



Moms In Motion

Empowering One Family at a Time!

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MomsInMotion.net

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Our East Central Division Team!

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What You and Your Service Facilitator Should be Discussing

1. New for this period:

1. If you are on the CCC Plus Waiver, did you know that you could also be on the waiting list for one of the three new waivers (Building Independence, Family and Individual Supports or Community Living)? [How to apply for the FIS or CL Waiver.](#)
2. Review Mobility and Behavior/Orientation levels as noted on our reports. - Are they accurately reflecting your reality?
3. You can now enroll attendants online. [See PPL Section.](#)

2. At every visit:

1. Are you enrolled in Commonwealth Coordinated Care (CCC) Program? If so, which Managed Care Organization (MCO) are you using?
2. Are there any medical and/or functional changes?
3. Who are your attendants and are they getting paid?
4. Have there been any recent hospitalizations?
5. Turning 18? We have an amazing [Resource Page](#) for Young Adults!
6. Reviewing time sheets filled out by your attendants.

Waivers

Personal Care Service Changes

Starting September 1, 2018, individuals who are under the age of 21 that are on the [CCC Plus Waiver](#) and receiving Consumer-Directed Personal Care services will have their Personal Care authorizations moved to the [Early and Periodic Screening, Diagnosis and Treatment \(EPSDT\)](#) Medicaid program. This is a change by Department of Medical Assistance Services (DMAS).

What you need to know:

- Those impacted will receive a form known as the DMAS-7 from their Moms In Motion Service Facilitator. It is important that when you receive this form that you get it to the physician to complete as soon as possible and follow up to be sure it is completed.
- The DMAS-7 will need to be filled out by a pediatrician, developmental pediatrician, or a primary care physician. Please be aware that a specialist cannot complete it. [Download a blank DMAS-7](#)
- If you have not seen your doctor in over a year, you may be asked to make an appointment.
- Moms In Motion must receive the form back in order to reauthorize your Personal Care services. Without this authorization, your Personal Care Attendant may not get paid in a timely manner.
- You will need to communicate with your physician the number of Personal Care Attendant hours you currently receive each week and the schedule, as that is required information on that form. You may need to advocate to the physician to document that there are no changes to attendant hours.
- In order to maintain eligibility for your Consumer-Directed Medicaid Waiver, you are required to use a waiver service at least once every 30 days. Since Personal Care will be moved under [EPSDT \(a Medicaid program, not a waiver program\)](#), that will no longer be a Waiver service. Because of this, you will need to have at least one other service in addition to EPSDT personal care hours. Respite meets that requirement for most, but if you do not receive respite hours you will need to make sure you are using another waiver service.

Some examples of other services are:

- Adult Day Health Care
- Assistive Technology
- Environmental Modifications
- Medication Monitoring
- Personal Emergency Response System (PERS)
- Private Duty Nursing Services
- Respite Care
- Skilled and Intermediate (custodial) nursing facility or long stay hospital
- Transition Services (moving into the community and out of a nursing facility)

At Home Your Way / Moms In Motion is well-prepared and equipped to handle these changes as we already have the majority of EPSDT cases in the state. We are confident that we will weather these changes well as an organization and continue to serve families and their loved ones with excellence!

Maximizing Your Benefits

New Fiscal Year to Access Benefits on the CCC Plus Waiver

July 1, 2018 marks the new fiscal year for funding on the [CCC Plus Waiver](#). Moms In Motion can be your Service Facilitator for the CCC Plus Waiver. Contact any one of our [Family Resource Specialists](#) to get started today!

- Environmental Modification (EM) - \$5,000 per individual per State fiscal year.

- Assistive Technology (AT) - \$5,000 per individual per State fiscal year.

