



## *Moms In Motion*

Empowering One Family at a Time!

*February 2018*

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### **The Moms In Motion Team**

We are honored to support Consumer Direction as the Service Facilitator for over 5,000 families across Virginia!

It is a privilege to serve you and your family.

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## What You and Your Service Facilitator Should be Discussing

### 1. New for this period:

1. If you are on the ED/CD/CCC+ Waiver, did you know that you could also be on the waiting list for one of the three new waivers (Building Independence, Family and Individual Supports or Community Living)?  
Click [FIS](#), [CL Waivers](#) to find out how to apply.
2. Review Mobility and Behavior/Orientation levels as noted on our reports. - Are they accurately reflecting your reality?
3. You can now enroll attendants online. [See PPL Section](#)

### 2. At Every Visit:

1. Are you enrolled in Commonwealth Coordinated Care (CCC) Program? If so, which Managed Care Organization (MCO) are you using?
2. Are there any medical and/or functional changes?
3. Who are your attendants and are they getting paid?
4. Have there been any recent hospitalizations?
5. Turning 18 - We have an amazing [resource page](#) for young adults on our website.
6. Reviewing timesheets filed by your attendants.

## Waivers

### The Benefits of CCC Plus

The change to CCC Plus brought a lot of struggle, but some great benefits too. Did you know CCC Plus covers....

- \$5,000 for Assistive Technology (AT) & Environmental Modification (EM)
- Dental & Vision (in most cases)

- Expanded Transportation
- Care Coordination

[Read the CCC Plus information packet](#) where the six MCOs are compared. See what benefits are included in each MCO.

### CCC Plus Provider Directories

Provider directories are an important tool used by MCO enrollees to select and contact their physicians, specialists, dentists, etc., who deliver their medical care. Individuals and their caregivers rely on provider directories to make informed decisions regarding their health care choices. Access the six printable provider directories:

- [Aetna](#)
- [Anthem HealthKeepers Plus](#)
- [Magellan Complete Care](#)
- [OptimaHealth](#)
- [UnitedHealthcare Community Plan](#)
- [VA Premier Health Plan Inc.](#)

\*Each of these MCOs also have an online provider search page.

## **Health Insurance Premium Program (HIPP) and HIPP for Kids**

The Department of Medical Assistance Services (DMAS) administers two Medicaid programs that may reimburse part or a participant's entire share of the employer sponsored group health insurance premiums. These programs are known as the [Health Insurance Premium Program \(HIPP\) and HIPP for Kids](#). All applications are first evaluated for HIPP for Kids (HFK's) and then HIPP, if applicants are not eligible for the HFK's program. This insures that applicant's circumstances are fully reviewed and every opportunity for eligibility is granted.

For the HIPP for Kids program, eligibility criteria include but are not limited to the following:

- a family member must be enrolled in full coverage Medicaid and be less than 19 years of age;
- the employer must pay at least 40% of the cost of the health insurance premium; and
- must be enrolled in a health plan that meets the definition of an a "qualified employer sponsored plan" that qualifies as creditable coverage under the section 2701(c) (1) of the Public Health Service Act and must be offered to all individuals in a manner that would be considered nondiscriminatory eligibility.
- Must not be a plan with deductibles that are equal to or exceed IRS High Deductible Health Plan limits.

If you have HIPP, you are still in the [CCC Plus Waiver](#), but you do not have an MCO. Keep your HIPP password up to date, otherwise you lose it and get enrolled in an MCO. Since the roll out of CCC Plus, HIPP hasn't changed. Those with HIPP or HIPP For Kids are carved out from the CCC Plus program, meaning they will not be enrolled in an MCO.

## **Maximizing Your Benefits**

### **Update on the Previous IFSP Funding Period**

If you were approved for the [Individual and Family Support Program \(IFSP\)](#), notification for funding amounts for IFSP will be distributed February 2018 through your email. The due date for the last application cycle was November 17, 2017.

