



Moms In Motion

Empowering One Family at a Time!

April 2018

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MomsInMotion.net

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The Moms In Motion Admin Team!

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What You and Your Service Facilitator Should be Discussing

1. New for this period:

1. If you are on the CCC+ Waiver, did you know that you could also be on the waiting list for one of the three new waivers (Building Independence, Family and Individual Supports or Community Living)?
Click [FIS, CL Waivers](#) to find out how to apply.
2. Review Mobility and Behavior/Orientation levels as noted on our reports. - Are they accurately reflecting your reality?
3. You can now enroll attendants online. [See PPL Section](#)

2. At Every Visit:

1. Are you enrolled in Commonwealth Coordinated Care (CCC) Program? If so, which Managed Care Organization (MCO) are you using?
2. Are there any medical and/or functional changes?
3. Who are your attendants and are they getting paid?
4. Have there been any recent hospitalizations?
5. Turning 18 - We have an amazing [resource page](#) for young adults on our website.
6. Reviewing timesheets filed by your attendants.

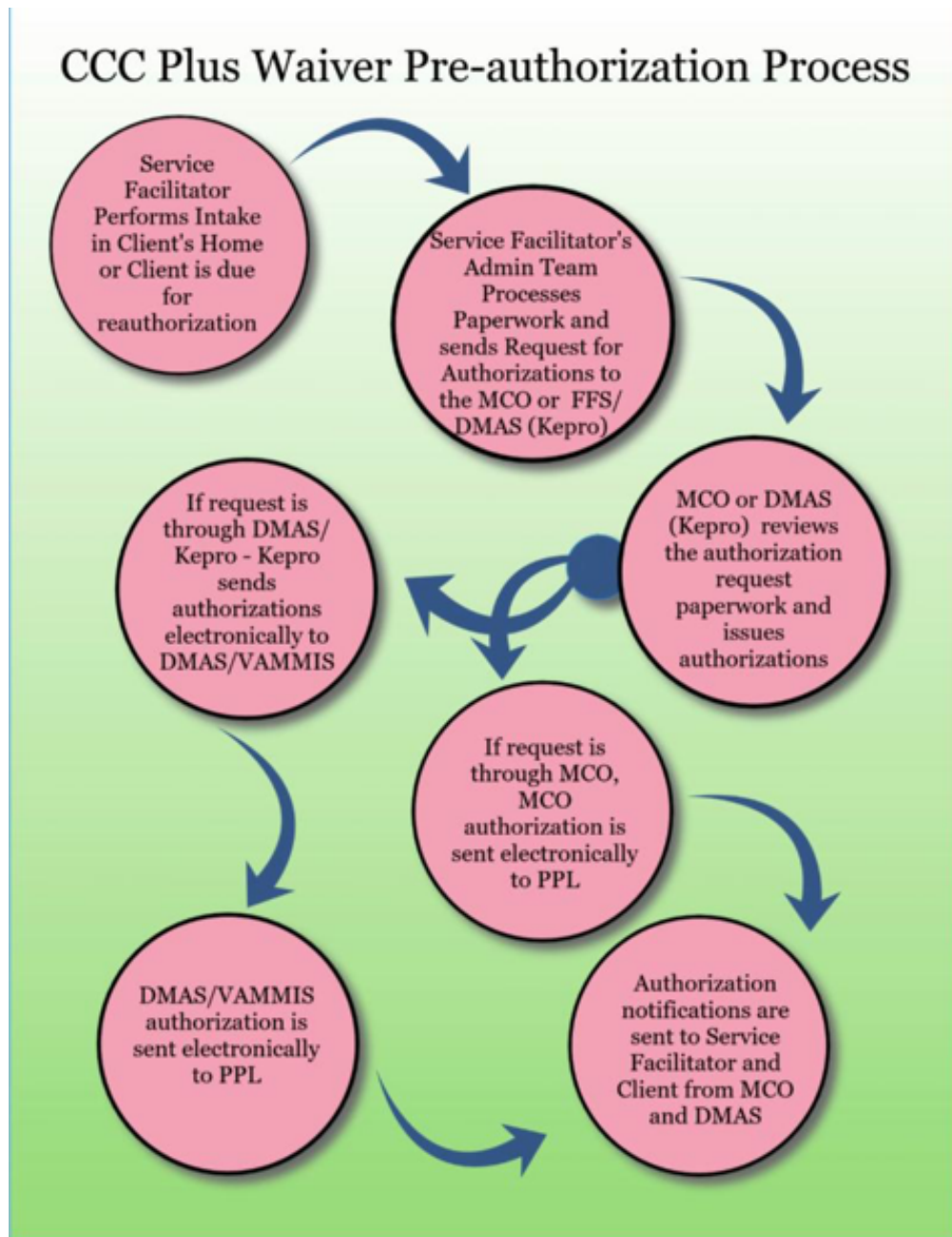
Waivers

CCC Plus Waiver Pre-Authorization Process

Whether you are new to Medicaid Waiver services or you've been in it for a while, at some point in the last 8 months you were likely enrolled into the CCC Plus Program and a Managed Care Organization (MCO) was assigned to handle your case. (Please note: Not everyone receiving waiver services is part of the new CCC Plus MCO Program. Certain services have been carved out of this program. Those are shown in the picture below as "FFS/DMAS (Kepro)".)

When you were enrolled into one of the 6 MCO's, your Moms In Motion Service Facilitator had to do a new request for your Personal Care and/or Respite hours through that MCO instead of the Department of Medical Assistance Services (DMAS). If you are due for re-authorization for hours, the same process is followed. There are several agencies that are involved in the approval of those hours, which is why you should always understand what your authorization dates are and when they are approaching their end dates. If you have questions about those, please contact your Moms In Motion Service Facilitator who can

help you look up your authorizations in the [PPL Portal](#). Below is a pictorial version of the flow of approval for pre-authorization of hours.



Respite Hours

If there is an unpaid primary caregiver that lives in the home and if the individual receiving waiver services is not directing his/her own care, likely that individual will qualify for Respite hours. These hours are meant to be used as relief for the unpaid primary caregiver.

Things you should know about your Respite hours:

