

# Moms In Motion

Leveraging our Passion, Talent & Experience to lead Families to the  
Answers, Help & Hope they need!

June 2019

1-844-828-5591

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Southeast Division Leadership Team Meeting!

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# What You and Your Service Facilitator Should be Discussing

## 1. New for this period:

1. If you are on the [CCC Plus Waiver](#), did you know that you could also be on the waiting list for one of the three [DD Waivers](#) (Building Independence, Family and Individual Supports or Community Living)? [How to apply for the FIS or CL Waiver](#).
2. Review Mobility and Behavior/Orientation levels as noted on our reports. - Are they accurately reflecting your reality?
3. Which of the three Fiscal Agents are you using?
4. Changes to Personal Care for individuals under 21.

## 2. At every visit:

1. Are you enrolled in [CCC Plus](#) (Commonwealth Coordinated Care Plus)? If so, which [Managed Care Organization](#) (MCO) are you currently using? **Let us know if it changes!**
2. Is your child/are you on [HIPP for Kids/HIPP](#)?
3. Who is the Employee of Record (EOR)? Is that accurately reflected in your Fiscal Agent's portal?
4. Changes: Any medical and/or functional changes since our last visit? **Any recent hospitalizations?** Who is your current Primary Care Physician (PCP)?
5. Who are your attendants and are they getting paid? Do you have a **back-up caregiver**? A back-up caregiver can not be the Primary Care Giver (PCG) or the Employer of Record (EOR).
6. **Turning 18?** There are steps you need to take to not lose services. Our amazing [Resource Page](#) for Young Adults will guide you through it and more!
7. Review time sheets. Make sure hours noted by attendant matches the hours worked :-)
8. Confirm your **authorizations** via your Fiscal Agent's Portal. Attendants can not start working until authorizations are approved.

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## Waivers

### Electronic Visit Verification

What is EVV? Electronic Visit Verification (EVV) uses technology to electronically record when attendants begin and end providing services to Medicaid members. These systems require a device like a mobile phone or landline to collect attendant's start and end times.

Who is affected by EVV? EVV affects attendants providing Consumer Directed personal care, respite care, and companion services to Medicaid members. Effective, October 1, 2019, DMAS will no longer accept paper timesheets. This change is required by a federal rule.

EVV Training Sessions:

- June 18 2pm
- June 19 10am
- June 20 4pm
- June 25 2pm
- June 26 10am
- June 27 4pm

[Sign up links for each session.](#)

Be aware that these links will not be active until the day of the session.

[CDCN EVV Information Form](#)

[DMAS Electronic Visit Verification \(EVV\) Information Page](#)

Includes:

- Federal Retirements
- Virginia Requirements
- Training Times and Sign Up Links
- Summary
- and more.

Moms In Motion's Newsletters will provide updates on EVV as they come in, make sure you are [subscribed](#).

## **Personal Care is now under the CCC Plus Waiver for Individuals under 21**

Last year, Medicaid CCC Plus Waiver Personal Care for individuals under the age of 21 changed. The change required new forms and a new process for authorizing Personal Care using standards for [Early and Periodic Screening, Diagnosis and Treatment \(EPSDT\)](#). It required the child's doctor to fill out the [DMAS-7 form](#) and left no room for error. The changes were confusing and resulted in some young people experiencing a lapse in Personal Care services while waiting on the form and/or receiving fewer hours of Personal Care than they had in the past.

The [Virginia Department of Medical Assistance Services \(DMAS\)](#) has worked with the federal Centers for Medicare and Medicaid Services (CMS) to reverse the change that was made last year. The change went into effect May 1, 2019 for people under the age of 21 who use the CCC Plus Waiver. Personal Care hours for those under 21 who are on the CCC Plus Waiver no longer go through Early and Periodic Screening, Diagnosis and Treatment (EPSDT)! This is great news for all involved!!! Moms In Motion congratulates those parents who advocated to bring about this change!

What does this mean for those under 21 on the CCC Plus Waiver? It means you will no longer be required to get the DMAS-7 form filled out and signed by your child's doctor in order to get an authorization for Personal Care hours. Instead, your Moms In Motion Service Facilitator will be able to do a Plan of Care which does not necessarily require input from your child's doctor (unless certain supervision tasks are needed). This leaves the process the same as it was prior to September 1, 2018.

