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## *Moms In Motion - February 2014*

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### **A Note From the Founder**

Well, 2014 is off to a great start! I am so excited to share that Moms In Motion (Moms) has added to our [YouTube](#) video collection a presentation introducing individuals, families and professionals to Virginia Medicaid Waivers. We all know that understanding and thus beginning the process of applying for this incredible resource can be very daunting. We at Moms have helped over 1000 people navigate this maze and hope that this tool will help 1000's more. Please take a moment to view this video and/or share it with people you think it might help! [Intro To Virginia Medicaid Waivers - by Moms In Motion](#) - We also have videos on our YouTube Channel to help with consumer directed tasks such as hiring attendants (more to come).

We are also developing a survey on our website for people to utilize to see if they would likely meet the functional and medical/nursing criteria of the EDCD Waiver. (Once that is finalized, we will move on to DD & ID waiver criteria.)

We are also pleased to announce we will be filling the position of Public Relations Specialists with Angela West and Creed Leffler.

Happy Valentines Day from all of us!



## Advocacy

### Applications Are Now Being Accepted for Virginia's Partners In Policymaking and Youth Leadership Forum

Two great opportunities through the Virginia Board for People with Disabilities.

[Partners in Policymaking](#) is for parents of children with disabilities AND adults with disabilities. This is an eight month long, one weekend a month training program. The application deadline is April 30th.

[Youth Leadership Forum](#) (YLF) is for high school seniors with disabilities. YLF assists to mold high school students with disabilities into leaders of tomorrow. The application deadline is March 31st.

## Maximizing Your Benefits

### HIPP For Kids

Don't forget, if you have an employer sponsored insurance **and** Medicaid, Medicaid may potentially reimburse you for your premium payments via their Health Insurance Premium Payment for Kids programs ([HIPP & HIPP For KIDS](#)). For instance:

- a family of four has a monthly premium for insurance via mom's

employer of \$300/month.

- one of the children is a Medicaid Waiver recipient.
- Medicaid may reimburse all or a portion of mom's premium payment to assist mom in keeping the family plan so that Medicaid can remain the secondary insurance for the child enrolled in Medicaid.

See their website and ask your Service Facilitator/Case Manager for more information.

## PPL

### New Payroll Schedules for 2014-2015

[A - Central VA & Tidewater](#)

[B - Northern VA, Piedmont & Southwest](#)

### Hiring a New Attendant?

Use [PPL's online application](#) to get a pre-populated hire packet sent to you.

### Customer Service

How was your Public Partnerships (PPL) [customer service](#) experience? Moms in Motion is collecting data. Please add a comment detailing your customer service, including the time, date and the outcome of the call/email. If you are uncomfortable posting here, you may email your comments to [ivy@momsinmotion.net](mailto:ivy@momsinmotion.net)

## Applying For Waivers - Updates

### Appeals Process

If you are found to be ineligible for waiver services by a screener/screening team, you can appeal the decision. Look at the end of your decision letter for details on the appeal process. Keep in mind:

1. This process must be started within 30 days of receipt of written notice of the decision.
2. Appeals are based on the information presented at the screening. If circumstances have changed, then a re-screening verse an appeal would be appropriate.
3. You cannot appeal a decision you do not have written notice of, so make sure to get decisions in writing from the appropriate personnel.

## Moms In Motion Community

## Photos!!!

Thanks for the photos you've sent since our last newsletter. We want more:-) We would love to have more pictures of our community members and the impact waivers have on our families for our website, flyers and other promotional materials. If you have a picture or pictures you would like to share for these purposes, please send them along with a [photo release consent form](#) to [Photos@MomsInMotion.net](mailto:Photos@MomsInMotion.net).

## Spotlight On

### My Life, My Community

This past fall, more than 1,000 stakeholders attended public forums across the state to share their thoughts and ideas about Virginia Medicaid Waiver system. Phase One is now complete. [Read the report](#) from the Commissioner of Department of Behavioral Health and Developmental Services (DBHDS).

### Events

[Autism and Problem Behaviors: Addressing Concerns in School and Home Settings](#) 2 day workshop in Columbia Maryland March 7th-8th.

[Virginia Medicaid Waivers - Navigating the System](#)  
Moms in Motion is honored to be hosted by Formed Families Forward in Fairfax. - coming soon.

Moms in Motion will be at the Family Resource Fair at Easton Preschool in Norfolk. March 27th, 5-6:30pm  
Dinner (pizza and drinks) will be provided.

[2014 The Youth Summit](#) At JMU June 18th-20th For youth with disabilities aged 13-22 and their parents. Learn to be better advocates and lead more self-determined lives. App Due March 21st.

[Commonwealth Autism Service's 13th Annual Autism Conference](#)  
At The Westin Hotel in Richmond on March 12 & 13, 2014.

### Attendants

### Tools You Can Use

[Deaf and Hard of Hearing Landing Pad](#) Virginia Early Intervention Guide

[Intro to Virginia Medicaid Waivers](#)  
Video by Moms in Motion

[Frequently Asked Questions](#)  
Regarding consumer Directed Services by Moms in Motion.

[Parent to Parent USA](#) Resource for families with children who have a special health care need, disability, or mental health issue.

[How to fill out a hire packet](#)  
Video by Moms in Motion.

[When the School Says No...How to Get the Yes! - IEP help](#)

[Crisis Intervention Training Teams](#)  
If your family member with disability has a crisis and is harming themselves or others and you need to call 911, ask for a CIT team member to respond.

[Hospitalization Insurance](#) Families with a medically fragile child who is in and out of the hospital a lot might want to look into hospitalization insurance. It can

You might try to find attendants via:

- Relevant departments of local colleges.
- Your local department of social services likely has a list of people interested in working as attendants.

reimburse the parent for missed work.

[Precious Time](#) is a pediatric respite care program that serves families who have children with special needs ages birth - 18. JMU Nursing students are assigned to a family and they come into the home to spend time with the child (or children) in order to give the caregivers a break.



Moms in Motion is a Service Facilitation provider for Medicaid CD-PAS (EDCD, ID & DD Waivers) enrollees and a Case Management provider for DD Waiver enrollees.

<http://momsinmotion.net/>

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