- You get 480 hours per fiscal year, July 1 to June 30.
- If you have a live-in aide (same address as the consumer), then you will likely not qualify for Respite hours.

- Authorization dates and fiscal year dates don't usually match. You may have to check multiple authorization lines in the [PPL portal](#) to determine how many Respite hours you have remaining for the fiscal year (July 1- June 30).

Example: Authorizations run 2/15/17-2/3/18 and then 2/4/18-2/3/19. The 480 Respite hours for the fiscal year runs 7/1/17-6/30/18 so it crosses both authorizations. So, in this example, you have to look at two authorizations to find the total of Respite Hours used.

First authorization runs 2/5/17-2/3/18:

S5150: Respite Services	VA DMAS	1352100000901	2/5/2017	2/3/2018	H
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Click Here

Authorization Detail				
Authorization Line Entries				
Start Date	End Date	Quantity	Paid Units	Paid Dollars
2/5/2017	6/30/2017	480.00	62.00	\$630.55
7/1/2017	2/3/2018	480.00	189.75	\$1,929.78

Note the fiscal year start date

189.75 out of 480 used

Note: 189.75 hours was used from the beginning of the fiscal year 7/1/17 until the end of the authorization 2/3/18.

Second authorization runs 2/4/18-2/3/19:

S5150: Respite Services	VA DMAS	1389700023901	2/4/2018	2/3/2019	Hour
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Click Here

Authorization Detail				
Authorization Line Entries				
Start Date	End Date	Quantity	Paid Units	Paid Dollars
2/4/2018	6/30/2018	480.00	0.00	\$0.00
7/1/2018	2/3/2019	480.00	0.00	\$0.00

End of Fiscal Year

Says 480 approved, but is actually $480 - 189.75 = 290.25$ left

Note: Second authorization starts 2/4/18, but the fiscal year ends 6/30/18. So respite hours remaining are $480 - 189.75$ from first auth, or 290.25 hours remaining.

Maximizing Your Benefits

Update on the Previous Individual and Family Support Program (IFSP) Funding Period

[The Individual and Family Support Program \(IFSP\)](#) will issue all FY 2018 IFSP funds via check card. All approved applicants should have received an email notification when the cards were issued. All cards were mailed directly to the address that was provided for the responsible party when the application was completed. All IFSP funds were issued via check card known as the Way2Go Card. All cards were mailed directly to the address that was provided for the responsible party when the application was completed.

You should have received one check card per consumer. If you have not received the check card, please contact the IFSP staff for assistance. The card would've come in an unmarked envelope with a return address from Austin, TX. You will need to authorize your card in order to use it. Please visit the [IFSP Program webpage](#) for information on how to start using your card, the webpage has important details on how to register your Way2Go Card and other helpful tips.

