



Moms In Motion

Empowering One Family at a Time!

December 2016

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The Moms' Leadership Team at our 2016 Whole Team Retreat

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From the Founder:

WOW! What a year 2016 has been! Moms has grown tremendously as an organization

in numbers and in abilities. We now have over 100 team members serving almost 4000 people on waivers in Virginia! We have dug in and grew up as a company, learning about and implementing things from employer sponsored health benefits to understanding the importance of and how to grow leaders within our organization. We are looking forward to 2017. With what we have learned this year, we are prepared for the coming changes to the waiver systems in the next year (CCC-Plus, final regulations for redesign, etc.).

The most fun thing we did in 2016 was have our first ever WHOLE TEAM retreat. As a company spread throughout the state with the job of meeting you in your home, we don't get together with each other as much as we should. The meeting was a huge success strengthening relationships within Moms and re-affirming to all that we share a common vision, the vision of Empowering 1 Family at a Time!

In 2016 we focused on *Curiosity, Courage & Communication*. We believe to be a great representative of our team, we need to have the *curiosity* to think "why are we doing this this way" or "can it be done better", the *courage* to bring the questions to the forefront and the *communication* skills to create a movement. In 2017 we will focus on EMPOWERMENT. Empowerment of our team members to put their skills into action and empowerment of our community (you) to be and make the changes you want to see.

Keri

What You and Your Service Facilitator Should be Discussing

At Every Visit:

1. **If you are on the EDCD Waiver** - Are you also on the wait list for the Building Independence or Family and Individual Supports or Community Living Waiver if applicable? View the [services](#) under these [Waivers](#).
2. **Review Mobility and Behavior/Orientation levels as noted on our reports** - Are they accurately reflecting your reality?
3. **Are you enrolled in Commonwealth Coordinated Care (CCC)?** - If so, which Managed Care Organization (MCO) are you using?
4. **Any medical and/or functional changes.**
5. **Who are your attendants and are they getting paid?**
6. **Have there been any recent hospitalizations?**
7. **Turning 18** - We have an amazing [resource page](#) for young adults on our website.
8. **Reviewing time sheets** - filed by your attendants.
9. When eligibility becomes an issue... be sure your medicaid is renewed on time!

Waivers

Where to Apply for Screenings

With the waiver redesign, some things have changed with the process for applying for waivers. You can keep up with all of the latest changes on our website. To visit it, click [here](#).

Maximizing Your Benefits

IFSP Funding Cycle Now Open

The Individual and Family Support Program has announced the Funding Period for FY 2017.

- 1) The Maximum Amount of Request per individual remains at \$1000.
- 2) Applications must be postmarked on or after November 15th, 2016.
- 3) Any applications postmarked before November 15th will not be accepted.
 - Applications will be accepted on a first-come, first serve basis.
 - To be eligible for this program, an individual must be on the new, combined IDD Waiver Wait List.

The documents can be found on the website below:

<http://www.dbhds.virginia.gov/individuals-and-families/developmental-disabilities/community-support-services>

If individuals need help completing the application, or need assistance in completing the application in another language, please have them call the IFSP staff at 804/225-3810 or 804/663-7277.

PPL - Waiver Fiscal Agent/"Payroll"



Check out Moms in Motion's:

- [PPL & Aides Resource Page](#)

Check out PPL's:

- [Consumer Directed Service Resource Page](#)
- [Online Timesheet Tutorial](#)

Payroll Schedules for 2016-2017

- [A - Central VA & Tidewater](#)
- [B - Northern VA, Piedmont & Southwest](#)

Hiring a New Attendant?

Use [PPL's attendant application](#) to get a pre-populated hire packet sent to you.

