



## *Moms In Motion - June 2014*

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### **A Note From the Founder**

Moms In Motion has been reviewing our company culture, mission and vision. A result of this is that we have chosen a new tagline: **"Moms In Motion, where helping to improve family quality of life is our reward!"** We feel this best:

- Represents our desire to be a value added provider to all of the families we serve;
- Highlights that we work with families as team members;
- Reminds our team members that:
  - Our job is service facilitation & sharing tools and resources with our families;
  - This is why we all love our jobs :-)



BTW: We often get compliments on the depth and scope of our website from various sources, but then find our families have not accessed this resource themselves. Have you been to our website recently? If not please take a moment to pop over to [Moms In Motion](#). There you will find:

- A page for each waiver and the IFSP and EPSDT programs to provide detailed information regarding each one.
- Resources pages for: PPL & Aides, Early Intervention, Aging, Independent Living, SSI/SSDI and many more.
- There is also a [searchable database](#) of resources.

Also, thanks to Ivy Kennedy, Moms in Motion has a [Blog](#).

## **"Changes To" & "Reminders"**

### **DMAS's Financial Eligibility (\$\$\$) for Children on Medicaid Waivers**

The Virginia Department of Medical Assistance Services (DMAS) has made a change to the financial eligibility considerations for children who use Medicaid Home and Community-Based Waivers. The basic change is that the child may have only \$1,000 of resources and assets to be eligible for Medicaid Waivers (there are spend-down options). In the past, the resources and assets of children who use Waivers were not considered. To see more detailed information click [here](#).

### **IFSP Program**

[See Below](#)

## PPL's Hire Packets & Options for Completing Attendant Applications



- PPL's attendant package has been changed to require the initials of the attendant on all five pages of the "Agreement Between Consumer & Attendant." Therefore, if you have a packet printed out, do not use the agreement in it currently. You can download the new agreement from our [site](#).
- It is preferable to complete an attendant application and have PPL send a pre-populated packet to you using instead of completing a blank hire packet. There are three ways to do this:
  1. Submit a completed [Hard Copy](#) attendant application.
  2. Complete the application [On-Line](#) (look to the right under "Resources").
  3. There is now a call in option (866) 259-3009!!! :-)

## Moms In Motion's Service Facilitation Visitation Frequency



[Change to Visitation Frequency](#) Due to recent and upcoming changes in the administration of Consumer Directed Services, Moms In Motion has decided to make the following changes to our Visit Frequency Policy.

## More Ways to Connect with Moms



Are you a busy parent on the move? Then be sure to follow us on [Twitter](#) for express news on the issues you care about! We also have brand new [LinkedIn](#) and [Google Plus](#) pages and a [Blog](#). Please follow us for the latest news in Virginia Disabilities. (Don't forget about our [Facebook](#) page and [YouTube](#) channel as well.)

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## Maximizing Your Benefits

### Early Periodic Screening Diagnosis & Testing - EPSDT

[Medicaid's catch all for children's medical needs](#). - service/equipment must be available via a Medicaid provider.

- Assistive Technology
- Behavioral Treatment Services (Applied Behavioral Analysis) - [Fact Sheet](#)
- Hearing aides
- Medical Formula
- Nursing

- Personal Care - [Fact Sheet](#)
- And so much more!

## Housing Eligibility Expanded for DD Waiver Population



Rental Choice VA, this [program](#) is a housing assistance subsidy for people to move to smaller, individual homes and out of congregate or institutional settings.

## Individual Family Support Program (IFSP) - Up to \$3,000/year for needs for individuals on the wait lists for the ID or DD Waivers

The purpose of this fund is to assist individuals on the wait lists for the ID or DD waivers and their families to support them in their community as they wait for their ID/DD "slot" to be funded.

If you are not on a wait list, please visit these pages to see if they are appropriate for you and how to apply for the [ID](#) or [DD](#) Waivers. Not sure which one is right for you? See Moms In Motion's document: [Which Waiver Wait List Should I Be On?](#) If applying for the ID waiver, your local CSB will provide case management. If applying for the DD waiver, Moms In Motion can fill the role of case manager in any locality (even if we are not "on the local list.")

"In order to meet demand and process applications in a timelier manner, IFSP funding will now have two funding periods. The first funding period will start September 15, 2014 (P1). Funding for this period will cover funding for supports and services that are required by individuals and families for a one year time period of September 15, 2014 through September 14, 2015. The second funding period will take place March 15, 2015(P2). Funds for the second period will cover services and supports for March 15, 2015 through March 14, 2016. It is requested that those wishing to ask for funding for summer camps wait until the second funding cycle to submit their requests. Funds for the program will be evenly split between the two funding periods. The cap for IFSP funding remains at \$3,000, so families may request funding during each cycle if the amounts for each period together do not exceed \$3,000. Additional guidance material will be posted on the [DBHDS](#) website shortly."

