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## Moms In Motion - April 2014

### Happy Spring!

(800) 417-0908

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### A Note From the Founder

#### [Moms In Motion's - EDCD Qualification Self Help Tool](#)

It's finally here! A tool to help individual's assess whether or not they meet criteria for the EDCD Waiver. To qualify for the EDCD waiver four areas of need must be exist: 1. Financial limits ***(If applying via a waiver, the financial limits are very different from the typical limits.)***; 2. Functional Needs; 3. Medical Nursing Needs; 4 Risk.

Moms In Motion has been working on a tool to help people determine if they meet criteria in two of the areas; Functional Needs and Medical Nursing Needs. We also provide general guidance for supporting the Risk criteria. Please see our self help tool and pass it along to anyone who is considering applying for the EDCD Waiver.

#### [EDCD Waiver Screening Experience Survey](#)

[DC Quality Trust](#) has teamed up with Moms In Motion to collect information from the state-wide community (You) regarding the experience of applying for an EDCD Waiver. Moms, DCQT and Virginia DMAS want to collect data regarding the experience/implementation of screenings from County-to-County/City-to-City. We want to hear what your screening/experience scheduling a screening or re-screening was like.

Please participate in this survey.



## Changes to and Reminders: Respite Authorizations

(No changes to Personal Care authorization periods are expected.)  
Due to backlogs in authorizations caused by changes last year to respite authorization periods (all enrollees ending on 6/31), the administrative organizations for the waivers are making changes - again.

Keep in mind that:

- Respite is for the purpose of providing relief to the unpaid primary caregiver for the individual served via a waiver.
- The maximum amount of hours authorized for respite is 480 hours/fiscal year.
  - Always think of the fiscal year for respite 7/1 to 6/30.
  - Consider the "authorization dates" background noise - your provider should make sure your authorizations are always active.
  - Due to authorization dates not aligning with the fiscal year, you could get a notice in say January indicating that you have been re-authorized for your 480 hours of respite. This does not mean that you have a fresh allowance of 480 hours to utilize from then until 6/30. What it means is that you have 480 hours minus respite hours already used since July 1 of the previous year.
  - If changing service facilitators/agencies, respite is not refreshed. If you've used 200, you will only get 280 to use in the remainder of the fiscal year. - Notices may seem to suggest otherwise - these are misleading - remember a max

of 480 from 7/1-6/30 total no matter who is the provider or what the circumstances are.

The Changes:

- Respite will be authorized for up to 24 months at a time.
- EDCD - DMAS will align authorization dates with dates of birth, extending to 2015.
- ID & DD - DBHDS will extend all current authorizations to 12/31/2015. Providers are expected to realign that with the plan year next time the plan year ends. (DD specific - Must be approved yearly on Plan of Care by DD Unit.)

## Visitation Frequency

[Change to Visitation Frequency](#) Due to recent and upcoming changes in the administration of Consumer Directed Services, Moms In Motion, LLC has decided to make the following changes to our Visit Frequency Policy.

## More Ways to Connect with Moms

Are you a busy parent on the move? Then be sure to follow us on [Twitter](#) for express news on the issues you care about! We also have brand new [LinkedIn](#) and [Google Plus](#) pages. Please follow us for the latest news in Virginia Disabilities. (Don't forget about our [Facebook](#) page and [YouTube](#) channel as well.)

## Maximizing Your Benefits

### Individual Family Support Program (IFSP) - Up to \$3,000/year for needs for individuals on the wait lists for the ID or DD Waivers

The purpose of this fund is to assist individuals on the wait lists for the ID or DD waivers and their families to support them in their community as they wait for their ID/DD "slot" to be funded. A maximum of \$3,000 per fiscal year per individual on the wait lists is potentially available for services. The State has allotted \$3,000,000 per year to this fund. Funds will be awarded on a first come first served basis until the full amount per year has been exhausted. These funds are expected to become available for the new fiscal year on July 1, 2014. If you are not on a wait list, please visit these pages to see how to apply for ID or DD. Not sure which one is right for you? See Moms In Motion's document: [Which Waiver Wait List Should I Be On?](#)

### Incontinence, Diabetic and Wound Care Supplies

Don't forget as a Medicaid recipient you are likely eligible for these supplies. \*\*\*If you have a child over 3 years old who still needs diapers you are likely eligible for this.\*\*\* Contact [Home Care Delivered](#) to get started. (800) 867-4412.