### Important Things to Know:

- As of May 1, 2019 Personal Care can be authorized through the CCC Plus Waiver for individuals under 21.
- Private Duty Nursing and Assistive Technology will continue to be authorized through EPSDT for individuals under 21.
- This change does not affect Medallion. For those with Medallion, Personal Care will still be under EPSDT.
- More details are shown in this [slideshow video](#) with audio by [Cover Virginia](#).

### Moms In Motion's Special Edition Newsletters:

- [Q & As, Process for reauthorization comparison chart, and more.](#)
- [Respite authorizations, Respite hours, How the change impacts HIPP, and more.](#)

## **The Appeals Process:**

If your Personal Care services are denied or reduced and you disagree, please consider filing an appeal. If denials and reductions are happening frequently and there are no appeals, Department of Medical Assistance Services (DMAS) will not know the magnitude of the problem.

Each managed care plan (MCO) has their own internal process to follow before filing an appeal with DMAS. When you were provided written notice about the reduction or denial of services, you should have received written directions about how to file an appeal. You can also contact your managed care plan for details about their appeal process. [MCO contact information](#).

If your request for reconsideration of the reduction or denial is not successful with the managed care plan, you can still file an appeal directly to DMAS. [DMAS appeal process information](#).

Even before you file an appeal, you can contact the CCC Plus Advocate Team (804-662-7162) at the [Office of the State Long-Term Care Ombudsman](#) for advocacy support. They have a contract

with DMAS to provide advocacy assistance to people of all ages who are having problems getting services from their CCC Plus managed care plan.

Your CCC Plus Care Coordinator at your MCO can assist individuals and families with filing appeals. Some individuals prefer to have an independent entity assisting them when they do need help. **Your Moms In Motion Service Facilitator is not responsible for appeals and does not have expertise in this area.**

#### Important information about authorizations:

DMAS/Kepro are in charge of authorizations for Fee For Service (FFS). The MCOs are in charge of authorization for those with the CCC+ waiver under an MCO. DBHDS is in charge of authorizations for CL/FIS Waiver services. While Moms In Motion submits these requests on behalf of our clients, Moms In Motion **does not** authorize Personal Care hours. [See CCC Plus Waiver Pre-authorization process chart](#). Attendants **should not** be working unless there is an authorization in place.

## DD Waiver Eligibility

Did you know that you can be served through the CCC Plus Waiver AND also be on the waiting list for one of the DD Waivers at the same time? To be eligible for one of the three [DD Waivers](#) you must meet Virginia's definition of a Developmental Disability.

There is no wait list for the CCC Plus Waiver. [Moms In Motion's Family Resource Specialists](#) can guide you through the Waivers application process! In the meantime, you can start the application process for getting on the DD Waiver wait list any time.

To request a screening to determine [eligibility for a CCC Plus Waiver](#), contact your local Department of Social Services (DSS) for adults, or Department of Health (DOH) for kids. You can not be denied a screening. You do not need Medicaid in order to be screened. Screenings can take place in your home or when the individual is hospitalized. [Assessments](#) are completed by representatives of the Health Department and Social Services to determine if the individual meets the financial, functional, and medical criteria. Please keep in mind that the CCC Plus Waiver is a medical waiver, meaning that the individual must meet the level of criteria of being placed in a Nursing Facility in order to qualify. This doesn't mean that the individual will actually be placed in a Nursing Facility. It simply means they are at risk of being placed if they do not get the CCC Plus Waiver to keep them in the community.

The three DD Waivers, on the other hand, are not medically driven. There are still criteria for financial and functional areas, however, they are meant to assist individuals with Developmental Disabilities.