## Woman, Infants & Children Program - WIC

If your child is eligible for Medicaid and has a nutritional risk he/she may qualify to receive WIC benefits. WIC covers basic nutrition needs (milk or formula, bread, cereal, fruits/veggies, etc) for children ages 0-5. To access this resource, contact your [local health department](#) and ask to make a WIC appointment.

## Arc of Virginia's Annual State Convention

"The Arc of Virginia is committed to providing families and self-advocates with the best information and resources to support them throughout their lives. ... The Arc of Virginia is always available to answer questions and help families solve problems as their lives and needs change."  
Don't miss the opportunity to participate in this amazing [event!](#)

## Training

Seeking people with disabilities for [training](#) on healthy relationships and abuse prevention. August 2014, Richmond Virginia.

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## PPL



## Public Partnerships Updates

PPL is making changes.

Highlights:

- Change to hire packet - Attendant must initial each page of the employment agreement.
- Call option for applications - (866) 259-3009.
- Attendants who "Hard Fail" Background Checks will no longer be able to employer hop. - Some individuals who know they have a background that will hard fail will hop from one new employer to another getting paid for their work until the results of their newest background check are sent to the new employer when they are then forced to stop working. PPL will keep a "Hard-Fail List" and these people will only ever be paid for their work up until the first return of their background check. This is a great idea and improvement.
- Attendant Direct Deposit/Debit Card processing. If the Attendant does NOT return an EFT Form (Direct Deposit) with their Attendant packet, they are automatically enrolled with the Debit Card as an electronic payment method must be chosen upon processing of the Attendant packet.

## Payroll Schedules for 2014-2015

[A - Central VA & Tidewater](#)

[B - Northern VA, Piedmont & Southwest](#)

## Hiring a New Attendant?

Use [PPL's online application](#) to get a pre-populated hire packet sent to you.

## PPL Training Teleconferences

Be the Most Knowledgeable Employer You Can Be!

Call in for one of the live [training sessions](#).

Any Tuesday at 11:00 AM Eastern Time, Meeting Number 762 000 573

Any Thursday at 5:00 PM Eastern Time, Meeting Number 768 666 112

# Waivers

## EDCD Waiver Qualification Self-Help Tool

Take our [EDCD Waiver Qualification Self-help Tool](#) and then contact your local Department of Social Services (DSS) to set up a screening. See our [website](#) and [YouTube](#) video for more information regarding the requirements, process and benefits.

## EDCD Doctor Documentation

Here is an [example](#) of a letter from doctor documenting EDCD Waiver eligibility.

## Medicaid - Need assistance completing an on-line Medicaid Application?

Contact [Virginia CommonHelp](#) on-line or via phone (855) 635-4370 x1.

## DD Waiver - Housing Eligibility Expanded

Rental Choice VA, this [program](#) is a housing assistance subsidy for people to move to smaller, individual homes and out of congregate or institutional settings.

## All Waivers Reminder!

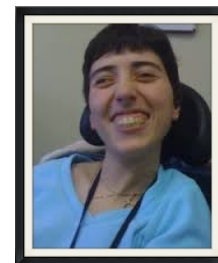
If you have stayed in a Hospital more than 30 days or an inpatient rehabilitation center/nursing facility for 1 or more days - let your service facilitator know! Your community based approvals have been interrupted (you are still eligible, no screening required) and need to be restarted - an immediate visit with your Service Facilitator upon discharge is highly recommended. Keep us in the loop.

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## Spotlight On

### A Guide to Working with Individuals Who Have Disabilities

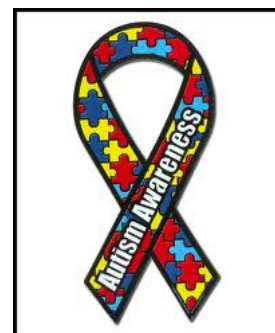
by Marisa Laios (Partners Grad, etc.)



This informative [guide](#) was created by a Self Advocate. It contains suggestions on how to communicate with people with disabilities. It also list references such as how to secure a wheelchair and apps that support inclusive education.

### The Autism Society of Northern Virginia

Applications Now Being Accepted Until July 1, 2014  
"Recognizing that autistic adults and families of individuals on the spectrum frequently have to pay out-of-pocket for services and supports that are vital to the development and independence of individuals on the spectrum, ASNV operates a mini-grant



program for [these individuals] to alleviate the financial burden. Applications are collected and reviewed semi-annually. Grants ...are up to \$1,000 per individual per cycle. These mini-grants are funded by the Intervention Assistance Fund which is filled by the proceeds of ASNV's two annual walks and other fundraising events. The percentage of reimbursement is based on an equal distribution of available IAF funds among all eligible, requested funds." Check out their site for [more info](#).