Public Partnerships is Going Green

In efforts to go green, and to make it easier for you to receive information whenever you want it,

PCG Public Partnerships (PPL) will no longer mail pay stubs effective July 1, 2016. PPL will make your pay stub available for viewing and saving via the PPL Web Portal. PPL will not be mailing pay stubs OR quarterly reports now. You can access these documents online. PPL also has e-timesheets available to help get you paid faster! [Learn how.](#)

Advocacy

Forums about Regulations for the DD Waiver Program

The VA Dept. of Medical Assistance Services (DMAS) has announced that it will be holding forums about regulations for the Developmental Disabilities (DD) Waiver program. At these forums, you will have an opportunity to share your concerns and give feedback about the DD Waiver program.

At upcoming forums DMAS will present:

- An overview of the DD Waivers (Community Living, Family and Individual Supports and Building Independence)
- Updates on the regulations process and outline for drafting new regulations
- Clarifications that will be made to the emergency regulations
- New amendments

At the forums YOU may:

- Ask questions, make comments and suggestions about the regulations.

This is an important opportunity for individuals, families and other stakeholders to voice their opinions about the DD Waiver program regulations. The regulations will impact lives on a daily basis for years to come. Don't miss this opportunity to be heard and make a difference for individuals to have high quality supports and services that promote a full, meaningful life.

We are advocating for regulations that:

- Strengthen appeal rights
- Increase service facilitation reimbursement rates
- Increase protection through expanded criminal background checks
- Increase availability of customized rates to more service settings
- Increase availability of services across the three waivers
- Respond to individuals' needs for changes in services, supports and waiver type
- Identify service and support needs of waiting list individuals
- Increase consumer-directed services
- Increase consumer involvement in service planning
- Streamline management information systems and requirements
- Protect provider choice rights of anyone receiving active or waitlist services

View the current Emergency Regulations here starting on p. 97.

<https://townhall.virginia.gov/L/ViewStage.cfm?stageid=7420>

Online Public Forum Registration

The public forums will be on-site at the locations below. Register at the link below for the forum you wish to attend.

Once registration is approved, you will receive a confirmation email with all public forum details.

The number of participants allowed in each session is limited. If you do not receive the confirmation email please call 804-225-4578 or 804-371-6327. Faxed registration forms will also be accepted.

DD Waivers Public Forum Sessions & Registration

Thursday 12/15/2016 VIRGINIA BEACH

Registration: 11:30am

Seminar: 12:00pm - 2:00pm

Meyera E. Oberndorf Central Library-Auditorium

4100 Virginia Beach Blvd. Virginia Beach, VA 23452

<https://dmastraining.adobeconnect.com/ddwaivers121516/event/registration.html>

Thursday 01/05/2017 HENRICO

Registration 11:30am

Seminar: 12:00pm -2:00pm

Virginia Department of Housing Authority (VDHA)

Meeting Rooms 1-2-3 4224 Cox Road Glen Allen, VA 23060

<https://dmastraining.adobeconnect.com/ddwaivers010517/event/registration.html>

Tuesday, 01/10/2017 PRINCE WILLIAM

Registration 11:30am

Seminar: 12:00pm-2:00pm

Prince William County Government Center

Dr. A.J. Ferlazzo Building Auditorium

15941 Donald Curtis Drive Woodbridge, VA 22191

<https://dmastraining.adobeconnect.com/ddwaiver011017/event/registration.html>

Need reasonable accommodations? Contact the Department of Medical Assistance Services at least two weeks prior to the seminar at providertrainingregistration@dmas.virginia.gov.

Questions regarding the Medicaid Forums? Email: providertrainingregistration@dmas.virginia.gov or call (804) 225-4578 or 371-6327.

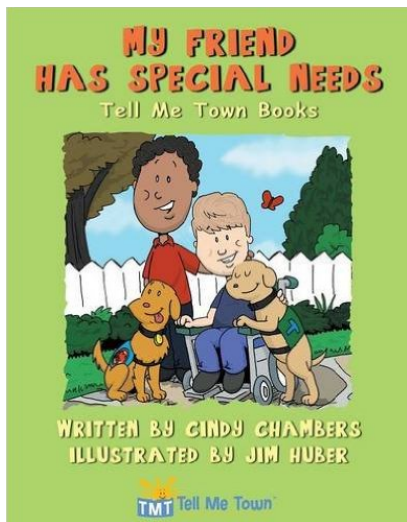
As always, thank you for your advocacy.