Please see the IFSP Funding Program Guidelines, Application, Forms, etc. section of the [IFSP Program webpage](#) for information on how to register your card, receipt policies, and answers to frequently asked questions. All policies, instruction, frequently asked questions, and tips for maximizing your funds are posted on the IFSP webpage. If you need assistance, please see the IFSP webpage for staff contact information.

Please remember:

- All recipients must provide receipts to demonstrate that they have incurred expenses that are allowable under the IFSP Program Guidelines.
- All receipts must be received no later than July 1, 2018.
- Please visit the IFSP Page and click on the link for FY 2018 Receipt Policy for important details about receipt requirements.

To learn more about IFSP, ask your Moms In Motion Service Facilitator and/or visit [Moms In Motion's IFSP Resource Page](#).

Understanding the SIS® Process

The [Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#) has evaluated the state's service delivery system for individuals with disabilities and has moved to a more person-centered system of support. After several studies DBHDS agreed upon a multiple level assessment framework for categorizing the relative support needs of service recipients, called the [Supports Intensity Scale \(SIS\)](#).

Individuals receiving the Developmental Disability (DD) waiver have their support needs assessed with the SIS. It measures needs in the areas of home and community living, lifelong learning, social activities, health, safety, employment, protection and advocacy. The assessment interview questions focus on the supports an individual would need if they were to do activities like any other person of the same age living in the community without a disability. The SIS assessment is performed by Ascend, a contractor for the DBHDS. Participants at the SIS assessment in addition to the individual and their case manager, may include family, friends, service providers and others who know the individual well.

The SIS is performed at the time of receiving a waiver and it is performed every three years thereafter for individuals 16 years and older. It is performed every two years for children up to age 16. If there are significant changes in the individual's condition, a new SIS assessment may be requested. The SIS uses a formula to assign a SIS Score and a Support Level for adults. The Support Level determines the reimbursement rate paid to your service providers. Your case manager will provide the SIS report and the Support Level. Only SIS procedures may be reviewed. There is no appeal process. The SIS procedures (not score) may be reviewed if there is evidence that the VA Standard Operating Procedures were not followed.

In order to provide additional information about the role of individuals and family members in the SIS®

process, [resource materials](#) have been created by DBHDS. Use them as a reference as you encounter questions about the SIS®. Please contact the Regional Supports Specialist Manager, Joan Bender with your questions about the Supports Intensity Scale: 804-774-4469 Joan.bender@dbhds.virginia.gov

Find and/or Donate Assistive Technology and Medical Equipment

[Ability Unlimited](#) provides Assistive Technology to people and children with disabilities through Medicaid funding. They will help you navigate Medicaid and the Assistive Technology approval process, to give you unlimited access to portable specialized medical equipment, supplies, devices, controls, and appliances.

[Children's Assistive Technology Service \(CATS\)](#) will accept donations of costly adaptive equipment from one child with a disability who has outgrown equipment, and donate it to another child who needs it. CATS serves as a no-cost resource to children with disabilities who need adaptive equipment and whose families have limited resources.

[The F.R.E.E. Foundation](#) is a volunteer-led non-profit that provides mobility rehabilitation equipment to help people regain their mobility and independence. F.R.E.E. collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and under insured adults in Virginia. When F.R.E.E. gifts equipment, medical costs drop by over 80%.

[Health Equipment Loan Program \(HELP\)](#) is a community-based durable medical equipment loan program. Loans are free of charge, regardless of age, disability, residency, or financial status. Durable medical equipment loans are for 3 months and can be renewed as needed. Hospital bed loans are for 6 months and can be renewed as needed. Hospital beds are the only item available for delivery within a 25 mile radius of Augusta County.