Definition of a Developmental Disability means a severe, chronic disability of an individual that:

1. is attributable to mental or physical impairment or a combination of mental and physical impairments, other than a sole diagnosis of mental illness;
2. is manifested before the individual reaches 22 years of age;
3. is likely to continue indefinitely;
4. results in substantial functional limitations in three or more of the following areas of major life activity: self-care, receptive and expressive language, learning, mobility, self-direction, capacity for independent living or economic self-sufficiency; and
5. effects the individual's need for a combination and sequence of special interdisciplinary or generic services, individualized supports, or other forms of assistance that are of lifelong or extended duration and are two of three individually planned and coordinated.

An individual from birth to age nine, inclusive, who has a substantial developmental delay or specific congenital or acquired condition may be considered to have a developmental disability without meeting three or more of the criteria described in clauses (1) through (5) if the individual, without services and supports, has a high probability of meeting those criteria later in life.

To get a screening for one of the DD Waivers, contact your local Community Services Board or Department of Behavioral Health.

## Shared Living Toolkit

Shared Living is a service on all three of the [DD Waivers](#). Shared Living is Medicaid payment for a portion of the total cost of rent, food, and utilities that can be reasonably attributed to a person who has no legal responsibility to support the individual and resides in the same household as the individual. Parents and spouses are excluded. Ask your DD Waiver Support Coordinator for more

information on Shared Living.

[Shared Living Toolkit: A resource for the Shared Living Service under the DD Waivers](#)  
by Virginia Department of Behavioral Health and Developmental Services (DBHDS)

## Report on changes observed in DD services between June and November of 2018

On November 9th, 2017, the Office of Provider Development (OPD) in the Division of Developmental Services (DDS) at the Department of Behavioral Health and Developmental Services (DBHDS) hosted the first Provider Data Summary webinar called, State of the State. This process was designed to engage and inform Virginia's developmental disability (DD) providers about the state of DD services across the Commonwealth.

The initial session centered on a variety of data drawn from Virginia's Waiver Management System (WaMS). The focus was to better understand, at a regional level, where services are located and the proximity of people with disabilities to those options. In the spring of 2018, a second session introduced a "Baseline Measurement Tool," which serves as the tool DBHDS uses in understanding the locations of more integrated service options and the change in those options over time.

[This report](#) focuses on a subset of [DD Waiver](#) services considered to be more integrated, which include:

Community Coaching	Independent Living Supports	Crisis Support Services
Community Engagement	In-home Supports	Private Duty Nursing
Community Guide	Peer Mentoring	Skilled Nursing
Electronic Home-Based Services	Shared Living	Sponsored Residential
Employment and Community Transportation	Supported Living	<a href="#">Link to Report</a>

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## Maximizing Your Benefits

### Individual & Family Support Program (IFSP) Update

Receipts must be submitted no later than July 1, 2019. Receipts must meet all of the following criteria in order to be accepted:

- Receipts must be dated after January 21, 2019.
- Receipts must be for an allowable service or support. Note: you are not required to submit a receipt for the "need" that was applied for when you completed your application. However, the item purchased must be on the list of allowable items.
- Total number of receipts should be the same as the amount awarded.
- New for FY 2019: Receipts should be submitted online using the IFSP Application portal at <https://ifsponline.dbhds.virginia.gov/>.

[Receipt Remittance Form](#)

[Program Description, announcements and more information.](#)

The purpose of this fund is to assist individuals on the wait lists for the [DD Waivers](#) and their families to support them in their community as they wait for their "slot" to be funded. A maximum of \$1,000 per fiscal year per individual on the wait lists is potentially available for services.

[Moms In Motion IFSP resource page](#)

### How to Renew Medicaid

If you are currently enrolled in Medicaid, FAMIS or Plan First, your health care coverage needs to

be renewed annually. Many valuable benefits are attached to Medicaid, so you'll want to be sure Medicaid stays active so you do not lose any services. If you fail to renew Medicaid it will be a long and difficult process to restore all of your services.

If you recently received a renewal application for Medicaid, FAMIS or Plan First programs, you may have noticed that the application looks different than before. There's a new process to renewing your coverage. The first time you use this new form to renew, it may take you longer than before to complete. However, you could be automatically renewed for up to 5 years without having to complete a renewal form if nothing has changed and you check a box at the end of the form that allows Social Services to look at your electronic income data each year, including information from tax returns.