**Ability Unlimited can be your provider for
Environmental Modification (EM) and Assistive Technology (AT)!**



[Ability Unlimited](#) is a provider of Assistive Technology (AT) Environmental Modification (EM) and Durable Medical Equipment (DME) to Virginians off all ages with disabilities. Ability Unlimited helps to support Community Based Living which is the standard in Virginia since the [Department of Justice settlement agreement](#) in 2012, which states that individuals are to be served in the most integrated settings appropriate to meet their needs and consistent with their choice in the most integrated setting appropriate to their needs.

Ability Unlimited is a provider of the tools that assist people with disabilities navigate their world! Ability Unlimited can provide access to devices available for people with a wide range of disabilities, including those who have sensory, vision and mobility issues. They can verify eligibility, request an evaluation, assist with getting documentation from a person's physician, and can help with the appeal process if you're denied.

Ability Unlimited works with a variety of vendors and contractors to get the most cost effective Assistive Technology (AT) Environmental Modification (EM) and Durable Medical Equipment (DME). [Click here](#) to view examples of the types of devices Ability Unlimited has helped families get for their loves ones with disabilities.

Ability Unlimited is here to provide you what you need to live life unlimited!
[Click here](#) to contact Ability Unlimited today!

MCO Open Enrollment

Open enrollment starts October 1, 2018. Look for letters in your mail for MCO open enrollment soon. If you do choose to switch MCOs, there's no lapse of service but there will be most likely be a delay of attendant pay.

It is **important** that you tell your Moms In Motion Service Facilitator you switch MCOs! Moms In Motion needs to know to be able to send authorization requests to your new MCO choice. The MCO approves authorizations and then sends it to PPL.

- Please feel free to join our [Facebook Medicaid Waiver Discussion Group](#) to chat about the six MCOs. Be aware this group is public.
- [The Six MCOs Information / Comparison Packet](#)

Community Mental Health Services: Mental Health Skill Building Services (MHSS)

On January 1, 2018, Department of Medical Assistance Services (DMAS) has enacted a benefit carve-in for Community Mental Health and Rehabilitation Services (CMHRS). This means that all [six CCC Plus health plans](#) will assume responsibility for the administration of these services. CMHRS are behavioral health interventions intended to provide clinical treatment to those individuals with significant mental illness or children with, or at risk of developing, serious emotional disturbances.

The Mental Health Skill Building Services (MHSS) program is available to adults who live independently. Those whose [DD Waiver services](#) enable them to live fairly independently may benefit tremendously from MHSS. It offers one-on-one training and reinforcement of functional skills and appropriate behavior related to their health and safety, monitoring and education regarding mental health, nutrition, and physical condition and increased connection with community resources up to ten hours per week.

Basic Medicaid ([CCC Plus Waiver](#)) covers both [Community Service Boards \(CSB\)](#) and private provider Mental Health Day Support (technically "Medically Necessary" Psycho-Social Rehabilitation) and MHSS. For individuals having a co-occurring mental illness a Mental Health Day Support program may be a better fit than a DD Day Support program and MHSS may be a more beneficial service than DD Waiver In-Home Support Services. You can find CSB and private providers for these programs on the Virginia Department of Behavioral Health and Developmental Services (DBHDS) [website](#). Persons without a DD Waiver may also be eligible for CSB Mental Health Case Management but this is not necessarily a requirement for enrollment in these programs. Those who have a DD Waiver cannot utilize both DD Waiver In-Home Support Services and MHSS.

To access Mental Health Day Support services a Primary Care Provider or a psychiatrist will need to document the applicant's DSM Axis I diagnosis, Mental Health history, current medications and need for the program services. Qualifying for MHSS appears to be quite restrictive. However, some wiggle room exists for documenting comparable required prior treatment history such as Mental Health services received at an earlier time, in another state, adolescent Mental Health In-Home services, various adult crisis services, etc. (Be sure to ask the Primary Care Physician or other health care providers to tailor their remarks to the program eligibility criteria and the applicant's need for services.)