REACH & LEAP: Promoting Friendship, Love, and Healthy Relationships

- What is REACH? Regional Educational Assessment Crisis Response and Habilitation (REACH) There are [5 regional REACH programs across Virginia](#) supporting individuals with intellectual/developmental disabilities and with behavioral/mental health challenges to live the most inclusive life possible in the community including access to effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated.
 - Free presentation on "[Facilitating Healthy Relationships and Sexuality in Adults with I/DD](#)" on April 6, 2018 in Midlothian, VA. featuring Dr. Adam Kaul and Paula Traversa-Charlton.
 - [Expanding our REACH: Supports and Services Across a Life Span](#) will be on May 11, 2018 in Williamsburg VA. Registration is open from 3/21/18 until 4/13/18. Hotel scholarships are available.
- What is LEAP? [Leadership for Empowerment and Abuse Prevention \(LEAP\)](#) LEAP provides training on healthy relationships and information about preventing abuse to adults with disabilities. Training Sessions are provided free of charge within a 2 hour radius of Richmond and Newport News, Virginia.
Contact: Jack Brandt Partnership for People with Disabilities 804-828-1365 brandtj@vcu.edu

CCC Plus Useful Tips

- [Transportation Options to go to Medical Appointments](#) (Phone numbers for all six MCOs)
- Having trouble getting prescriptions filled at your pharmacy? Call The Virginia Medicaid Pharmacy Helpdesk. (24 hours a day, 7 days a week)
800-932-6648
- Mental Health Skill Building Services and Other Community Mental Health Rehabilitative Services

(CMHRS)

- Virginia Department Of Medical Assistance Services (DMAS) [Resource Page](#)
- [CMHRS Slideshow](#)

PPL - Waiver Fiscal Agent/"Payroll"

Check out Moms In Motion's:

- [PPL and Attendant Resource Page](#)



Check out PPL's:

- Overview, Program Documents and Training [Resource Page](#)
- Request a [Pre-populated Packet](#) Attendant Application ([Link to submit](#))
- [Online Enrollment](#) for Consumers and Providers (EORs and Attendants)
- Submit an [Online Timesheet Tutorial](#) (Prompt to run Adobe Flash)

Attendant Payroll Schedules for 2018 - March 2019

- [A - Central VA & Tidewater](#)
- [B - Northern VA, Piedmont & Southwest](#)

Employee of Record (EOR) Manuals

- [July 2009](#)
- [March 2015](#)

Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!

Advocacy

Apply to be a VA-LEND Trainee - Family Members & People With Disabilities

Va-LEND (Virginia Leadership Education in Neurodevelopmental Disabilities) is an advanced level interdisciplinary leadership training program for health professionals and related disciplines in the field of childhood neurodevelopmental disabilities. Va-LEND, celebrating over 22 years of training the best generation of maternal and child health leaders.

Va-LEND has a brand new category for trainees beginning in Summer 2017 that specifically targets family members or people with disabilities who have a developmental disability who do not have an undergraduate degree! [Medium Term Trainees](#) in this category focus on the refinement of leadership skills and disability policy advocacy. They do not enroll in the courses or practicum, but do attend 6 sessions of Seminar I (Fall semester - Wednesdays beginning at 4:30 - 32 hours) and attend 2 sessions of Seminar II (Spring semester) which are held on Wednesdays beginning at 4:30 - 8 hours). Additional training is offered during the 12 month program. A stipend in the amount of \$200 is available. [Recruitment for 2018-2019 will begin in April](#) and classes should start in July or August.

America's Direct Support Workforce Crisis: Effects on People with Intellectual Disabilities, Families, Communities and the

U.S. Economy

This critical report continues the tradition established by President John F. Kennedy in 1961 when he established a blue-ribbon panel to address the needs of people with intellectual disability and their families. This [2017 report from the President's Committee](#) specifically examines the following areas to determine how the direct support workforce crisis can be corrected and this workforce sustained so people with intellectual disability are included and engaged in all aspects of society:

- Overview of the direct support workforce
- Critical challenges faced by the long-term services and supports industry
- Effects of the workforce crisis
- Economic and other factors that have influenced the crisis
- Promising practices and recommendations to address the direct support workforce crisis

The (RAISE) Family Caregivers Act

The RAISE Act will help caregivers including, relatives and partners who provide medical, household and financial assistance to loved ones. Congress passed the bipartisan RAISE Family Caregivers Act on January 9, 2018. The Recognize, Assist, Include, Support and Engage (RAISE) Family Caregivers Act will create a national family caregiver strategy by bringing together federal agencies and representatives from the private and public sectors (like family caregivers, health care providers, employers and state and local officials) in public advisory council meetings designed to make recommendations. The agency will have 18 months to develop its initial strategy and then must provide annual updates. In a January 10, 2018 [news article by Forbes](#), the RAISE Act is explained in full.