**Ways to Renew Medicaid:**

1. Online - Through your account on [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov)
2. By phone - Call [Cover Virginia](http://Cover Virginia) at 1-855-242-8282
3. By mail - Complete the paper renewal form and return it to your local Department of Social Services. Call your [local Social Services office](#) if you have not received a renewal form in the mail.

**Amazon Prime**

Amazon Prime is \$5.99 a month for qualifying customers with an EBT or Medicaid card. Cancel anytime.

[Click here](#) to sign up!



**Disability Services and Supports in Virginia Video**

This [video](#) by [The Arc of Northern Virginia](#) is an excellent resource that briefly encompasses the many services and supports for individuals with disabilities!

Topics discussed:

<a href="#">Extensive Information on Medicaid Waivers</a>	<a href="#">Special Needs Trusts</a>	<a href="#">EPSDT Program</a> (This video does not feature current EPSDT info)
<a href="#">Waiver Application Process</a>	<a href="#">ABLE Accounts</a>	Billing Flow
<a href="#">Assessments</a> (Tools to determine supports)	<a href="#">MCOs</a>	and much more!
<a href="#">Eligibly Requirements</a>	<a href="#">HIPP</a>	<a href="#">Video Link</a>

**Fiscal Agents (Attendant Payroll)**

One MCO (Magellan) and FFS Waivers have switched fiscal agents for the Medicaid waiver-funded Home and Community Based Services (HCBS) programs. Fiscal agents manage payroll and taxes for Personal Care Attendants.



It's important for you to know which fiscal agent you use. The fiscal agents are contracted with the various Medicaid organizations and unfortunately, you are not able to select one over another. For example, if you are with Anthem as an MCO, your fiscal agent is PPL.



If you are on a CL/FIS waiver, then your fiscal agent is CDCN. You cannot choose a different one. The three fiscal agents have differences and it's important you know which one you need to be registered with so your attendants will be paid on time.



- Which Fiscal Agent should you be using? [Moms In Motion's Guide](#) with fiscal agents helpline contact information.
- [Moms In Motion's PPL Attendant Resource Page](#)
- [Moms In Motion Resources for all three fiscal agents](#) Packets, payroll schedules, guides, etc.

## Attendant Pay is Increasing!

As of July 1, 2019 rate of pay for Personal Care Attendants will be:

- \$12.17 - Northern Virginia
- \$9.40 - Rest of State

## If you have Public Partnerships (PPL) as your Fiscal Agent...

- New Hire Screening Requirements for [Public Partnerships \(PPL\)](#): Beginning 4/15, all employers will be required to verify that any new employee has been interviewed and is suitable for the job as part of the enrollment process. The employee packet will be updated for the employer to check off that an interview was completed. Please note, if 'NO' is selected or the box is left blank, the employee will not be able to submit timesheets. There is also an online checkbox for proof of interview you can check after you interview an Attendant.

## Smartphone APPs

Fiscal Agents now have "on the go" mobile time entry and approval apps for home and community-based services programs.

Features for Attendants: Ability to review and edit hours, activities, Clock In/Clock Out Time.

Features for Employer Of Record (EOR): Approve or reject submitted time, Timesheet review.

- [Public Partnerships \(PPL\) - Time4Care](#)
- [Consumer Directed Care Network \(CDCN\) - CellTrak](#)

## Employer of Record (EOR) Manual

- [March 2015](#)

## Responsibilities of an Employer Of Record (EOR)

It is important that EORs understands both responsibilities and rights as an employer.

As the EOR of Consumer Directed services you are responsible for:

1. Writing attendant job descriptions
2. Recruiting, hiring, training, supervising, managing, and, if necessary, dismissing attendants as needed
3. Establishing performance criteria for each attendant
4. Establishing schedules and tasks to be completed by each attendant
5. Keeping track of the services provided by the attendant
6. Establishing a system for signing and submitting timesheets

**Your Moms In Motion Service Facilitator will be happy to assist you with anything mentioned in this section. Ask during your next visit!**

# Job Opportunities at Moms In Motion



## Join Our Team!

### Do You Want To:

- have a positive impact on people's lives?
- see the joy in someone's face when you tell them about a little resource that will make a big difference in their lives?
- have the chance to help people in your community on a day-to-day basis?