An individual on the DD Waiver wait list who has a co-occurring mental illness may be eligible for a Mental Health Day Support Program, receive MHSS and/or CCC Plus Waiver Consumer-Directed Personal Care Services in the evenings and on weekends and could also participate in [The Virginia Department for Aging and Rehabilitative Services \(DARS\)](#) work readiness or supported employment program all of which will ease the wait on the DD Waiver wait List.

Community Mental Health Services includes:

- Mental health day treatment/partial hospitalization
- Intensive community treatment
- Psychosocial rehabilitation
- Mental Health Skill Building Service (MHSS) which includes assistance with budgeting and financial skills, household management skills like healthy meal planning, food preparation and organizational skills, as well as effective communication skills and anger and stress management.
- Crisis stabilization, or
- Crisis intervention services
- Practical experience in providing direct services to individuals with diagnoses of mental illness or intellectual disability or the provision of direct geriatric services or special education services.

Mental Health Skill Building Service (MHSS) addresses the needs of individuals who are

experiencing difficulty functioning in their daily lives. Reimbursed by Medicaid, MHSS provides a multitude of interventions designed to help individuals live a more independent lifestyle by improving their overall daily functioning.

Adult MHSS Eligibility Criteria

To qualify for MHSS, individuals 21 and older must meet the criteria for each of the following items:

- Clinical necessity
- Qualifying mental health diagnosis
- Need for goal-directed training
- Prior history of a qualifying higher level of care
- Prior history of a qualifying prescription within the past 12 months

Children MHSS Eligibility Criteria

Individuals younger than 21 years of age must meet the criteria for the following items in addition to the above items:

- Living situation - Can not be living in a supervised setting as defined in §63.2-905.1 of the Code of Virginia
- Must be transitioning into an independent living situation
- Independent Clinical Assessment (ICA)

Moms In Motion gives a big thank you to Elsie Gladding, a parent for her contribution to this section of the Newsletter! [Read her entire summary of MHSS.](#)

Other related items:

[New York, Virginia Become First States To Mandate Mental Health Education](#) by HuffPost

[Read](#) about Regional Educational Assessment Crisis Response and Habilitation (REACH)
[REACH Regions in Virginia](#)

Opportunities!

1. [Free Online Course on the American with Disabilities Act \(ADA\)](#)
 - ADA Basic Building Blocks is an introductory webcourse on the Americans with Disabilities Act of 1990 (ADA) that is designed to help increase your knowledge and understanding of the basic principles and core concepts in the ADA and the ADA Amendments Act of 2008 (ADAAA).

The course is designed to provide you with the basic principles and core concepts of the Americans with Disabilities Act of 1990 (ADA) and the ADA Amendments Act of 2008 (ADAAA).

Upon completion of this course, you will be able to:

- - Discuss the purpose of the ADA using a civil rights framework.
 - Identify the five titles of the ADA.
 - Define the general nondiscrimination requirements of the ADA.
 - Explain each nondiscrimination requirement using 1-2 real-life examples.
 - Identify the defenses or limitations of each nondiscrimination requirement.
 - Locate and use various resources for information on the ADA.:
2. [MPowerMe](#)
 - MPower Me helps students learn to be independent. As they age out of childhood

special education, they discover that service agencies require clients to identify conditions and disabilities for themselves. They often realize the hard way that parents are no longer allowed to advocate for them. And that advocating for yourself and making good decisions takes practice.

Use their contact form for information:

- - as a student
- as an agency
- as group interested in having a MPowerMe speaker join your group meeting
- Interested in a workshop for 5 or more students
- for more information
- subscribe to MPowerMe email list

PPL - Waiver Fiscal Agent/"Payroll"

Check out Moms In Motion's:

- [PPL and Attendant Resource Page](#)



Check out PPL's:

- Overview, Program Documents and Training [Resource Page](#)
- Request a [Pre-populated Packet](#) Attendant Application ([Link to submit](#))
- [Online Enrollment](#) for Consumers and Providers (EORs and Attendants)
- Submit an [Online Timesheet Tutorial](#) (Prompt to run Adobe Flash)

Attendant Payroll Schedules for 2018 - March 2019

- [A - Central VA & Tidewater](#)
- [B - Northern VA, Piedmont & Southwest](#)

Employee of Record (EOR) Manuals

- [July 2009](#)
- [March 2015](#)

Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!

