



Moms In Motion

Empowering One Family at a Time!

October 2016

(800) 417-0908 *MomsInMotion.net* *Info@MomsInMotion.Net*



Division 1 Team Meeting

Find it Quick

[What You and Your Service Facilitator Should be Discussing](#)

[Waivers](#)

[Maximizing Your Benefits](#)

[PPL - Waiver Fiscal Agent/"Payroll"](#)

[Advocacy](#)

[Spotlight On...](#)

[Moms In Motion in the Community](#)

[Events & Tools You Can Use](#)

What You and Your Service Facilitator Should be

Discussing

At Every Visit:

1. **If you are on the EDCD Waiver** - Are you also on the wait list for the Building Independence or Family and Individual Supports or Community Living Waiver if applicable? View the [services](#) under these [Waivers](#).
2. **Review Mobility and Behavior/Orientation levels as noted on our reports** - Are they accurately reflecting your reality?
3. **Are you enrolled in Commonwealth Coordinated Care (CCC)?** - If so, which Managed Care Organization (MCO) are you using?
4. **Any medical and/or functional changes.**
5. **Who are your attendants and are they getting paid?**
6. **Have there been any recent hospitalizations?**
7. **Turning 18** - We have an amazing [resource page](#) for young adults on our website.
8. **Reviewing time sheets** - filed by your attendants.

Waivers

Waiver Redesign

Waiver Redesign and System Implementation [Calls](#) in October:
Staff from both Department of Behavioral Health and Developmental Services (DBHDS) and the Department of Medical Assistance Services (DMAS) be available to answer questions on Waiver Redesign. These [calls](#) are open to the public.

Richmond Times-Dispatch September 1, 2016 News [Article](#)
"Redesign of Virginia's waiver program for people with disabilities takes effect"

Maximizing Your Benefits

Disabled Military Child Protection Act

[The Disabled Military Child Protection Act](#) allows a military parent to provide a survivor benefit for a disabled child and have it paid to a special needs trust for that child's benefit. Until this law was passed, military parents of children with disabilities faced a serious dilemma at retirement - whether or not to choose the military Survivor Benefits Plan (SBP) retirement option for their children. Members of the military can elect several options to provide for a spouse or dependent child at the military member's retirement or death. The SBP will pay up to 55% of the military member's retirement pay to a spouse and/or dependent child when the retiree dies. The member can also select a lesser benefit at a lesser cost. The military member can select between coverage for a spouse only, a spouse and children, or children only.

[Read more](#) at Special Needs Alliance by Kelly A. Thompson. Kelly has been practicing law in Arlington, Virginia for the last 20 years.

- Are you stationed at Fort Eustis? Speaker Jamie Zeagler of Moms In Motion will be there [October 25th at 1130](#). She'll answer any questions you have about Medicaid Waivers.

PPL - Waiver Fiscal Agent/"Payroll"



Check out Moms in Motion's:

- [PPL & Aides Resource Page](#)

Check out PPL's:

- [Consumer Directed Service Resource Page](#)
- [Online Timesheet Tutorial](#)

Payroll Schedules for 2016-2017

- [A - Central VA & Tidewater](#)
- [B - Northern VA, Piedmont & Southwest](#)

Hiring a New Attendant?

Use [PPL's attendant application](#) to get a pre-populated hire packet sent to you.

Rate Increase

Attendants working for a consumer in the Virginia Department of Medical Assistance (DMAS) Consumer-Directed Program and Commonwealth Coordinated Care Program will receive a 2% hourly rate increase effective for all dates worked after July 1, 2016. Attendants with timesheets already paid for dates of service on or after July 1, 2016 should have received retroactive payment for the new rate. The retroactive payment will be processed in a separate payment from regularly scheduled pay checks.

If you have questions about the rate increase, please call PPL Customer Service at 1-866-259-3009.