### Apply Today to Become a Service Facilitator

Moms In Motion / At Home Your Way is looking for talented individuals to join our team! We are hiring Service Facilitators all across the state of Virginia. Apply today!

Service Facilitators support eligible individuals and their families in properly using consumer-directed services so they can live in their home with assisted supports. We do this by routinely visiting people in their homes (your home will be your base office). Moms In Motion / At Home Your Way has been a leader in this industry for over nine years. **We are a value added provider.** We help families to administer their consumer-directed services & link them to additional services.

If you can answer "Yes" to these questions we want you to Join our Team of **ACES**:

- Do I enjoy **A**DVOCATING?
- Am I **C**OMPASSIONATE?
- Do I strive for **E**XCELLENCE in everything I do?
- Do I care about person-centered **S**ERVICE?

### Skills and Qualifications include:

- Associate's Degree or greater in Human Services or related field.
- Ability to work independently.
- Ability to communicate effectively both orally and in writing.

We are currently hiring in all locations in Virginia!!!

To ensure your Moms In Motion / At Home Your Way application is processed correctly, please use the the links on our [Job Opportunities page](#) to apply for the Service Facilitator position in or around your home area.

Share this section with your network, friends and colleagues by copying this link:  
<https://conta.cc/2AtA0Zv>

Email questions to: [HR@MomsInMotion.net](mailto:HR@MomsInMotion.net)

**Get a gift for referring someone!** If you know someone that would make a great Service Facilitator, please refer them to Moms In Motion. Ask them to put your name and contact info on their application. If they work out as an employee, you could receive a gift for your referral.

**Service Facilitators make a positive difference  
in the lives of the individuals and families they serve.  
Moms In Motion is in its tenth year as a Service Facilitation Provider!**



## Advocacy

### Emergency Preparedness Resources

Have a plan for your family's safety before severe weather hits. Hurricane season runs June 1st through November 30th. Tornadoes can cause damage, and you'll want to be prepared if there is a large snowstorm during the winter.

Resources to have handy as you prepare or are recovering from severe weather:

- [How to be ready](#)
- [Local Emergency Managers Directory](#)
- Local shelters should be able to help with any support, accessibility, or mobility needs that you have. If you go to a shelter and find that they are not able to provide assistance in a way that you need, ask to speak to the shelter manager. If the shelter manager is unable to assist you, please contact your local Community Service Board (CSB) Support Coordinator who will connect you with people in your area who can help.  
For a list of emergency shelters in your area, please [visit 211 Virginia](#).
- If you need help after a storm, contact [My Life, My Community](#) at (844) 603-9248.
- Connect with other families in your region who may be sharing storm related tips by checking your IFSP region's Facebook page:
  - [Western Region](#)
  - [Eastern Region](#)
  - [Central Region](#)
  - [Southwestern Region](#)

Other related items:

A Emergency Preparedness and People with Disabilities [Podcast](#)  
What are FEMA's [Disability Integration Advisors](#)?

### Building Supports for Loved Ones in Your Community

Often parents are overwhelmed by caregiving tasks their loved ones with disabilities need on a daily basis. It can be difficult to find and sustain supports. Supports can be thought of in two categories; Natural Supports and System Supports. Think of a Medicaid Waiver as a System Support. While a neighbor offering a friendly helping hand or a church or Parks and Recreation program can be considered Natural Supports.

Natural Supports can be built over time by continuously including your child with a disability in community events. In doing so, people will come to accept and develop friendships and bonds. These bonds will become an important key to your child's future as they age into adulthood. You'll also have peace of mind knowing you have created "roots" of support for your loved one after you are gone. Natural Supports can play a big role in growing your loved ones "network". This network can be a valuable resource for [finding Personal Care attendants](#), job opportunities, quality of life, etc.

Moms In Motion has collected an awesome set of [Community Building videos](#) featuring Al Condeluci! His passion is teaching parents and support professionals how to build communities for people for with disabilities.