Advocacy

Preparing for Back to School

History:

The Individualized Education Program, commonly referred to as an IEP, is mandated by the Individuals with Disabilities Education Act (IDEA). IDEA is a United States federal law that governs how states and public agencies provide early intervention and special education. Before IDEA of 1990, there

was Education for All Handicapped Children Act of 1975. Also, there is section 504 of the Rehabilitation Act of 1973, which is a civil rights law designed to eliminate discrimination on the basis of disability in any program or activity receiving Federal financial assistance. Section 504 guarantees certain rights to individuals with disabilities, including the right to full participation and access to a Free and Appropriate Public Education (FAPE).



Resources:

- Moms In Motion's [Education Resource Page](#)
- [Back to School Tips for Parents](#) by Matt Cohan
- Including Me in Virginia's [Advocacy Toolkit](#) and [IEP Writing Tips](#). Including Me in Virginia connects inclusion advocates together in school districts around Virginia. [Website](#) | [Facebook](#)
- [Wrights Law](#) - Special Education Law and Advocacy Experts
- [State Special Education Advisory Committee \(SSEAC\)](#) - Majority of members must be individuals with a disability or parents of children with a disability eligible to receive services under IDEA. Members are appointed by the Virginia Board of Education. There are [Local Special Education Advisory Committees](#) as well were you can become a board member.
- [Parent Educational Advocacy Training Center \(PEATC\)](#)
- [Practical Strategies for a Positive School Experience: Over 300 tips for parents to enhance their child's school success](#) - Book written by a PCI Certified Parent Coach that has supported parents of children with disabilities for over 30 years.
- [Think College](#) and [ACE-IT](#) - Resources for higher education options for people with intellectual disabilities.
- [Disability Resource Offices on Campus and more Information on College](#)

The More You Know:

By Middle School IEPs should clearly state the goals needed to obtain the Diploma your child will earn. Employers may not recognize Special Diplomas as a valid indicator of competence. Modified / Special Diplomas are being phased out. View The Virginia Department of Education [Graduation Requirements webpage](#).

The three diplomas that incoming Freshman can choose from now are:

1. Advanced Studies
2. Standard Diploma
3. Applied Studies

News Articles:

- [More Colleges Enrolling Students With Intellectual Disabilities](#) by Disability Scoop
 - West Chester reflects what has been an exponential growth in such college offerings. In 2004, there were just 25, according to Think College, a federally funded center that tracks, supports, and advocates for programs. This fall, 270 colleges will welcome students with intellectual disabilities. ... "Because of the academy, all of my dreams are coming true," said Aleong, who hopes to become a civil rights lawyer. "It let me know that even though I have a disability, I can still be successful."
- [Teaching Parents Of Kids With Disabilities To Fight Back](#) by NPR
 - "Madore knows about this because she is the mother of two grown, and now successful, children with disabilities. But 25 years ago, she says, she was confused and beat down - unsure of how to meet the needs of her kids. Things changed when

she took the Partners in Policymaking class. She got the confidence to demand change with her kids' schools - and then to speak to school boards and lawmakers." ([Virginia Partners In Policymaking](#))

Federal Report on Guardianship

Guardianship generally involves a state-court determination which finds the individual lacks the capacity to make decisions with respect to their health, safety, welfare, and/or property. Although guardianship is governed by state law, it entails the removal of rights protected by the U.S. Constitution. Additionally, individuals who are subject to guardianship are also protected by the [Americans with Disabilities Act](#) and [Section 504 of the Rehabilitation Act](#). Those laws are intended to increase the ability of individuals to live and work in the community, encourage participation in civic life, and to promote self-determination for individuals with disabilities.

