

Moms In Motion

Leveraging our Passion, Talent & Experience to lead Families to the
Answers, Help & Hope they need!

October 2019

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Moms In Motion Leadership at SOAR365 in Richmond, Virginia.
(To learn more about this amazing organization, please see our "Spotlight On" section)

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WAIVERS

MCO Open Enrollment

Open enrollment starts October 1, 2019 and ends on December 18, 2019. If you choose to switch your MCO, the new MCO plans will be effective January 1, 2020.

If you choose to switch MCOs please know:

- Continuity of Care is 30 days.
- Your number of Personal Care hours are not guaranteed with the new MCO.
- Your Fiscal Agent may change.
- MCOs have different doctors/specialists, medical transportation companies, gas reimbursement plans, DME/EM/AT providers. Please do your research.

Tell your Services Facilitator if you switch MCOs

Moms In Motion needs to know which MCO to send authorization requests to. The MCO approves authorizations and then sends it to your Fiscal Agent. If these steps do not happen timely, you may be at risk for a lapse in services.

Changes to your MCO, Health Insurance Premium Payment (HIPP) Program Enrollment, or Medicaid eligibility affects your authorization for Personal Care, Respite, and Companion hours. Your Service Facilitator is often one of the last to know about these types of changes. You must have an authorization in place with the appropriate MCO and fiscal agent in order for your attendant to work and get paid. Don't risk a lapse in services.

Helpful links:

Please feel free to join our Facebook Medicaid Waiver Discussion Group to chat about the six MCOs. Be aware this group is public: <https://www.facebook.com/groups/985571548131179/>

CCC Plus Website for answering questions about MCOs and to check which doctors/therapists/etc are on which MCO. For a more compressive list, google search "Provider Directory" by MCO.

Website: <https://www.cccplusva.com/>

If you receive a balance notice or EOB:

**Moms In Motion's services are covered by
DMAS/MCO & considered paid-in-full.
No balance billing is permitted by any entity.**



Personal Care for CL/FIS Waiver Individuals



REJOICE:

Effective September 4, 2019, Community Living (CL) and Family & Individual Supports (FIS) waiver recipients under the age of 21 will no longer be required to have a physician complete the DMAS7 annually in order to request approval for services.

WHO TO CONTACT IF YOU MOVE:

- Dept of Social Services in your current locality advising them of the move
- Your Service(s) Facilitator
- Your MCO
- Your current Community Services Board
- Advise those at HIPP
- All Doctors offices & Pharmacies
- Social Security Administration if you are receiving benefits like SSI (must be done in person)
- SIGN UP FOR USPS INFORMED DELIVERY [here](#)

DD Waiver Eligibility

Did you know that you can be served through the CCC Plus Waiver AND also be on the waiting list for one of the DD Waivers at the same time? To be eligible for one of the three DD Waivers you must meet Virginia's definition of a Developmental Disability. You can start the application process for getting on the DD Waiver wait list any time.

The three DD Waivers are not medically driven. There are still criteria for financial and functional areas, however, they are meant to assist individuals with Developmental Disabilities.

Definition of a Developmental Disability means a severe, chronic disability of an individual that:

1. is attributable to mental or physical impairment or a combination of mental and physical impairments, other than a sole diagnosis of mental illness;
2. is manifested before the individual reaches 22 years of age;
3. is likely to continue indefinitely;
4. results in substantial functional limitations in three or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, self-direction, capacity for independent living or economic self-sufficiency; and
5. effects the individual's need for a combination and sequence of special interdisciplinary or generic services, individualized supports, or other forms of assistance that are of lifelong or extended duration and are two of three individually planned and coordinated.

An individual from birth to age nine, inclusive, who has a substantial developmental delay or specific congenital or acquired condition may be considered to have a developmental disability without meeting three or more of the criteria described in clauses (1) through (5) if the individual, without services and supports, has a high probability of meeting those criteria later in life.

To get a screening for one of the DD Waivers, contact your local Community Services Board or Department of Behavioral Health.

Monthly Discussion with your Service Facilitator

1. New for this period:

1. Open Enrollment: Do you plan on changing your MCO?
2. Review Mobility and Behavior/Orientation levels as noted on our reports. - Are they accurately reflecting your reality?
3. Which of the three Fiscal Agents are you using?
4. Are you set up for EVV?