Affordable and Special Needs Housing Loans

On February 22, 2018 Governor Ralph Northam announced more than \$6.5 million in Affordable and Special Needs Housing Loans for ten projects in ten localities across the Commonwealth. These projects are focused on affordable new construction and rehabilitation housing projects, as well as permanent supportive housing options for people with intellectual and developmental disabilities. Affordable and Special Needs Housing grants and loans are awarded through a competitive process. Since the creation of the Virginia Housing Trust Fund in 2013, Virginia has almost doubled its annual investment in affordable housing initiatives to support moderate and low-income families.

[Read](#) entire news release and view project locations.

Spotlight On...

Family Highlight



The road to getting on Medicaid and getting the life we have now has been a crazy, stressful, busy and a lot of hard work but's all been worth it. You see it all started with a pencil. When Bailey was 2 she ended the preschool special education program in Newport News Public Schools. We new there was something different about Bailey (we always thought they would name a condition after her). One day at school, when picking her up, I was given a pencil with the phone number for the [Care Connection Team at CHKD](#). I immediately called as we new something was different about Bailey and we needed help but her dad and I are just 2 busy working parents who can't do it all.

As soon as I called, we set up a meeting. I was overwhelmed by all the information but I knew that getting Bailey on the [EDCD waiver](#) would help our family. The representative at CHKD sat with me 3 times (we were denied twice) as the Newport News social services team meet with us to determine her eligibility. We found out she qualified in December of 2013 and I knew that I had to call Moms In Motion to help me through the process. So in January 2014, I met Joy Spencer (of Moms In Motion) for a big meeting. She told me about how to get my care attendants, [HIPP for KIDS](#) and Logisticare (Your CCC Plus MCO has [travel options to get to medical appointments](#)). Again, it was overwhelming, but I knew that all these resources would financially help my family but more importantly provide a better life for us all. Having an extra hand with Bailey means I'm able to follow my dream of becoming a teacher. It means being able to give her sister the extra attention she needs. My daughter is taken care of by people I choose and help me when I need them.

To say the [EDCD waiver](#) and MOMS IN MOTION has been a blessing to my family is an understatement. Raising a child with special needs is always challenging, but these resources have provided the life my family and Bailey deserve. Plus we have an answer to a big question. You see when Bailey started services all we were told they could find was that she has developmental delays. Because of the waiver, Bailey has Medicaid which allowed us to see a genetic counselor who did several genetic tests until May 2015 when we got her diagnosis of Rett syndrome. Now, we go annually to Disney World to run the Princess races for Girl Power 2 Cure and raise donations to find a cure. And to believe that this journey to find an answer, to get financial and physical help all began with a pencil. We are truly blessed to have MOMS IN MOTION but most importantly to have a beautiful daughter with Rett syndrome!

MySupport Virginia



[MySupport](#) connects you with your perfect match to give you the support you want. Think of it as match.com for attendants and for people with disabilities who are looking for attendants!

MySupport understands the personal nature of the relationship between you and your attendant, so they've made sure that you can easily and intelligently find the one that's right for you. Their platform allows you to communicate and interact with any potential matches. So you can feel assured that anyone who steps in your home is someone who you're comfortable with. Each attendant you select from MySupport can be rated and reviewed by you after your first visit. Look through ratings and reviews from others like you to get a better sense of the person that will be assisting you to live the life you want!

[MySupport](#) services are covered by the Anthem Healthkeepers Plus MCO. MySupport is open to working with other CCC Plus MCOs. Consider contacting your MCO to suggest they collaborate with MySupport so this search tool can be accessible to you! (Currently you can not privately pay for a MySupport profile.)

MySupport Features:

- A custom matching system gives both workers and consumers recommended matches by asking both questions about their support preferences and values. Browse the question answers of a potential match before contacting them to learn more about what they're looking for and why.
- Make your needs and personality clear with a personalized profile. Browse the site and learn about potential attendants' skills and abilities by looking at their profiles. We make your search process easier by letting you get to know workers before you interview them.
- Everyone needs a nudge every now and then. Attendants can opt in to the text message reminder system and be notified before your shift is about to start. The perfect solution to making sure that both attendants and consumers are ready to make the most of each other's time.

Tips:

- As an Employer Of Record (EOR) you can manage a MySupport profile for a person with a disability.
- You are responsible for equal employment non-discrimination interview procedures.
- You will need to answer at least 8 questions on your MySupport profile before you are able to search for attendants.
- Your profile may need to know the PPL pay rate for Northern Va and the rest of Va. Call PPL for current pay rate (866) 259-3009.
- Your profile may need to know how many hours you have per week.
- Moms In Motion recommends you use the [PPL online attendant enrollment tool](#) and complete the background check with PPL.
- [How to Set Up a MySupport Profile Guide](#)
- Send your questions to email angela@mysupport.com

For more resources similar to MySupport check out our [Finding Attendants section](#) near the bottom of this newsletter.