[The Beyond Guardianship Report National Council on Disability](#) explains how guardianship law has evolved, explores due process and other concerns with guardianships, offers an overview of alternatives to guardianship.

"NCD chose to examine this topic at depth given the implications for someone's civil rights and liberty under guardianship - that an individual is losing the authority to make decisions regarding where to live, whether to work and where, where to travel, with whom to socialize and how to manage money and property," said Phoebe Ball, a legislative affairs specialist at the National Council on Disability (NCD) who worked on the report. "We need to explore alternatives to guardianship such as supported decision-making that enable people to avoid this civil death."

- Read the differences between Guardianship, Supported Decision Making and Power of Attorney in the self-advocacy section on [Moms In Motion's Young Adults Resource Page](#).
- [Watch a Video Series](#) on Supported Decision-Making as an Alternative to Guardianship.

Medicaid Expansion

On June 7, 2018, Virginia joined 32 other states and the District of Columbia in expanding Medicaid under the Affordable Care Act to adults with incomes at or below 138% of the Federal Poverty Level (FPL). After rejecting Medicaid expansion for several years, Virginia's Republican-led State Legislature passed a budget bill that authorizes expansion. Virginia's Medicaid expansion will extend coverage to an estimated 400,000 Virginians. The new coverage is slated to start January 1, 2019.

A shift in the State Legislature's composition was a significant factor behind the bipartisan legislative support. Democrats gained 15 seats in the House in the November 2017 elections, giving Republicans a one-vote majority in both chambers and positioning Lieutenant Governor Justin Fairfax (D) as the tie-breaking vote in the Senate. Newly elected Governor Ralph Northam (D) expressed strong support for Medicaid expansion throughout his campaign and made it a high priority of his first 100 days in office.

[Read more](#) about this news.

Spotlight On...



The Autism Society of Northern Virginia

[The Autism Society of Northern Virginia \(ASNV\)](#) is located in Oakton. It is an advocacy group for all those affected by autism addressing a broad range of needs for the community, including issues relating to care management, self-advocacy and autonomy in adulthood. ASNV makes referrals to local support groups and professionals and manages an online support group at [AS-NV@yahoo.com](mailto:ASNV@yahoo.com) ASNV also offers direct mini-grants to families to help defray costs of treating children on the autism spectrum. They build community through education, advocacy, and support. You won't want to miss their events and news, so subscribe to their newsletter and/or follow their feed on Facebook!

- [Other Northern Virginia Non-Profit Groups/Organizations](#)

Family Caregiver Alliance

Founded in the late 1970s, [Family Caregiver Alliance](#) is the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care for loved ones at home. FCA, as a public voice for caregivers, shines light on the challenges caregivers face daily and champions their cause through education, services, and advocacy. The services, education programs, and resources FCA provides are designed with caregivers' needs in mind and offer support, tailored information, and tools to manage the complex demands of caregiving.



They have a wealth of resources on:

- Caregiver Education
- Policy and Advocacy
- Caregiver Connect Support Groups
- Quality Information, Support, and Resources
- Caregiver Research
- and much more!

Moms In Motion in the Community

Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you to:



- [Pediatric Specialists of Virginia](#)
 - Located in Fairfax, Virginia they ensure comprehensive care for children and adolescents with neurodevelopmental disorders, including cognitive, motor, social, and behavioral needs. The Developmental Pediatrics team at Pediatric Specialists of Virginia (PSV) has unique expertise in caring for children with impairments of typical brain function that often impact their behavior, memory, and ability to learn. These disorders often first appear in early childhood as cognitive, motor, social, and behavioral problems that affect daily life, including school and family.