2. At every visit:

1. Which Managed Care Organization (MCO) are you currently using? **Let us know if it changes!**
 2. Is your child/are you on HIPP for Kids/HIPP?
 3. Has there been a change to the the Employer of Record (EOR)? Is it accurately reflected in your Fiscal Agent's portal?
 4. Changes: Any medical and/or functional changes since our last visit?
 5. **Any recent hospitalizations?** Who is your current Primary Care Physician (PCP)?
 6. Who are your Attendants and are they getting paid?
 7. **Do you have a back-up caregiver?** A back-up caregiver can not be the Primary Care Giver (PCG) or the Employer of Record (EOR).
 8. **Turning 18?** There are steps you need to take to not lose services. Our amazing Resource Page for Young Adults will guide you through it and more!
 9. Confirm your **authorizations** via your Fiscal Agent's Portal. Attendants cannot start working until authorizations are approved.
-

Maximizing Your Benefits

How to Renew Medicaid

If you are currently enrolled in Medicaid, FAMIS or Plan First, your health care coverage needs to be renewed annually. Many valuable benefits are attached to Medicaid, so you'll want to be sure Medicaid stays active so you do not lose any services. If you fail to renew Medicaid it will be a long and difficult process to restore all of your services.

If you recently received a renewal application for Medicaid, FAMIS or Plan First programs, you may have noticed that the application looks different than before. There's a new process to renewing your coverage. The first time you use this new form to renew, it may take you longer than before to complete. However, you could be automatically renewed for up to 5 years without having to complete a renewal form if nothing has changed and you check a box at the end of the form that allows Social Services to look at your electronic income data each year, including information from tax returns.

Ways to Renew Medicaid:

1. Online - Through your account on www.commonhelp.virginia.gov
2. By phone - Call Cover Virginia at 1-855-242-8282
3. By mail - Complete the paper renewal form and return it to your local Department of Social Services.

Call your local Social Services office if you have not received a renewal form in the mail.

Amazon Prime

Amazon Prime is \$5.99 a month for qualifying customers with an EBT or Medicaid card.
Cancel anytime.

[Click here](#) to sign up!



Disability Services and Supports in Virginia Video

This [video](#) by [The Arc of Northern Virginia](#) is an excellent resource that briefly encompasses the many services and supports for individuals with disabilities!

Topics discussed:

Extensive Information on Medicaid Waivers	Special Needs Trusts	EPSDT Program (This video does not feature current EPSDT info)
Waiver Application Process	ABLE Accounts	Billing Flow
Assessments (Tools to determine supports)	MCOs	and much more!
Eligibility Requirements	HIPP	Video Link

Fiscal Agents (Attendant Payroll)

Medicaid waiver-funded Home and Community Based Services (HCBS) programs use fiscal agents to manage payroll and taxes for Personal Care Attendants.



It's important for you to know which fiscal agent you use. The fiscal agents are contracted with the various MCO's and unfortunately, you are not able to select one over another.



If you are on a CL/FIS waiver, your Fiscal Agent is CDCN. You cannot choose a different one. The three fiscal agents have differences and it's important you know which one you need to be registered with so your attendants will be paid on time.



If Your Fiscal Agent is Public Partnerships (PPL)

Attention CCC+ Waiver Individuals with MCOs United, Optima, Anthem, and Aetna

IVR/Landline Registration is OPEN!!!

This is available for attendants that opt to use a landline/IVR to submit their time.

The Employee Of Record (EOR) will need to contact Customer Service to make sure we have the correct address and phone number of the consumer on file. At that point, they will be given instructions and the IVR # for their attendants to call their time in. The IVR/landline option will be available starting 9/26/2019.

Contact info:

Public Partnership (PPL)

Phone: 1-833-549-5672

Email: pplva@pcgus.com

Website: <http://www.publicpartnerships.com/programs/virginia/index.html>

Responsibilities of an Employer Of Record (EOR)

It is important that EORs understands both responsibilities and rights as an employer.

As the EOR of Consumer Directed services you are responsible for:

1. Writing attendant job descriptions
2. Recruiting, hiring, training, supervising, managing, and, if necessary, dismissing attendants as needed
3. Establishing performance criteria for each attendant
4. Establishing schedules and tasks to be completed by each attendant
5. Keeping track of the services provided by the attendant
6. Establishing a system for signing and submitting timesheets

Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!