Spotlight On...

"My Friend Has Special Needs"

Tell Me Town Books presents, "My Friend Has Special Needs." [Click Here](#) to purchase it on Amazon. Come with Beamer and Kyle as they learn about friendship, love, and what it means to have special needs. Join them on their journey as they discover what's really important to all of us.

"My Friend Has Special Needs is a wonderful story teaching children and adults that people with special needs are no different when it comes to feelings and the need to be loved and accepted. Thank you for bridging the gap between perception and the reality that ALL people share the same needs!" Keri Ayres, Founder of Moms in Motion



Moms In Motion in the Community

Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you to:

- Joan Brunner with Partnership for People with Disabilities
- Sydney Mrowiec with Peninsula School for Autism



Buzz about Moms in Motion

"We very much appreciate you and all of Moms In Motion for your service to our community. I'm grateful to have your organization to refer our families to for assistance with Medicaid waivers and to help them better understand the process. It's empowering to know there is somewhere to turn to alleviate the confusion and better advocate for your loved ones."

"I just wanted to let you know that we are very pleased with Moms In Motion and all of you who help us! Thanks so much for all you do."

Events

Night To Shine

Night to Shine is an unforgettable prom night experience for people with disabilities ages 14 and older. On one night, February 10, 2017,



Tools You Can Use

[Intro to Virginia Medicaid Waivers](#)
Video by Moms In Motion.

[Frequently Asked Questions](#)
Regarding Consumer Directed Services by Moms In Motion.

churches from around the world will host Night to Shine for thousands of honored guests.

Click here to learn more about [Night to Shine](#).

There are several locations throughout Virginia. Registration ends this month for most of them.

Night to Shine is part of the [Tim Tebow Foundation](#), and Tim makes a surprise appearance at several of the locations that night!

[How to Fill Out a Hire Packet](#)

Video by Moms In Motion.

[Guide to a Better Future for Youth and](#)

[Adults with Disabilities](#) by The Arc of Northern Virginia

[Why, When, and How Can I Get the IEP](#)

[Revised?](#) Consenting to an IEP does not mean you are stuck with it - or that it will be appropriate for an entire year.

[Searchable Resource List](#)

Accessibility Summit

Save the Date!

The 2017 Accessibility Summit will take place March 24-25, 2017. For more information, visit their [website](#). Registration opens at the end of December.

Waivers

- [Moms In Motion's Waiver Facebook Group](#) Discuss and ask questions about Virginia's Medicaid Waivers. (must have Facebook account)
- [VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.
- [www.VaMedicaidWaivers.org](#) The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.
- Sign up for updates on Virginia's Waiver Redesign Initiative. Send an email to waiverupdates@dbhds.virginia.gov and provide your email address in the body of the email (it is not required, but feel free to also briefly note if you/a family member is on the ID or DD Waiver, on a waitlist for the ID or DD Waiver, etc).

Finding Attendants

[A Virginia Statewide Directory](#) is now available for people who would like to become a Consumer-Directed Assistant and for people who need a Consumer-Directed Assistant. People wanting to become assistants can list their skills, availability, location, and contact information. People with disabilities that need assistants can search for a person to work with them that

matches their needs.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern VA, so the reimbursement rate is only relevant to NVA.)

Other strategies to find attendants:

- Relevant departments of local colleges.
- Your local department of social services likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
 - [Care.com](#)
 - [Craig's List](#)
 - [MySupport](#)
 - [SitterCity](#)



Moms In Motion is a Consumer Directed
Medicaid Waiver Service Facilitation (EDCD, CL & FIS Waivers)
and
Case Management Provider (DD/FIS Waiver)

MomsInMotion.net