- [Richmond Hope Therapy Center](#)
 - They provide superior quality therapy services combining traditional therapy with complementary methods of treatment, embracing the needs of patients with a variety of diagnoses, and encouraging patients and families to reach their full potential. Children receive 3-4 hours of therapy a day, 5 days a week, for 3 consecutive weeks in our individualized programs. With the increased time utilizing a variety of innovative tools, our therapists work with children to gain maximum strength, flexibility and balance for increased independence and greater functionality.

"The Buzz" about Moms In Motion!

"Thank you! I actually sent your info to another mom trying to navigate Medicaid. Y'all are awesome!!!"

"As we were moving to Glen Allen, our Charlottesville area SF (Service Facilitator) company "disappeared" and we lost our waiver as a result (They were shut down for fraud). I met Moms In Motion at an Autism 5k presenter table in Glen Allen several months later. You (Moms In Motion) walked me through the process of starting again from scratch and we were able to get back on the waiver with MIM (Moms In Motion) as our SF."

Job Opportunities at Moms In Motion



Join Our Team!

Do You Want To:

- have a positive impact on people's lives?
- see the joy in someone's face when you tell them about a little resource that will make a big difference in their lives?
- have the chance to help people in your community on a day-to-day basis?

[Apply Today to Become a Service Facilitator](#)

Moms In Motion / At Home Your Way is looking for talented individuals to join our team! We are hiring Service Facilitators all across the state of Virginia. Apply today!

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office). Moms In Motion / At Home Your Way has been a leader in this industry for over nine years. **We are a value added provider.** We help families to administer their consumer-directed services & link them to additional services.

If you can answer "Yes" to these questions we want you to Join our Team of ACES:

- Do I enjoy **A**DVOCATING?
- Am I **C**OMPASSIONATE?
- Do I strive for **E**XCELLENCE in everything I do?
- Do I care about person-centered **S**ERVICE?

Skills and Qualifications include:

- Associate's Degree or greater in Human Services or related field.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.

We are currently hiring in all locations in Virginia including the following:

Abingdon / Bristol / Washington County	Danville / Pittsylvania Counties	Lynchburg
Albemarle / Charlottesville Counties	Deerfield	Madison County
Alexandria	Eastern Shore	Manassas
Alleghany County	Fairfax County	Monterey
Amelia / Cumberland / Powhatan Counties	Fauquier County	Nelson County
Arlington / Falls Church / McLean	Fluvanna County	Orange County
Bedford County / Vinton	Frederick County / Winchester	Page County
Bland / Smyth / Wythe Counties	Fredericksburg	Prince William County (Dumfries / Triangle / Woodbridge)
Branchville / Emporia / Jarrett Counties	Giles County / Pulaski County / Radford	Richmond
Brunswick / Greenville Counties	Goochland / Louisa Counties	Roanoke
Campbell County	Greene County	Shenandoah County
Caroline County	Halifax / South Boston Counties	Southampton County
Carroll County / Floyd County / Galax / Grayson / Hillsville	Hampton Roads	Spotsylvania County
Clifton Forge / Covington	Harrisonburg	Stafford County
Colonial Heights / Dinwiddie / Petersburg Counties	Henry County / Martinsville	Staunton
Craig County / Roanoke County / Salem	Lee County / Norton / Russell County/ Scott County / Wise County	Warren County
Craigsville / Goshen	Loudoun County	Waynesboro
Culpeper	Lunenburg / Mecklenburg Counties	
Spanish-Speaking	Administrative Support Team	Family Resource Specialist

All Areas In Virginia

Member
All Areas In Virginia

All Areas In Virginia

To ensure your Moms In Motion / At Home Your Way application is processed correctly, please use the the links on our [Job Opportunities page](#) to apply for the Service Facilitator position in or around your home area.