Job Opportunities at Moms In Motion



Join Our Team!

Do You Want To:

- have a positive impact on people's lives?

- have a positive impact on people's lives?
- see the joy in someone's face when you tell them about a little resource that will make a big difference in their lives?
- have the chance to help people in your community on a day-to-day basis?

Apply Today to Become a Service Facilitator

Moms In Motion / At Home Your Way is looking for talented individuals to join our team! We are hiring Service Facilitators all across the state of Virginia. Apply today!

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office). Moms In Motion / At Home Your Way has been a leader in this industry for over nine years. We are a value added provider. We help families to administer their consumer-directed services & link them to additional services.

If you can answer "Yes" to these questions we want you to Join our Team of ACES:

- Do I enjoy ADVOCATING?
- Am I COMPASSIONATE?
- Do I strive for EXCELLENCE in everything I do?
- Do I care about person-centered SERVICE?

Skills and Qualifications include:

- Associate's Degree or greater in Human Services or related field.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.

We are currently hiring in all locations in Virginia!!!

To ensure your Moms In Motion / At Home Your Way application is processed correctly, please use the the links on our Job Opportunities page to apply for the Service Facilitator position in or around your home area.

Share this section with your network, friends and colleagues by copying this link: <https://conta.cc/2AtA0Zv>

Email questions to: HR@MomsInMotion.net

Get a gift for referring someone!

If you know someone that would make a great Service Facilitator, please refer them to Moms In Motion. Ask them to put your name and contact info on their application. If they work out as an employee, you could receive a gift for your referral.

**Service Facilitators make a positive difference
in the lives of the individuals and families they serve.
Moms In Motion is in its tenth year as a Service Facilitation Provider!
We are the Biggest because we are the Best!
Come Work with the Best :-)**

Advocacy

National Core Indicators

The National Core Indicators is a voluntary effort by public intellectual and developmental disabilities agencies to measure and track their state's performance in providing services to people with intellectual disabilities. DBHDS (Department of Behavioral Health and Developmental Services) contracts with the

disabilities. DBHDS (Department of Behavioral Health and Developmental Services) contracts with the Partnership for People with Disabilities at Virginia Commonwealth University to conduct face-to-face interviews with people with disabilities who use supports and services in Virginia.

We are looking for part-time, contractor assistance with this project to conduct interviews. This is a short-term, contract position which pays for each interview conducted and partial mileage. Although the interviews are conducted state-wide, at this time we are only looking for help in the Lynchburg area and in any of the counties of Northern Virginia, including Arlington, Alexandria, Fairfax, Loudoun or Prince William. The project runs from Sept. 2019 to June 2020.

If you are interested in learning more about this job, you can contact me at cgsnyder@vcu.edu.

Thank you,
Colleen Snyder
Region 1 Regional Coordinator
Partnership for People with Disabilities
Virginia Commonwealth University
cgsnyder@vcu.edu

Autism Dads of Northern Virginia

"My first project that I am starting up is a Group called Autism Dads of Northern Virginia. I heard of a similar group in Orlando and talked to the guy who started it and we decided I would start one here. Most groups are geared towards Moms. This group is going to be strictly for Dads of kids on the Autism spectrum and will be what I am calling a Social Group with Support. We will meet monthly at a local brewery or restaurant (moving it around the area) to get together and bond over a beer! Sometimes having a child with special needs can make you feel like you're on an island as you may not meet other dads through sports or other activities. This just gives everyone an opportunity to get out and share a beer and experiences or just talk about anything else! So, if you know anyone else who has a child/children with Autism please pass this on to them.

*This is completely free, there is no cost other than your drinks and food at an event.

Here is the link to the group:

<https://www.facebook.com/groups/2423604324375222/>

(if you're not on Facebook send me an email and I can create an email list as well)

I am just hoping we can build a community of Dads that can all learn from each other and build a network.