(Note from Sandra Brown of Department of Behavioral Health and Developmental Services: "The IFSP funds will be distributed in February; exact date has not been determined. We don't have an exact date as to when the funds will be distributed; however, advance notifications will be sent out to the families when we are ready to start mailing the check cards.")

IFSP is designed to assist individuals on the BI, CL, FIS Waiver wait lists and their families to access short-term, person/family centered resources, supports and services. These services and items funded through the IFSP are intended to support the continued residence of an individual in their own or family home in the community.

## Series of Saturday Parents Nights Out hosted by The Arc of Greater Prince William/INSIGHT, Inc.

Don't miss this great opportunity and service hosted by The Arc of Greater Prince William/INSIGHT, Inc. Enjoy a day or evening out knowing you have trained adults caring for your children with disabilities and their siblings. Arc Members pay \$5.00 per family per hour. Non-Members pay \$7.50 per family per hour. Registration begins one month prior to the day on which Parents Night Out is to be held.

**Dates: Mar 17, Apr 14, May 12, June 30. Location: Woodbridge, Va.**

[View flyer](#) for more details.

[The Arc of Greater Prince William/INSIGHT, Inc.](#) was chartered in 1964. The agency began as a school for children with intellectual disabilities who were not educated in the school system. Over the years it has grown to provide services in many areas for individuals with developmental disabilities and their families and employees over 300!

Areas of service include:

- Developmental childcare services
- Leisure and recreation services
- Residential services (for adults)
- Vocational services
- Advocacy
- Family Support services

Family support provides a monthly autism parent support group, a fathers only group (new!), Parents' Night Out, information and referral, monthly educational workshops (during the school year), and sponsors the annual [Circle of Support Conference](#).

For information on any of these activities, contact Jan Russell, Family Support Coordinator, at [jrussell@arcgpw.org](mailto:jrussell@arcgpw.org). Visit their website at [www.arcgpw.org](http://www.arcgpw.org) for more information about other programs.

## Tax Season Resources

- [Volunteer Income Tax Assistance Program \(VITA\)](#)
  - (VITA) is for people with low income, people with disabilities, seniors, and others who need special help. Haven't completed your taxes yet? You may be eligible for free assistance with filing your taxes and applying for the Earned Income Tax Credit. VITA volunteers are certified and trained by the Internal Revenue Service and can help you prepare a basic return.

In addition to VITA, the Tax Counseling for the Elderly (TCE) program offers free tax help for all taxpayers, particularly those who are 60 years of age and older, specializing in questions about pensions and retirement-related issues unique to seniors. The IRS-certified volunteers who provide tax counseling are often retired



individuals associated with non-profit organizations that receive grants from the IRS.

- [Tax Exemptions for Family Members Who are Caregivers Living in the Same Residence](#)
  - Certain Medicaid Waiver payments may be excludable from income. On January 3, 2014, the Internal Revenue Service issued Notice 2014-7, 2014-4 I.R.B. 445. Notice 2014-7 provides guidance on the federal income tax treatment of certain payments to individual care providers for the care of eligible individuals under a state Medicaid Home and Community-Based Services waiver program described in section 1915(c) of the Social Security Act (Medicaid Waiver payments). Section 1915(c) enables individuals who otherwise would require care in a hospital, nursing facility, or intermediate care facility to receive care in the individual care provider's home.

## Independent Housing for People with Developmental Disabilities Webinar Series

[Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#) is offering a series of three evening webinars in February and March on Housing Information for People with Developmental Disabilities. Individuals and family members will attend the webinars to learn more about planning for independent housing and the resources available to help people in the [Settlement Agreement](#) population\* access their own homes in the community with appropriate supports.

You must RSVP in order to receive the webinar link. You may sign up for as many webinars as you like. The webinars will be recorded and DBHDS will make them available for future viewing. (Make note of RSVP date)

Each webinar will cover a specific topic:

1. Preparing to move into independent housing,
2. rental assistance and housing resources, and
3. reasonable accommodation and modification requests in housing.