Summer Camps and More!

Are you ready to have some fun this summer? Check out the awesome resources Moms In Motion has collected just for you and your family!

[2018 Summer Camp List](#) (a must see!)

[They Will Surf Again - Virginia Beach](#)

[Free lifetime passes to Virginia National Parks & Fishing, Hunting and Trapping](#)

[Sportable](#)

[Surfers Healing - Virginia Beach](#)

[Jacob's Chance](#)

[Special Olympics Virginia](#)

[Our Special Harbor Sprayground](#)

[JT's Camp Grom](#)

(Opening Memorial Day 2018)

Your local Parks & Recreation may have a reduced priced application for an annual membership for a person with a disability. Your Recreation Center may offer Therapeutic Recreation programs. Or consider signing up for their regular programs for a great opportunity to practice inclusion!

Moms In Motion in the Community

Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you to:



- [Empower Behavioral Services](#)
 - Located in Fredericksburg Virginia. Empower Behavioral Services offers both home and center based services. Currently, they do not have a wait list. All of their treatment methodology is based on the principles of Applied Behavior Analysis and focuses on creating meaningful and lasting change in their clients' lives. Their mission is to provide individualized therapy administered by highly-qualified and compassionate professionals who truly take joy in working with the individuals they serve.
- [Carilion Children's Child Development](#)
 - Located in Roanoke, Virginia, they offer numerous services. To name a few, Cognitive behavioral therapy, Psychological evaluations, Specialty equipment clinic and Behavior modification.

The Buzz about Moms In Motion!

What a CCC Plus Care Manager said:

"Moms In Motion (especially Tammy Kimble) is the cream of the crop, on the top of the list, the cherry on top, and if we call, they are to talk to us and work on getting our issues resolved."

"(At the) Fredericksburg Community Service Board office, I walked in exhausted with 20-30 meltdowns a day from my 4 year old and asked if there was ANY type of help for parents like me. They invited me to a (Moms In Motion) presentation about Medicaid waivers and we got the EDCD waiver in Spotsylvania, VA."

Job Opportunities at Moms In Motion



Join Our Team!

Do You Want to:

- have a positive impact on people's lives?
- see the joy in someone's face when you tell them about a little resource that will make a big difference in their lives?
- have the chance to help people in your community on a day-to-day basis?

Apply Today to Become a Service Facilitator

Moms In Motion/At Home Your Way is looking for talented individuals to join our team! We are hiring Service Facilitators all across the state of Virginia. Apply today!

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office). Moms In Motion/At Home Your Way has been a leader in this industry for over nine years. **We are a value added provider.** We help families to administer their consumer-directed services & link them to additional services.

If you can answer "Yes" to these questions we want you to Join our Team of ACES:

- Do I enjoy ADVOCATING?
- Am I COMPASSIONATE?
- Do I strive for EXCELLENCE in everything I do?
- Do I care about person-centered SERVICE?

Skills and Qualifications include:

- Associate's Degree or greater in Human Services or related field.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.

We are currently hiring all locations including the following:

Abingdon / Bristol / Washington County	Danville / Pittsylvania Counties	Lynchburg
Albemarle / Charlottesville Counties	Deerfield	Madison County
Alexandria	Eastern Shore	Manassas
Alleghany County	Fairfax County	Monterey
Amelia / Cumberland / Powhatan Counties	Fauquier County	Nelson County

Arlington / Falls Church / McLean	Fluvanna County	Orange County
Bedford County / Vinton	Frederick County / Winchester	Page County
Bland / Smyth / Wythe Counties	Fredericksburg	Prince William County (Dumfries / Triangle / Woodbridge)
Branchville / Emporia / Jarrett Counties	Giles County / Pulaski County / Radford	Richmond
Brunswick / Greenville Counties	Goochland / Louisa Counties	Roanoke
Campbell County	Greene County	Shenandoah County
Caroline County	Halifax / South Boston Counties	Southampton County
Carroll County / Floyd County / Galax / Grayson / Hillsville	Hampton Roads	Spotsylvania County
Clifton Forge / Covington	Harrisonburg	Stafford County
Colonial Heights / Dinwiddie / Petersburg Counties	Henry County / Martinsville	Staunton
Craig County / Roanoke County / Salem	Lee County / Norton / Russell County/ Scott County / Wise County	Warren County
Craigsville / Goshen	Loudoun County	Waynesboro
Culpeper	Lunenburg / Mecklenburg Counties	
Spanish-Speaking All Areas In Virginia	Administrative Support Team Member All Areas In Virginia	Family Resource Specialist All Areas In Virginia