Share this section with your network, friends and colleagues by copying this link:
<https://conta.cc/2AtA0Zv>

Email questions to: HR@MomsInMotion.net

**Service Facilitators make a positive difference
in the lives of the individuals and families they serve.
Moms In Motion is the Biggest because we are the Best!
Come Work with the Best :-)**

Events



[The Arc of Virginia State Convention](#) Learn the latest information on federal and state issues affecting Virginians with developmental disabilities and their families and will include sessions on Waiver Redesign, Commonwealth Coordinated Care Plus, Federal Policy Issues, Inclusive Education, Early Intervention and more. Aug 6 - 8 Norfolk

[Independent Living Support Group](#) Anybody with a disability is invited, come and find other, learn from others about how to live in the community. Aug 7 2pm Norfolk

[Family Yoga!](#) Join in for Family Yoga with Ruth Weber, RYT 200, experience with Warriors at Ease™ and people with disabilities, certified in Kidding Around Yoga™ August 9 & 23 6:30pm Woodbridge
There is another Yoga event in Richmond Aug 11. Check our [calendar](#).)

[Parent/Child Adaptive Kayaking Classes](#) These classes are for 10-14 year olds and their parents. Aug 11 Lake Ridge Park

[Sunflower Festival Special Needs Field Trip Day](#) The Thursday during the week of the festival this September will be designated for Special Needs

Tools You Can Use

[CCC Plus Waiver Application Process](#)
Resource Page by Moms In Motion.

[Searchable Resource List](#) by Moms In Motion.

[Guide to a Better Future for Youth and Adults with Disabilities](#) by The Arc of Northern Virginia.

[Why, When, and How Can I Get the IEP Revised?](#) Consenting to an IEP does not mean you are stuck with it, or that it will be appropriate for an entire year.

[Navigating the Developmental Disability Waivers:](#) A Guide for Individuals, Families and Support Partners.

[2018 Directory of Services for People Who Are Deaf, Hard of Hearing and Deafblind](#) by the Virginia Department for the Deaf and Hard of Hearing (VDDHH).

Health Insurance Premium Program (HIPP) and HIPP for Kids informational [3 minute video](#) by The Arc of Northern Virginia.

Waivers

[Moms In Motion's Waiver Facebook Group](#)
Discuss and ask questions about Virginia's Medicaid Waivers, etc. (must have Facebook

children and adults to come visit. (An exact date can not be determined until about 3 weeks out due to how the weather effects the growth of the flowers) Aug 13 Buchanan

[Ocean Breeze Special Needs Family Fun Night](#)
Enjoy an evening with your special needs loved one and their siblings! Relaxed atmosphere. Modified Music. Aug 13 5pm

[KD'z Kidz World Special Needs Night](#) A free monthly special needs night at a huge indoor play area. Aug 15pm Fredericksburg

[Parents & Youth Empowerment Summit](#) Check <http://www.peatc.org/> for details to come soon. September 7-8 Williamsburg

These events and others can be accessed at Moms In Motion's [Calendar!](#)

account)

Your Moms In Motion Service Facilitator is ready to answer your questions. Our team of [Family Resource Specialists](#) are also here to help you too!

[VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.

www.VaMedicaidWaivers.org The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.

Finding Attendants

[Read](#) about becoming a Consumer Directed Personal Care Attendant and find who to contact for employment options.

[Blog with videos](#), etc, to explain to another what an attendant is and highlight characteristics of a top quality attendant.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern Virginia so the reimbursement rate is only relevant to Northern Virginia.)

Other strategies to find attendants:

- Relevant departments of local colleges. (OT, PT, etc)
- Local Department of Social Services and [Centers for Independent Living](#) likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
 - [Craig's List](#)
 - [Care.com](#)
 - [MySupport](#)
 - [SitterCity](#)
 - [MyChoice4Care](#)
 - [Indeed](#)



Moms In Motion is a Service Facilitation provider for Medicaid EDCD/CCC+, CL & FIS Waiver enrollees.

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