[Register here and view RSVP dates.](#)

- February 21, 2018 at 7:00pm - 8:00pm
- March 7, 2018 at 7:00 pm - 8:00pm
- March 21, 2018 at 7:00 pm - 8:00pm

\*The [Settlement Agreement](#) target population" for housing includes Virginians with developmental disabilities at least 18 years of age or older who are in one of the following categories:

- Living in a training center, intermediate care facility, skilled nursing facility and eligible for one of the Medicaid DD [\(FIS, CL\) Waivers](#); OR
- Currently receiving Medicaid DD Waiver services; OR
- Currently on a waitlist for Medicaid DD Waiver services.

## The Virginia Low Income Home Energy Assistance Program

[The Virginia Low Income Home Energy Assistance Program](#) assists low-income households, particularly those with the lowest incomes that pay a high proportion of household income for home energy. In order to qualify for this benefit program, you must be a resident of the state of Virginia and you must need financial assistance for home energy costs. A person who

participates or has family members who participate in certain other benefit programs, such as the Supplemental Nutrition Assistance Program (SNAP), Supplemental Security Income (SSI), Temporary Assistance for Needy Families (TANF) or certain needs-tested Veterans may be automatically eligible for benefits.

The program is comprised of four components:

1. Fuel Assistance
2. Crisis Assistance
3. Cooling Assistance
4. Weatherization

## Big Red Safety Box

[The National Autism Association](#) is committed to those with an Autism Spectrum Disorder (ASD) who may be prone to wandering off or eloping from a safe environment, and may be unable to recognize danger and/or stay safe. [The Big Red Safety Box](#) is a free-of-charge toolkit given to autism families in need as a means to educate, raise awareness and share simple tools that may assist them in preventing, and responding to, wandering-related emergencies.

Big Red Safety Box includes:

- A "Be REDy" Booklet containing the following educational materials and tools:

|                                   |                              |
|-----------------------------------|------------------------------|
| A caregiver checklist             | A sample IEP Letter          |
| A Family Wandering Emergency Plan | A Student Profile Form       |
| A first-responder profile form    | Emotion Identification Cards |
| A wandering-prevention brochure   | Wandering Quick Tips         |

- Two (2) GE Wireless Door/Window Alarms with batteries
- One (1) MedicAlert Bracelet or Pendant, and One (1) Shoe ID tag
- Five (5) Adhesive Stop Sign Visual Prompts for doors and windows
- Two (2) Safety Alert Window Clings for car or home windows
- One (1) Red Safety Alert Wristband
- One (1) Child ID Kit from the National Center for Missing and Exploited Children

## Opportunities to Learn & Grow!

- [Youth Leadership Academy "Developing Young Leaders"](#)
  - The Youth Leadership Academy (YLA) program seeks to empower young people with developmental and other disabilities to further develop their leadership skills. Students, serving as Delegates from communities throughout Virginia, participate in a wide range of activities and learning experiences during this summer program set on a university campus. All expenses are paid by the Virginia Board for People with Disabilities, including food and lodging. Only 25 students will be selected through a highly-competitive application process, but those lucky students will have a once-in-a-lifetime opportunity to develop themselves and make brand new lifelong friends. The program will take place on the campus of Virginia State University from July 9-12, 2018. The deadline to submit the application is March 16, 2018.
- [I'm Determined - Youth and Parent Summit](#)
  - The Youth and Parent Summit is a two-day event held each June. Youth with

disabilities from across the Commonwealth meet to network and discuss issues of importance to youth and young adults with disabilities. During the Summit, participants work in groups facilitated by I'm Determined Youth Leaders to discover how the core components of self-determination can be applied to their lives. Summit attendees are expected to return to their home schools and communities to share the self-determination message. June 13-15, 2018 at James Madison University in Harrisonburg, Virginia. Application due on March 9th, 2018 at 5pm.