To ensure your Moms In Motion / At Home Your Way application is processed correctly, please use the the links on our [Job Opportunities page](#) to apply for the Service Facilitator position in or around your home area.

Email questions to HumanResources@MomsInMotion.net

[Share](#) this Job Opportunities section with your friends, family and colleagues.

Service Facilitators make a positive difference in the lives of the individuals and families they serve.

**Moms In Motion is the Biggest because we are the Best!
Come Work with the Best :-)**

Events



Tools You Can Use

[CCC Plus Waiver Application Process](#)
Resource Page by Moms In Motion.

[Annual Transition Fair](#) To educate and empower our students and families by providing them with the tools and information they need transition into independence. Apr 10 4pm Christiansburg, VA.

[IEP Boot Camp](#) Free parent training. Guest speakers will be from the College of William and Mary School of Law's Parents Engaged for Learning Equality (PELE) Special Education Advocacy Clinic. Apr 10 6pm Williamsburg, VA.

[6th Annual Family and Youth Leadership Summit](#) Free one day event for families in Virginia dealing with mental health and co-occurring challenges. The focus of the Summit is to promote parent and youth voice through knowledge, skills and networking. Apr 14 9am Richmond, VA.

[Independent Living Expo](#) Learn about assistive technology, environmental modifications, durable medical equipment, etc. and service providers who assist individuals with disabilities to be independent. Apr 14 9am Salem, VA.

[Medicaid Waver Q & A Sessions](#) **Moms In Motion is presenting!** Two chances to learn everything you need to know about Medicaid waivers. Hosted by Inside Out Learners. Sessions begin 6pm Apr 18, May 16 Chesapeake, VA.

[Parent Institute Training](#) This training opportunity gives participants a chance to engage directly with the presenters who are leaders in their fields. For parents who are new to the Special Education process. Apr 19 - 20 Springfield, VA.

[Wrightslaw Special Education Law and Advocacy Conference](#) Wrightslaw programs are designed to meet the needs of parents, educators, health care providers, advocates and attorneys who represent children with disabilities regarding special education. The program is not disability specific. The program will put emphasis on advocacy skills. Register by April 3 to receive a discount. May 4 9am Bowie, Maryland.

These events and others can be accessed at Moms In Motion's [Calendar](#)!

[Guide to a Better Future for Youth and Adults with Disabilities](#) by The Arc of Northern Virginia

[Why, When, and How Can I Get the IEP Revised?](#) Consenting to an IEP does not mean you are stuck with it - or that it will be appropriate for an entire year.

[Navigating the Developmental Disability Waivers:](#) A Guide for Individuals, Families and Support Partners

[2018 Directory of Services for People Who Are Deaf, Hard of Hearing and Deafblind](#) by the Virginia Department for the Deaf and Hard of Hearing (VDDHH)

Waivers

[Moms In Motion's Waiver Facebook Group](#) Discuss and ask questions about Virginia's Medicaid Waivers, etc. (must have Facebook account)

Your Moms In Motion Service Facilitator is there if you have any questions. Our team of [Family Resource Specialists](#) are also here to help you too!

[VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.

[www.VaMedicaidWaivers.org](#) The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.

Finding Attendants

[Read](#) about becoming a Consumer Directed Personal Care Attendant and find who to contact for employment options.

[Blog with videos](#), etc, to explain to another what an attendant is and highlight characteristics of a top quality attendant.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern Virginia so the reimbursement rate is only relevant to Northern Virginia.)

Other strategies to find attendants:

- Relevant departments of local colleges. (OT, PT, etc)
- Local Department of Social Services and Center for Independent Living likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
 - [Craig's List](#)
 - [Care.com](#)
 - [MySupport](#)
 - [SitterCity](#)
 - [MyChoice4Care](#)
 - [Indeed](#)



Moms In Motion is a Service Facilitation provider for Medicaid EDCD/CCC+, CL & FIS Waiver enrollees.

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