## Pediatric Partners for Attention and Learning

We are a non-traditional, multiple disciplinary practice which specializes in ensuring that children, adolescents, young adults and their parents are afforded every opportunity to reach their full potential academically and socially. Providing Specialized, Integrated, Holistic Treatment to Children & Families Experiencing:

- ADHDAasperger's
- Autism
- Bullying
- OCD
- Weight Issues
- Self-Image/Self-Esteem
- Poor Study Habits"

Visit Them at [www.pp4al.com](http://www.pp4al.com)

## The Arc of Greater Prince William/INSIGHT

### [Saturday Parents Night Out](#)

"Enjoy a day or evening out knowing you have trained adults caring for your children with disabilities and their siblings.

Registration begins one month prior to the day on which Parents Night Out is to be held. Dates are subject to change. Call The Arc office at (703) 670-5060 to register.

Fee Schedule:

Arc Members \$2.50 per family per hour

Non-Members \$5.00 per family per hour

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## Moms In Motion in the Community

### Thank you for believing in us!

Moms in Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you to:



- [Continuum](#) - "Here at Continuum, we've been providing pediatric healthcare services for over 20 years. We are proud of our long

history serving this very special population." Continuum also has the following program: "[Continuum Autism Spectrum Alliance](#) addresses the needs of those who present with signs or symptoms associated with Autism Spectrum Disorder and related developmental disabilities."

- [Decision Points, LLC](#) - "Decision Points was created in January 2011 as a community support service agency that is dedicated to advancing the benefits of Social Services to the community. The program's founder, Darrell Callis, M Ed. Created Decision Points to aid the community he grew up in and give back positive results to the population that require aid and service."
- [Infant & Toddler Connection of Virginia](#) Providing "early intervention supports and services to infants and toddlers from birth through age two [and 11 months] who are not developing as expected or who have a medical condition that can delay normal development. Early intervention supports and services focus on increasing the child's participation in family and community activities that are important to the family. ... These supports and services are available for all eligible children and their families regardless of the family's ability to pay."
- [Many Friends](#) in the community helping families access services including: Courtney Heykoop, Tiffany Firestone, David Kelly, Cheryl Salerno and Heather Jannelle.

## Call for Testimonials

Do you have a special moment with Moms in Motion? We like to know. If you'd be willing to share in a video, please contact us at [Photos@MomsInMotion.net](mailto:Photos@MomsInMotion.net).

## What people are saying about Moms In Motion:

5.8.14 - "Just spoke to another mother today who had nothing but amazing things to say about you all today. Keep up the good work. I sent a family over to you to switch to you all." ~Jillian Trionfero, Director [Dominion Waiver Services](#)

## Events



[2014 The Arc of Virginia State Convention](#) July 31 - August 2 at Short Pump Richmond. Resources, Speakers, Public Policy Issues, Breakout Sessions, and more.

[Learn about Rental Choice VA](#) June 10th in Fairfax Virginia. For people with ID/DD who currently live in Medicaid-funded group homes, intermediate care facilities, or nursing facilities, or who live with their parents. This program is a opportunity to move to safe,

## Tools You Can Use

[Intro to Virginia Medicaid Waivers](#)  
Video by Moms in Motion

[Frequently Asked Questions](#)  
Regarding consumer Directed Services by Moms in Motion.

[How to Fill Out a Hire Packet](#)  
Video by Moms in Motion.

## Attendants

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding



affordable rental housing.

[The Arc of Greater Richmond](#)

Bingo Night, Friday, July 18, 2014  
7:00 - 9:30 p.m. Chamberlayne  
United Methodist Church  
Fellowship Hall. 6100  
Chamberlayne Road. Please call  
ARC at 358-1874 or Jane Rhyne at  
883-6405 for more information.

[Disability Related Events in  
Hampton Roads Calendar](#) Stay in  
the know. Socialize. Share. Learn.

[Therapeutic Adventures](#) A  
Charlottesville based adaptive  
sports organization. Discover your  
ABILITY through adventure!

and managing qualified care  
providers. (Remember they are  
located in Northern VA, so the  
reimbursement rate is only  
relevant to NVA.)

[Precious Time](#) is a pediatric  
respite care program that serves  
families who have children with  
special needs ages birth - 18.  
JMU Nursing students are  
assigned to a family and they  
come into the home to spend time  
with the child (or children) in order  
to give the caregivers a break.

[General Strategies to find  
attendants:](#)

- Relevant departments of local colleges.
- Your local department of social services likely has a list of people interested in working as attendants.
- Utilize sites such as:
  - Craig's List
  - Care.com

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Connect with us:



Moms in Motion is a Service Facilitation provider for Medicaid CD-PAS (EDCD, ID & DD Waivers) enrollees and a Case Management provider for DD Waiver enrollees.

We are honored to serve Virginians with disabilities and their families.

[MomsInMotion.Net](http://MomsInMotion.Net)

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