- [Autism Campus Inclusion \(ACI\) Summer Leadership Academy](#)
  - The Autistic Self Advocacy Network is now accepting applications for the 2018 Autism Campus Inclusion (ACI) Summer Leadership Academy. The ACI Summer Leadership Academy prepares autistic students to engage in disability advocacy at their colleges. Accepted students will travel to Washington, DC and participate in advocacy training from June 16th to June 23rd, 2018. ACI participants learn about creating student groups, understanding disability policy, and talking to people in the government. Applications are due by February 25, 2018.
- [The AUCD Leadership Academy](#)
  - The Association of University Centers on Disabilities (AUCD) Leadership Academy is a week-long program designed to enhance the skills of current and emerging leaders from the disability network to build coalitions to improve systems of supports and services. The Leadership Academy seeks participants from UCEDDs, LENDs, and their disability partners to come together to immerse themselves for a week of study, shared experiences, self-evaluation, and skill development. Participants will engage with their cohort, Academy staff, local coaches, and national allies in the year following the experience. The AUCD Leadership Academy will be in Atlanta, GA. The Academy will begin on Sunday, June 24, 2018 at 2:30pm, and end on Friday, June 29, 2018 at 1:00pm. The application deadline is March 2, 2018.
- [2018 Governor's Fellows Program](#)
  - (Great opportunity for students with disabilities.) The Governor's Fellows Program offers graduate students, rising college seniors, and graduating college seniors the opportunity to experience firsthand the administration of state government in the Commonwealth. These outstanding and highly motivated students will have the opportunity to learn directly under Cabinet secretaries in the Office of the Governor. Fellows are given the opportunity to cultivate and sharpen leadership skills by taking on various tasks and projects. The Fellows also learn from special guest speakers from the administration and take field trips across the Commonwealth. The application deadline is March 18, 2018 at 11:59pm.

## **PPL - Waiver Fiscal Agent/"Payroll"**

### **Check out Moms In Motion's:**

- [PPL & Attendant Resource Page](#)



### **Check out PPL's:**

- [Overview, Program Documents and Training Resource Page](#)
- [Submit an Online Timesheet Tutorial](#)

## **Payroll Schedules for 2018 - March 2019**

- [A - Central VA & Tidewater](#)
- [B - Northern VA, Piedmont & Southwest](#)

### Hiring a New Attendant?

Use [PPL's attendant application](#) to get a pre-populated hire packet sent to you.

### Online Enrollment Portal Message

Try Public Partnerships' new Online Enrollment for Consumers and Providers! (attendants) Enroll in hours, not days!

Existing consumers can hire new providers through Online Enrollment by selecting the Online Enrollment tab in the BetterOnline web portal. New consumers can go directly to one [webpage](#) to begin the enrollment process for themselves and providers. Some forms will need to be mailed like the notarized background checks and the Employee Of Record's EIN form. You will see instructions online about sending those in, everything else can be done online including a signature.

#### [Online Enrollment - The faster way to enroll](#)

Need help? Call 1-877-908-1752

### Did you know?

- PPL mailed attendants W2s on January 31, 2018.
- An Employee of Record (EOR) are responsible for many things. Did you know EORs must see that attendants are tested for Tuberculosis (TB)? See page 25 in the [EOR Manual](#).
- Backup EOR on File - Every EOR needs a Signatory Authority. This is especially important if an EOR passes away as Moms In Motion can not sign timesheets. Only a Signatory Authority can sign timesheets. Failure to designate a Signatory Authority can result in major difficulties if the EOR becomes incapacitated. [Signatory Authority Form](#)
- As ALWAYS, your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section! :)

## Advocacy

### Virginia's Settlement Agreement with the Department of Justice

In August 2008, the Department of Justice (DOJ) initiated an investigation of Central Virginia Training Center (CVTC) pursuant to the Civil Rights of Institutionalized Persons Act (CRIPA). In April 2010, DOJ notified the Commonwealth that it was expanding its investigation to focus on Virginia's compliance with the [Americans with Disabilities Act \(ADA\)](#) and the U.S. Supreme Court Olmstead ruling. The [Olmstead decision](#) requires that individuals be served in the most integrated settings appropriate to meet their needs and consistent with their choice.