### Transportation Provision or Reimbursement

Transportation provision or reimbursement for non-emergency Medicaid related transportation is available via LogistiCare for FFS enrolled individuals (MCO enrollees must work with their MCO - Most individuals

on waivers are on FFS Medicaid). For FFS enrolled individuals, Logisticare can:

- 1. Coordinate transportation to and from your appointments.
- 2. Or reimburse you/your personal driver for travel to and from Medicaid appointments.

Must be pre-approved. Call LogistiCare to set your initial trips (966) 368-8331. After that, you can utilize their [LogistiCare Online System](#).

## Advocacy

### Applications Due Soon:

#### Partners In Policymaking & Youth Leadership Forum

Two great opportunities provided by the Virginia Board for People with Disabilities.

[Partners in Policymaking](#) (PIP) is for parents of children with disabilities AND adults with disabilities. This is an eight month long, one weekend a month training program. **The application deadline is April 30th.**

[Youth Leadership Forum](#) (YLF) is for high school seniors with disabilities. YLF assists to mold high school students with disabilities into leaders of tomorrow. **The application deadline is extended to April 15th.**

### April is Autism Awareness Month

"April is national Autism Awareness Month and [The Arc](#) and [Autism Now](#) National Autism Resource Information Center are working to empower people with autism spectrum disorders (ASD) with the information and resources they need to live their lives to the fullest potential. We are also working to help others become more accepting of people with ASDs."

- From The Arc of Virginia's newsletter. [Join their mailing list](#).

## PPL

### E-Timesheet Changes

PPL would like to make you aware of the following communications to EOR's and Attendants regarding upcoming changes in the E-Timesheet Submittal Process. Authorizations/Service Type when creating e-Timesheet users will no longer see the list of Provider Authorization for Consumer menu screen. On the Submit Timesheet Screen the attendant will choose the Service Type from a drop down menu. The attendant will select the service type but will no longer need to select authorization period dates. Blaze communications will go out to all e-timesheet users regarding these changes. The PPL Web Portal User Manual will be updated to reflect these step-by-step changes and will be available on the [PCG Public Partnerships, LLC Website](#).

### New I-9 in Hire Packet

[Video Tutorials](#)

## New Payroll Schedules for 2014-2015

[A - Central VA & Tidewater](#)

[B - Northern VA, Piedmont & Southwest](#)

## Hiring a New Attendant?

Use [PPL's online application](#) to get a pre-populated hire packet sent to you.

## Customer Service

How was your Public Partnerships (PPL) [customer service](#) experience? Moms in Motion is collecting data. Please add a comment detailing your customer service, including the time, date and the outcome of the call/email. If you are uncomfortable posting here, you may email your comments to [ivy@momsinmotion.net](mailto:ivy@momsinmotion.net)

## PPL Training Teleconferences

Be the Most Knowledgeable Employer You Can Be!

Call in for one of the live [training sessions](#).

Any Tuesday at 11:00 AM Eastern Time, Meeting Number 762 000 573

Any Thursday at 5:00 PM Eastern Time, Meeting Number 768 666 112

## Applying For Waivers - Updates

### EDCD Waiver Eligibility Self-Help Tool

Take our [EDCD Waiver Eligibility Survey](#) and then contact your local Department of Social Services (DSS) to set up a screening.

See our [website](#) and [YouTube](#) video for more information regarding the requirements, process and benefits.