Current Rates -

Northern Virginia: \$11.93

Rest of the State: \$9.22

Public Partnerships is Going Green

In efforts to go green, and to make it easier for you to receive information whenever you want it, PCG Public Partnerships (PPL) will no longer mail pay stubs effective July 1, 2016. PPL will make your pay stub available for viewing and saving via the PPL Web Portal. PPL will not be mailing pay stubs OR quarterly reports now. You can access these documents online. PPL also has e-timesheets available to help get you paid faster! [Learn how.](#)

Advocacy

National Family Caregivers Month

November is National Family Caregivers Month. Celebrate those individuals who directly support you! [Caregivers National Network \(CAN\)](#) theme for this Caregivers Month is "Take Care to Give Care". CAN reminds you to pay attention to your own physical and mental wellness, and get

proper rest and nutrition. Only by taking care of yourself can you be strong enough to take care of your loved one. You really do need to "take care to give care!"

Moms In Motion has a [flyer](#) to get the word out about Attendant Registries. There are two options for Attendants to look for consumers who are in need of assistance and vice versa. Please share our [flyer](#) to ensure the growth of these Registries.

Kelly's Choice 3rd Annual Caregivers Appreciation Awards Gala. Are you a Caregiver or know a caregiver, attendant, Special Education Teacher, Homehealth Care Owner, Residential Sponsor, Wounded Warrior Caregiver, etc. Join the celebration at Kelly's Choice Gala on November 12, 2016 in Hampton, Va. at 4:00pm. [Buy tickets and nominate](#) your favorite caregiver today!

National Disability Employment Awareness Month

Spread awareness about hiring people with disabilities in the workforce in October.

- [The LEAD Center's Brief #4](#): Federal Resources Available to Support State Employment First Efforts.
- [The Campaign for Disability Employment](#)
- [Public Service Announcements](#) by Youth with Disabilities from Virginia
- [September 15, 2016 Report](#) by the Advisory Committee on Increasing Competitive Integrated Employment for Individuals with Disabilities submitted to The Honorable Thomas E. Perez, United States Secretary of Labor

Presidential Election 2016

Deadline to register to vote, or update an existing registration, for the November 8, 2016 General Election is Monday, October 17, 2016.

[The Arc of The United States](#) shares:

- What are voting rights?
- Are you registered to vote?
- Are you aware of organizations like Self Advocates Becoming Empowered (SABE) and the National Disability Rights Network (NDRN)?

[Accessible Voting Technology \(AVT\)](#) AVT's Portal to serve the needs of the accessible voting community. Through this portal:

- Researchers and manufacturers can explore and discover various technologies to enhance and improve the accessibility of voting systems,
- Researchers and accessibility advocates can identify new and exciting collaborations to advance the field of accessible voting technology, and
- Election officials and test lab representatives can use this portal as a platform to gain more knowledge and insight on AVT related research, standards, testing, and certification.

As the portal grows, it will feature current and future hot topics in AVT research, including everything from mobile voting to plain language. It will direct you to accessible voting standards, current applications of AVTs, and research projects on accessibility that push the limits of modern voting systems.

Spotlight On...

BeneCounsel, Inc.



[BeneCounsel](#) was founded in 2014, by Matt Bellinger, a father of a child with Special Needs.

BeneCounsel provides high-quality and cost-effective Special Needs legal services throughout all of Virginia. They offer free consultations regarding transition planning, SSI and SSDI appeals, disability benefits planning, and special needs estate planning. They can tell you what to expect when our child turns 18. They also answer as many questions as they can on a pro bono basis.



SVH Services

St. Vincent's Home was an orphanage built by St. Andrew's Catholic Church in Roanoke on March 1, 1893 and was staffed by the Sisters of Charity of Nazareth, Kentucky. [SVH Services](#) mission is to meet the needs of individuals with

unique learning challenges across the lifespan. Their programs are geared towards accomplishing goals associated with meaningful employment, social relationships, enjoyable hobbies and independence. All their programs can work independently or together to achieve goals for each individual client's goals.

Moms In Motion in the Community

Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you to:

- [All Nurses Care, Inc.](#)
 - Located in Mechanicsville, they help patients remain at home and in their own communities, surrounded by friends and family, while receiving the highest-quality, most compassionate home-based care possible.
- [International Rescue Committee in Charlottesville](#)
 - Helping refugees achieve economic self-sufficiency, a sense of security, and social integration.



Buzz about Moms in Motion

From one Mother to another in regards to getting their DD Waiver and who to use as a Case Manager - "Congrats! We switched to Moms In Motion about 18 months ago. I wish we had done it sooner!"