In 2012, the Department of Justice and the Commonwealth of Virginia reached an [agreement](#) regarding Department of Justice findings that Virginia was not providing services to individuals with intellectual and developmental disabilities in the most integrated setting appropriate to their needs. These reports are issued semi-annually in December and June.

The Independent [Reviewer's Report to the Court for the 10th and 11th review periods](#) has been made public. The report, released on December 13, 2017 notes that full compliance has not yet



been achieved, but does highlight areas of significant improvement within Virginia.

## U.S. Supreme Court's Releases Q&A on an IDEA Ruling

The Individuals with Disabilities Education Act (IDEA) is a United States federal law that governs how states and public agencies provide early intervention, special education, and related services to children with disabilities. It addresses the educational needs of children with disabilities from birth to age 18 or 21. Read [Moms In Motion's IEP resource page](#) for details on IDEA.

The U.S. Department of Education (USDE), Office of Special Education Programs (OSEP), has released a ["Question and Answer Document"](#) regarding the Endrew F. case. On March 22, 2017, the U.S. Supreme Court issued a unanimous decision in Endrew F. v. Douglas County School District Re-1, 137 S.Ct. 988. In this decision, the court held that "to meet its substantive obligation under the Individuals with Disabilities Education Act (IDEA), a school must offer [a child] an IEP [individualized education program] reasonably calculated to enable a child to make progress appropriate in light of the child's circumstances."

This [Q&A document](#) provides parents and other stakeholders information on the issues addressed in Endrew F. and the impact of the Court's decision on the implementation of IDEA. If you have any additional questions and comments related to this Q&A please email [endrewf@ed.gov](mailto:endrewf@ed.gov)

### History on case:

The parents of Endrew F. removed him from his local public school, where he made little progress, and placed him in a private school, where they said he made "significant" academic and social improvement. In 2012, Drew's parents filed a complaint with the Colorado Department of Education to recover the cost of tuition at the school, which is now about \$70,000 per year. The lower courts ruled on behalf of the school district on the grounds that the intent of the Individuals with Disabilities Education Act (IDEA) is to ensure handicapped kids have access to public education-not to guarantee any particular level of education once inside. But the parents appealed, with the case eventually landing at the Supreme Court. [Read more here](#).

## Imagine: A Common Sense Approach to Behavior and Crisis Supports

David Pitonyak's work involves meeting individuals who are said to exhibit "difficult behaviors." Most of these individuals he meets exhibit difficult behaviors because they are misunderstood and/or because they are living lives that don't make sense.

David's passion is to empower caregivers and parents to view these difficult behaviors in a new light. He urges you to see their behaviors as "messages" which can tell us important things about their lives. He believes difficult behaviors result from unmet needs. Instead of developing a behavior plan to "fix" the person, his message will help them and their caregivers develop a support person centered plan that reflects a real and authentic life.

- David's [website](#)
- Contact David to be a speaker at your event: (540) 552-5629 | [davidpitonyak@me.com](mailto:davidpitonyak@me.com)
- Watch a [video series](#) featuring David speak

## We Have a Stake Campaign

Included. Supported. Empowered. These three words are active, educational, and aspirational. They describe the work that is being done, the networks that are doing it, and the end goals that result from it. From this three word tagline stems the [We Have a Stake Campaign](#). Together, we have a stake in building opportunities for people with intellectual and developmental disabilities.

This [website](#) is a public awareness campaign funded by the [American Network of Community and Resources \(ANCOR\) Foundation](#), which highlights we all have a stake in ensuring that everyone with I/DD is included in our communities, supported in living independently, and empowered to engage in the world. This public awareness campaign supports networks that enable people to succeed and shine a positive light on the successes of community integration and the role of providers in supporting people with I/DD to be active, valued, and contributing members of their communities.