### Need assistance completing an on-line Medicaid Application?

Contact [Virginia CommonHelp](#) on-line or via phone (855) 635-4370 x1

## Spotlight On

### Guardianship, Supported Decision Making, etc.

When an individual with a disability approaches the age of 18, many families struggle with finding the balance between honoring the individual's right for independence and autonomy and protecting them from exploitation, etc. There are many different options to consider. Such as, [Supported Decision Making](#). If the decision has been made to apply for Guardianship, understanding and funding the process can be overwhelming. A [Guardianship article](#) to help support individuals with this process has been provided to Moms In Motion by Anastasia S. Campbell, Esq, of [Clark and Associates](#), PC., a Leesburg law firm specializing in various areas of law. Anastasia can be reached at [acampbell@candalaw.com](mailto:acampbell@candalaw.com)

## The Arc of Northern Shenandoah Valley

### Applications Now Being Accepted - 2014 Autism Assistance Fund

The Autism Assistance Fund was developed in 2012 with through the generous donation of the National Philotocohos Autism Fund. Since its inception, the fund has assisted individuals with Autism receive assistive technology, therapeutic horsemanship and life-changing sensory equipment. Applications for the fund are accepted April 1-April 20, 2014. Please [download the application](#) and return to the office via fax, email or postal mail.

## Virginia's Waiver Reform

Update on the Redesign of the ID/DD Waiver Program My Life, My Community [A Report](#) Presented by DBHDS Acting Commissioner John Pezzoli to the Senate Finance Committee.

## News from Quality Trust for Individuals with Disabilities

The Jenny Hatch Justice Project's first policy brief: [Supported Decision-Making: An Agenda for Action](#).

Headquartered in Washington DC, the JHJP is a project of Quality Trust for Individuals with Disabilities, dedicated to protecting and advancing people with disabilities' right to make their own choices and determine their own paths in life, without the "need" for overbroad or undue guardianship.

## Dominion Waiver Services

[Dominion Waiver Services](#) offers unique services for individuals on the ID or DD Waiver. They provide Sponsored Residential, In Home Residential Supports and a Non-Center Based Day Support program. If you are in the Richmond or Fredericksburg area, call Jillian at (804)349-4479.

## Moms In Motion in the Community

### Thank you for believing in us!

Moms in Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know. Thank you:

- [Lutheran Family Services](#) - Provider of Adoption and foster care support, community based services, developmental services, etc. And [Essential Pieces](#) Educational workshops for families with children on the autism spectrum and the professionals who serve them.
- [Jill's House](#) - Provider "of respite for children with intellectual disabilities and their families in the Greater Washington, DC area...Our mission is to be a safe haven to which parents can entrust their children, allowing the parents a time of rest."

## Photos!!!

Thanks for the photos you've sent since our last newsletter. We want more :-). We would love to have more pictures of our community members and the impact waivers have on our families for our website, flyers and other promotional materials. If you have a picture or pictures you would like to share for these purposes, please send them along with a [photo release consent form](#) to Photos@MomsInMotion.net.

## Testimonials

Do you have a special moment with Moms in Motion? We like to know. If you'd be willing to share in a video, please contact us at Photos@MomsInMotion.net.

## In The Community

Angela West, one of our newest Public Relations Coordinators.



## What people are saying about Moms In Motion:

2.11.14 - "Moms in Motion is very good and you will receive excellent assistance there." ~Tia Marsili, Director of Trusts The Arc of Northern Virginia

2.5.14 - "Let me say what an amazing agency you have. I have been in the DD Waiver world for 10 years and I have not run into any SF's that are as good as yours are. I had one individual that we provide In Home Residential to and I referred them to you all because they were not having any luck at all. They couldn't be happier. I heard last month that you all provide CM services. This made my heart skip a beat. I know what a need it is. I used to do case management but couldn't just push paperwork I had to get my hands dirty and be a provider. We have changed the way the world (well at least Richmond) sees In Home Residential." ~Jillian Trionfero, Director Dominion Waiver Services

3.1.14 - "THANK YOU!!!! Thank you...so very very very much for your hard work!!! We really appreciate your continued effort and tenacity!"  
~L&A G

## Events

### [Independent Living: Your Way](#)

April 26, 8am - 1pm 1000 19th Street, Virginia Beach. Learn how you or a family member can continue living at home despite age, illness or disability. Cost: Free.

