowered to recognize ability within themselves. Animated Child focuses on science, technology, engineering, art and math. Their classrooms are inclusive!



### "The Buzz" about Moms In Motion!

A father of an individual Moms In Motion serves, stated that he had been so pleased with the services he received from his Service Facilitator, Mezie Anyanwu. On his voicemail to the [Family Resource Specialist team](#), he talked at length about the compassion, dedication and respect he has felt as a parent from Mezie for his child.

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2018 Moms In Motion Company Retreat!



[More pictures...](#)

We had a successful company retreat in Williamsburg! Two-thirds of the company met at The Great Wolf Lodge in October to learn, network and to create change so Moms In Motion can best serve you. It was a few days not to forget as Moms In Motion team members used their time to the fullest. From the awards banquet, to the team brain storming session, from the DBHDS workshop, to the deeply inspiring speech by Moms In Motion's Founder, this was one company retreat sure to be cherished!

## Job Opportunities at Moms In Motion

**Join Our Team!**

Do You Want To:

- have a positive impact on people's lives?
- see the joy in someone's face when you tell them about a little resource that will

make a big difference in their lives?

- have the chance to help people in your community on a day-to-day basis?

## Apply Today to Become a Service Facilitator

Moms In Motion / At Home Your Way is looking for talented individuals to join our team! We are hiring Service Facilitators all across the state of Virginia. Apply today!

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office). Moms In Motion / At Home Your Way has been a leader in this industry for over nine years. **We are a value added provider.** We help families to administer their consumer-directed services & link them to additional services.

If you can answer "Yes" to these questions we want you to Join our Team of [ACES](#):

- Do I enjoy **A**DVOCATING?
- Am I **C**OMPASSIONATE?
- Do I strive for **E**XCELLENCE in everything I do?
- Do I care about person-centered **S**ERVICE?

### **Skills and Qualifications include:**

- Associate's Degree or greater in Human Services or related field.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.

We are currently hiring in **all locations in Virginia** including the following:

Abingdon / Bristol / Washington County	Danville / Pittsylvania Counties	Lynchburg
Albemarle / Charlottesville Counties	Deerfield	Madison County
Alexandria	Eastern Shore	Manassas
Alleghany County	Fairfax County	Monterey
Amelia / Cumberland / Powhatan Counties	Fauquier County	Nelson County
Arlington / Falls Church / McLean	Fluvanna County	Orange County
Bedford County / Vinton	Frederick County / Winchester	Page County
Bland / Smyth / Wythe Counties	Fredericksburg	Prince William County (Dumfries / Triangle / Woodbridge)
Branchville / Emporia / Jarrett Counties	Giles County / Pulaski County / Radford	Richmond
Brunswick / Greenville Counties	Goochland / Louisa Counties	Roanoke
Campbell County	Greene County	Shenandoah County
Caroline County	Halifax / South Boston Counties	Southampton County
Carroll County / Floyd County / Galax / Grayson / Hillsville	Hampton Roads	Spotsylvania County
Clifton Forge / Covington	Harrisonburg	Stafford County
Colonial Heights / Dinwiddie / Petersburg Counties	Henry County / Martinsville	Staunton
Craig County / Roanoke County / Salem	Lee County / Norton / Russell County/ Scott County / Wise County	Warren County

To ensure your Moms In Motion / At Home Your Way application is processed correctly, please use the the links on our [Job Opportunities page](#) to apply for the Service Facilitator position in or around your home area.

Share this section with your network, friends and colleagues by copying this link:  
<https://conta.cc/2AtA0Zv>

Email questions to: [HR@MomsInMotion.net](mailto:HR@MomsInMotion.net)

**Service Facilitators make a positive difference  
in the lives of the individuals and families they serve.  
Moms In Motion is the Biggest because we are the Best!  
Come Work with the Best :-)**

## Events



[Consumer Direct Care Network Town Hall Meetings for EOR Training](#) CDCN will provide similar trainings, as well as assist with filling out required paperwork for Employers and their Employees. All Service Facilitators are encouraged to stay through the afternoon sessions to help Employers understand the enrollment process. Dec 7 & 8 Roanoke

[Jefferson Area Transition Council](#) Supports and facilitates the smooth transition of students with a wide range of disabilities from public education into their communities through information sharing and programs. Dec 10 2pm Charlottesville

[Employment 1st Family Listening Session](#) Each 2 hour session on each day will include a brief presentation for families on employment 1st policies and the partners involved in supporting people with intellectual and developmental disabilities receive employment supports. Sessions at different times for your convenience. Dec 11 Virginia Beach & Dec 12 Williamsburg

[Medicaid Expansion Information Sessions](#) Learn more about Medicaid Expansion from a Community Based Eligibility Worker and Senior Benefits Program Specialist with the City of Fredericksburg's Department of Social Services, discuss and answer questions. Two times. Dec 13 Fredericksburg

[RAAC Lunch & Learn](#) A family education session where families bring lunch and meet to share successes and challenges, ask questions, and connect with one another. Dec 27 12pm Fredericksburg

## Tools You Can Use

[CCC Plus Waiver Application Process](#)  
Resource Page by Moms In Motion.

[Searchable Resource List](#) by Moms In Motion.

[Acronym List](#) by Moms In Motion. What do those letters mean?

[Guide to a Better Future for Youth and Adults with Disabilities](#) by The Arc of Northern Virginia.

[Why, When, and How Can I Get the IEP Revised?](#) Consenting to an IEP does not mean you are stuck with it, or that it will be appropriate for an entire year.

[Navigating the Developmental Disability Waivers:](#)  
A Guide for Individuals, Families and Support Partners.

[Supported Decision-Making: Alternatives to Guardianship](#) Video Series

[2018 Directory of Services for People Who Are Deaf, Hard of Hearing and Deafblind](#) by the Virginia Department for the Deaf and Hard of Hearing (VDDHH).

Health Insurance Premium Program (HIPP) and HIPP for Kids informational [3 minute video](#) by The Arc of Northern Virginia.

## Waivers

[Moms In Motion's Waiver Facebook Group](#)  
Discuss and ask questions about Virginia's Medicaid Waivers, etc. (must have Facebook account)

Your Moms In Motion Service Facilitator is ready

[WrightsLaw Special Education Law & Advocacy Conference](#) Don't miss this incredible chance to learn from a revered expert! Focus will be on Special Education law, rights and responsibilities, Introduction to tactics & strategies for effective advocacy, smart IEPs and much more. Apr 5 9am Manassas

These events and others can be accessed at Moms In Motion's [Calendar!](#)

to answer your questions. Our team of [Family Resource Specialists](#) are also here to help you too!

[VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.

[www.VaMedicaidWaivers.org](http://www.VaMedicaidWaivers.org) The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.

## Finding Attendants

[Read](#) about becoming a Consumer Directed Personal Care Attendant and find who to contact for employment options.

[Blog with videos](#), etc, to explain to another what an attendant is and highlight characteristics of a top quality attendant.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern Virginia so the reimbursement rate is only relevant to Northern Virginia.)

Other strategies to find attendants:

- Relevant departments of local colleges. (OT, PT, etc)
- Local Department of Social Services and [Centers for Independent Living](#) likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
  - [Craig's List](#)
  - [Care.com](#)
  - [MySupport](#)
  - [SitterCity](#)
  - [MyChoice4Care](#)
  - [Indeed](#)



Moms In Motion is a Service Facilitation provider for Medicaid EDCD/CCC+, CL & FIS Waiver enrollees.

[MomsInMotion.net](http://MomsInMotion.net)