## Spotlight On...

### Commonwealth Autism

In 1999, [Commonwealth Autism](#) was formed by a visionary group of parents of children with autism who recognized significant service gaps in Virginia. They are committed to full inclusion of people with disabilities in their activities and services. Commonwealth Autism seeks to implement a statewide system of services to maximize the potential and quality of life of each Virginian with autism across the lifespan. They educate, provide family outreach, and host events categorized by regions in Virginia. The regions are named Autism Action Groups. (Which Moms In Motion features on our [calendar](#)) Commonwealth Autism has evolved to partner and/or created so many programs and resources to truly enrich our community.

Their [website](#) is a phenomenal resource, check it out!

A few programs/resources Commonwealth Autism has created:

|                                      |                                    |
|--------------------------------------|------------------------------------|
| Autism-specific Transition Helpbook  | Safety Workgroup for Autism        |
| Courage to Succeed Program           | The Developmental Disorders Clinic |
| Partnership for Capacity Development | The Founders Center                |
| The Learning Institute               | Richmond House                     |
| Virginia Public                      |                                    |



**TTAC Online**  
A community sharing resources to educate students with disabilities

**Training & Technical Assistance Centers**

[Training & Technical Assistance Centers \(T/TAC\)](#) improve educational opportunities and contribute to the success of children and youth with disabilities (birth-22 years) in Virginia. They have a two-step mission. First, to increase the capacity of schools, school personnel, service providers, and families to meet the needs of children and youth with disabilities. Secondly, to foster the state improvement goals for personnel development, which address improving the performance of children and youth with disabilities, by enhancing the knowledge, skills, abilities, and performance of all personnel who work with them.

Their [website](#) has a wealth of information regarding education!  
T/TAC serves the state free of charge.  
They provide:

- Professional Development
- Regional Training
- Individual Consultation
- Library Loans (Print materials, videos, instructional and assistive technology, and augmentative communication devices.)

- Information Searches
- Referral Services

## Moms In Motion in the Community

### Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you to:



- [Rehab Associates P.C.](#)
  - Locations across Hampton Roads, Rehab Associates P.C. specializes in occupational, physical and speech therapy services to children. They provide the highest quality service available to children in schools systems, early intervention, and outpatient clinics.
- [Watkins Early Childhood Center](#)
  - Located in Newport News Virginia, the Watkins Early Childhood Center is a Parent Educator Resource Center (PERC). They provide direct assistance to parents/guardians by listening, problem-solving and sharing resources. Resources such as, information sessions for parents and working with school staff and community to promote parent/professional partnerships. PERC can help parents become effective partners in planning and putting into effect appropriate special education programs for their children.

### Buzz about Moms In Motion

What people have been saying about us:

"Back in 2014, myself, my mother, and my sister attended a small presentation that you (Keri Ayres) gave on the Marine Corps base at Quantico at an EFMP meeting. We almost didn't attend because since we moved to Virginia in 2013, we had zero luck with help for services. I'm so glad we did though! It was a complete game changer for our family. After I told the support coordinator that we wanted the EDCD waiver screening, he had the EDCD waiver within a couple months. He also got on the ID waitlist and now has had the ID waiver for the past two years. Keri (Ayres)'s presentation was so great and clearly explained everything and answered all the questions we had been asking and no one had the answers... until Moms In Motion!"

"All of x's therapists kept telling me about it (waivers), so I applied. I told (the therapist) we were denied. The therapist told me to call Moms In Motion. So I called and you guys talked to me about our situation and told me what I needed to highlight in the screening. We applied again and were approved."

### Collaborating with Other Disability Service Organizations!

Moms In Motion's Division 3 made the best of meeting with representatives of Valley Community Service Board, eligibility workers with Shenandoah Valley Department of Social Services, and care managers and their supervisors from four MCOs. Division 3 used this networking time to improve things and smooth out kinks! We sincerely hope you benefit from Moms In Motion and

these entities working together.