"Moms In Motion is a fabulous Case Manager for both DD and EDCD waivers. Every Case Manager and Service Facilitator I've met is extremely competent and follows through. They also have wonderful monthly and bi-weekly newsletters in addition to monthly emails that give a lot of information about services that are out there and available."

Events



[State Rental Assistance Program](#) Will provide rental assistance to individuals with developmental disabilities targeted by the DOJ Settlement Agreement so they have the means to rent in their own communities. Oct 12 & 13 Norfolk, Va.

[Students with Disabilities in the College Search & Beyond Workshop](#) for parents and students to learn about post-secondary college campus options available for students with disabilities. Oct 17 7pm Alexandria, Va.

[Learn about Medicaid Waivers](#) Speaker from Moms In Motion! Information about Medicaid Waiver the application process. Oct 19 & Nov 16 Chesapeake, Va.

[disAbility Law Center of Virginia Open House](#) Share your stories and barriers so the law center can better serve you. Oct 19 Richmond, Va.

[Dominion ABA Trick or Treat 3 Day Event](#) For families to have their children practice trick or treating in a safe and not so spooky environment. Oct 21, 28, 29 Richmond Area.

[2016 Community Resource Fair](#) Vendors from different companies to display their wares and discuss their services for individuals with special needs. Oct 27 5:30m Chesapeake, Va.

[Tidewater Autism Summit 2016](#) Family fun for all! Door prizes and Autism Service Providers, Waiver and Long Term Care Planning Sessions, De-stress area, Petting Zoo, Bubble Land, Bounce House and more. Nov 5 11am Virginia Beach Oceanfront.

[2016 Community Resource Fair](#) Huge disability resource fair, you won't want to miss it! Children/Adult Services, Recreational Programs, Vocational Information, Respite Services, Support/Advocacy Groups, Transition Services and more. Nov 14 6:30pm Virginia Beach, Va.

[2016 - 2017 Community Lecture Series](#) Vienna, Va. Multiple dates and topics. (All meetings are 7:30-9pm at MBC Tysons Community Room B, unless otherwise noted)

Tools You Can Use

[Intro to Virginia Medicaid Waivers](#)

Video by Moms In Motion.

[Frequently Asked Questions](#)

Regarding Consumer Directed Services by Moms In Motion.

[How to Fill Out a Hire Packet](#)

Video by Moms In Motion.

[Resource Directory](#) 2016 Edition created by the [Charlottesville Region Autism Action Group \(CRAAG\)](#) and [Blue Ridge Care Connection for Children \(BRCC\)](#). The purpose of this directory is to increase community awareness of resources related to autism spectrum disorders.

[Guide to a Better Future for Youth and Adults with Disabilities](#) by The Arc of Northern Virginia

[Why, When, and How Can I Get the IEP Revised?](#) Consenting to an IEP does not mean you are stuck with it - or that it will be appropriate for an entire year.

[Searchable Resource List](#)

Waivers

- [Moms In Motion's Waiver Facebook Group](#) Discuss and ask questions about Virginia's Medicaid Waivers. (must have Facebook account)
- [VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.
- [www.VaMedicaidWaivers.org](#) The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.
- Sign up for updates on Virginia's Waiver Redesign Initiative. Send an email to waiverupdates@dbhds.virginia.gov and provide your email address in the body of the email (it is not required,

These events and others can be accessed at
Moms In Motion's [Calendar](#).

but feel free to also briefly note if
you/a family member is on the ID or
DD Waiver, on a waitlist for the ID or
DD Waiver, etc).

Finding Attendants

[A Virginia Statewide Directory](#) is now available for people who would like to become a Consumer-Directed Assistant and for people who need a Consumer-Directed Assistant. People wanting to become assistants can list their skills, availability, location, and contact information. People with disabilities that need assistants can search for a person to work with them that matches their needs.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern VA, so the reimbursement rate is only relevant to NVA.)

Other strategies to find attendants:

- Relevant departments of local colleges.
- Your local department of social services likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
 - [Care.com](#)
 - [Craig's List](#)
 - [MySupport](#)
 - [SitterCity](#)



Moms In Motion is a Consumer Directed
Medicaid Waiver Service Facilitation (EDCD, CL & FIS Waivers)
and
Case Management Provider (DD/FIS Waiver)

MomsInMotion.net