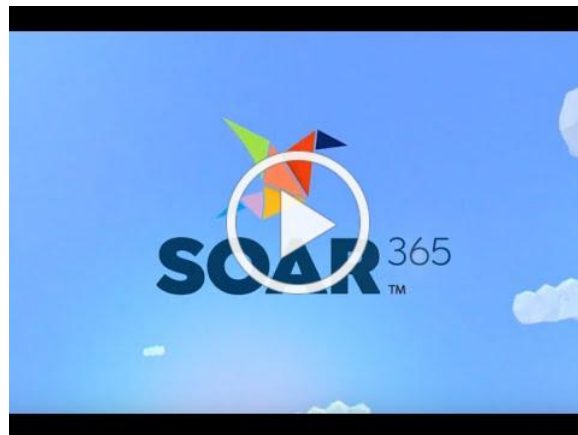
Thanks!

Steve"

Spotlight On...



SOAR365 has been assisting people with disabilities and their families for 65 years! Located in Richmond Virginia, SOAR365 takes a different approach to supporting people with disabilities. Turning obstacles into achievement is SOAR365's mission. Rather is it's showing a new parent resources or showing an adult that they belong, SOAR365 creates life enriching opportunities everyday. Their continue of services throughout the lifespan makes the community strong as a whole. For respite services to employment services to summer camp to their all inclusive park, SOAR365 truly covers all aspects of living or caring for an individual with a disability. Along with supporting families, SOAR365 works closely with people with disabilities. They have a safe and nurturing environment, but people learn skills while having fun! SOAR365 can provide parents with instruction inside homes, working with parents to show them the best life for their child with a disability. To learn more, please visit their [website](#).



SOAR365 - Formerly the Greater Richmond ARC

Moms In Motion in the Community

Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know.

Thank you to:

- [Family Insight, P.C.](#)
 - With locations across Virginia, Family Insight provides in-home ABA therapy as well as clinic based ABA therapy for individuals up to 21 years of age. They accept Medicaid, the Waivers, and most commercial insurances. Their mission is fulfilled by a group of highly qualified, community-minded professionals who support families and individuals with treatments for a diverse spectrum of mental health needs. They offer an array of services and therapies.
- [Harmony Home Care](#)
 - Located in Chesapeake they provide a wide variety of services from simple companionship and household duties, meal planning and nutrition, respite care and basic personal care, to more specialized therapies.



Events



These events and others can be accessed at Moms In Motion's [Calendar](#)!

Tools You Can Use

[CCC Plus Waiver Application Process](#)

Resource Page by Moms In Motion.

[Searchable Resource List](#) by Moms In Motion.

[Acronym List](#) by Moms In Motion. What do those letters mean?

[Guide to a Better Future for Youth and Adults with Disabilities](#) by The Arc of Northern Virginia.

[Why, When, and How Can I Get the IEP Revised?](#)

Consenting to an IEP does not mean you are stuck with it, or that it will be appropriate for an entire year.

[Navigating the Developmental Disability Waivers: A Guide for Individuals, Families and Support Partners.](#)

[Supported Decision-Making: Alternatives to Guardianship](#) Video Series

[2018 Directory of Services for People Who Are Deaf, Hard of Hearing and Deafblind](#) by the Virginia Department for the Deaf and Hard of Hearing (VDDHH).

Health Insurance Premium Program (HIPP) and HIPP for Kids informational [3 minute video](#) by The Arc of Northern Virginia.

Waivers

[Moms In Motion's Waiver Facebook Group](#) Discuss and ask questions about Virginia's Medicaid Waivers, etc. (must have Facebook account)

Your Moms In Motion Service Facilitator is ready to answer your questions. Our team of [Family Resource Specialists](#) are also here to help you too!

[VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.

[www.VaMedicaidWaivers.org](#) The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.

Finding Attendants

[Read](#) about becoming a Consumer Directed Personal Care Attendant and find who to contact for employment options.

[Blog with videos](#), etc, to explain to another what an attendant is and highlight characteristics of a top quality attendant.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers. (Remember they are located in Northern Virginia so the reimbursement rate is only relevant to Northern Virginia.)

Other strategies to find attendants:

- Relevant departments of local colleges. (OT, PT, etc)
- Local Department of Social Services and [Centers for Independent Living](#) likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
 - [Craig's List](#)
 - [Care.com](#)
 - [SitterCity](#)
 - [MyChoice4Care](#)
 - [Indeed](#)

CONNECT WITH US!



Moms In Motion is a Service Facilitation provider for Medicaid CCC+, CL & FIS Waiver enrollees.

MomsInMotion.net