### [Day for People with disAbilities at Norfolk Zoo](#) May 31, 10am - 2pm.

Free admission for guest with a disability +one. Music, Actives, Inflatables, Resource booths, etc.

### [Autism Society of Central Virginia's Annual 5K](#) May 24, 8am. All funds raised from this event will provide much needed support for individuals with autism and their families in Central Virginia.

### [Parents of Autistic Children Northern VA](#) is hosting their Information and Support Group Meeting. Topic is "Teaching Replacement Behaviors". Speaker is [Meredyth Biggs, M.Ed., BCBA from Core Behavioral Consulting](#). Families frequently ask her for help to get rid of a wide range of problem behaviors: can't accept no, inability to wait, tantrum behaviors, non-compliance, aggression, and self-injury. She will be presenting on how to identify and teach replacement behaviors as an effective means for reducing problem behaviors whether in the home, school, or community setting. **It is FREE and open to the public. Saturday, May 17th 2014 from 1 to 4pm in the library/lounge of the Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax, VA.** Join their list serve: [as-nv@yahoo.com](mailto:as-nv@yahoo.com)

### [Autism 101](#)

"Want to know more about autism, what it means to be autistic, where

## Tools You Can Use

### [Intro to Virginia Medicaid Waivers](#)

Video by Moms in Motion

### [Frequently Asked Questions](#)

Regarding consumer Directed Services by Moms in Motion.

### [How to fill out a hire packet](#)

Video by Moms in Motion.

### [A Guide: Standards-based Individualized Education Program](#)

a standards-based IEP development process called a "standards-based IEP" has been recommended by Va Dept of Ed.

### [Virginia Birth-Related Neurological Injury Compensation Program](#)

helps parents take care of these children for life. It covers what insurance and other programs don't - medically necessary expenses such as medical expenses, hospital expenses, rehabilitation expenses, in-home nursing care and much more.

### [Autism on the Seas \(AotS\)](#)

Autism Friendly Cruise Line Program is the cruise industry's first Autism Friendly ship certification standard and training program. Equally exciting, Royal Caribbean, one of the largest cruise lines in the world, is the first cruise line to receive certification and training from AotS.

## Attendants

The Arc of Northern VA is hosting

### ["Finding a Consumer Directed Attendant"](#) on May 2, 12-2pm.

"...hear tips and tricks on finding, training and keeping the best attendants..."



you can find support, or what you can do to help?  
 Come attend our new series, Autism 101, where you can have these questions and more answered. Our next Autism 101 is right before our Sensory Friendly movie, so come learn more and then head next door to see Rio 2! Saturday April 19, 9-10 am. @ Microsoft Store, 1961 Chain Bridge Rd Tysons Corner, VA 22102"  
 From [Autism Society of Northern Virginia's](#) Newsletter.

[Precious Time](#) is a pediatric respite care program that serves families who have children with special needs ages birth - 18. JMU Nursing students are assigned to a family and they come into the home to spend time with the child (or children) in order to give the caregivers a break.

**General Strategies to find attendants:**

- Relevant departments of local colleges.
- Your local department of social services likely has a list of people interested in working as attendants.



Moms in Motion is a Service Facilitation provider for Medicaid CD-PAS (EDCD, ID & DD Waivers) enrollees and a Case Management provider for DD Waiver enrollees.

We are honored to serve Virginians with disabilities and their families.

<http://momsinmotion.net/>

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