## Job Opportunities at Moms In Motion

Our top priority at Moms In Motion is serving individuals and their families. Moms In Motion's team members are in a unique position because the majority of us are personally affected by disability. As a result we understand not only the struggle and the fight for what is needed but also the reward of finally getting the relief of help and assistance. We are looking for team members that are dedicated to our mission and our culture. If you are ready to empower families, please [apply](#) to join the Moms In Motion team!

### Service Facilitator:

- Position overview: Visit with and assist families in their home on a monthly basis, who are receiving Medicaid Waiver services.
- Is responsible for monitoring the services provided to individuals on the CCC+, CL & FIS waivers to ensure their safety, satisfaction, health, and welfare while living independently with supports in the community.
- Minimum requirements: Bachelor's degree, password protected internet access, clear background check, reliable transportation. Flexible hours availability. Time requirements: 15-40 hrs/week, work from home.

Here are the [current Service Facilitator positions](#) located across Virginia with links to Moms In Motion's job application. (We are also searching for Service Facilitators that speak Spanish.)

## Events



## Tools You Can Use

[Intro to Virginia Medicaid Waivers](#)

Video by Moms In Motion.

[Family Support Group Meeting for Adults with Autism](#) Meet and network with parents and caregivers! Talk about issues that face those transitioning to adulthood and in adulthood. Feb 20 6:30pm Newport News, Va.

[Courage to Succeed Luncheon](#) Promoting peaceful interactions and individuals with disabilities and law enforcement. Feb 24 11am Richmond, Va.

[Special Education Workshop](#) Hosted by Disability Law Center of Virginia. Parents will learn ways to understand the process involved with special education. You'll hear from two of their attorneys on their experiences to become a more competent advocate. Mar 2 9am Norfolk, Va.

[Virginia State Special Education Advisory Meeting](#) Share your child's story regarding the lack and/or quality of services being provided by your school district. Mar 8 12:30pm Richmond, Va.

[Cerebral Palsy Conference](#) Join Kelly's Choice Inc. to educate and bring awareness to one another. They will have relevant topics to fit those living with cerebral palsy, and for those who care for them, the caregivers. Guest speakers, networking opportunities, vendors/resources. Mar 31 9am Suffolk, Va.

These events and others can be accessed at Moms In Motion's [Calendar](#)!

## [Frequently Asked Questions](#)

Regarding Consumer Directed Services by Moms In Motion.

## [How to Fill Out a Hire Packet](#)

Video by Moms In Motion.

## [Guide to a Better Future for Youth and Adults with Disabilities](#)

by The Arc of Northern Virginia

## [Why, When, and How Can I Get the IEP](#)

[Revised?](#) Consenting to an IEP does not mean you are stuck with it - or that it will be appropriate for an entire year.

## [Navigating the Developmental Disability](#)

[Waivers](#): A Guide for Individuals, Families and Support Partners

## Waivers

- [Moms In Motion's Waiver Facebook Group](#) Discuss and ask questions about Virginia's Medicaid Waivers. (must have Facebook account)
- [VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.
- [www.VaMedicaidWaivers.org](#) The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.

## Finding Attendants

[Read](#) about becoming a Consumer Directed Personal Care Attendant and find who to contact for employment options.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern Virginia so the reimbursement rate is only relevant to Northern Virginia.)

Other strategies to find attendants:



- Relevant departments of local colleges. (OT, PT, etc)
- Local Department of Social Services and Center for Independent Living likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
  - [Craig's List](#)
  - [Care.com](#)
  - [MySupport](#)
  - [SitterCity](#)
  - [MyChoice4Care](#)



Moms In Motion is a Service Facilitation provider for Medicaid EDCD/CCC+, CL & FIS Waiver enrollees.

**MomsInMotion.net**