### Report on Guardianship

An April 2019 [National Core Indicators \(NCI\)](#) data brief explores the characteristics and outcomes of people with intellectual and developmental disabilities who have full or partial guardianship compared to those without guardianship.

The decision to place someone under guardianship is most often motivated by a desire to protect the interests of the individual with a disability, but the consequences for that individual may be

profound. Research on the negative impacts of guardianship indicates that it can be detrimental to the person's quality of life, causing feelings of helplessness, hopelessness, and inadequacy. Research also shows that being subject to guardianship, and the subsequent loss of autonomy and self-determination, can result in decreased functioning and can affect physical and mental health.

An emerging alternative to guardianship is Supported Decision-Making (SDM). In addition to SDM, there are other alternatives to guardianship that states can explore including medical proxies, Power of Attorney, Special Needs Trust, representative payee, and advance directives.

- [Report: What Does NCI's Data Reveal About the Guardianship Status of People With IDD?](#)
- [Series of videos Moms In Motion has collected on Supported Decision-Making, Alternatives to Guardianship.](#)
- [Supported Decision-Making: An Agenda for Action](#)

## Virginia Board for People with Disabilities 2018 Program Performance Report Highlights

The [Virginia Board for People with Disabilities](#) serves as Virginia's Developmental Disabilities (DD) Council under the federal DD Assistance and Bill of Rights Act of 2000 and the Virginians with Disabilities Act. Since 1992, the Board has been an executive branch state agency located within the Secretariat of Health and Human Resources.

The Board's major activities include educating policymakers and influencing policy/practice; assessing and reporting on the disability services system; investing in new or promising approaches to community-based services and supports; conducting advocacy and leadership training; and educating communities through information dissemination and outreach.

The Board advises the Governor, the Secretary of Health and Human Resources, federal and The Governor appoints 31 of the Board's 39 state legislators, and other constituent groups members, while the remaining eight members on issues related to people with DD and other are designees from state agencies and other disabilities in Virginia.

The Board's three main areas of operation are:

1. Grants
2. Policy
3. Training

Highlights in [the report](#) include:

Improving Transportation Planning to Increase Access to Community-Based Healthcare	Increasing Access to Disability Resources in non-English Languages	Training for Virginia Law Enforcement & First Responders	Improving Health & Wellness through Empowerment
<a href="#">Early Intervention Collaborative</a>	<a href="#">Critical Decision Making for Students</a>	<a href="#">Housing</a> - System Assessment	<a href="#">Leadership for Empowerment and Abuse Prevention</a>
Project CHAT	Project Able	Project Living Well	and more! <a href="#">Link to report</a>

## Spotlight On...

### Summer Destinations!

- [We Rock the Spectrum Loudoun](#) - This kids gym offers an inclusive play experience. All children can benefit from uniquely designed sensory equipment that is specifically designed to aid children with sensory processing disorders. However, all children are able to benefit greatly from this

equipment and by allowing children of all ability levels to play together they are able to learn a great deal from each other!



- [JT's Camp Grom](#) - This amazing 70-acre, beach-style adventure camp in Virginia Beach is designed to welcome everyone. Wounded veterans, families of the fallen, and adults and children with disabilities or special needs will finally have a place to call their own.
- [JT's Grommet Island Beach Park & Playground for EveryBODY](#) - Children with disabilities and their families have access to the beach with Grommet Island at 1st Street Virginia Beach Oceanfront. Enjoy playing with friends and brothers and sisters while having a real day at the beach! Thousands of JT Walk supporters, businesses and organizations saw inequity to access and were determined to provide a solution and built the first oceanfront park and playground in America.
- [Our Special Harbor Sprayground](#) - A fully accessible theme park inspired by Joey's (a beloved lost son) love of the Chesapeake Bay. Located in Alexandria Virginia the park serves as a sensory and creative destination. Which encourages all children to embark on a water adventure in a safe, zero-water-depth environment.
- [Fully Handicap-Accessible Beach Access](#) - Located at the Ocean Bay Boulevard Beach Access at Milepost 8.5, at Kill Devil Hills in North Carolina. This beach access location features a paved parking lot with Handicap Parking spots, a public bathhouse, a wooden walkway to the sand, pet waste bags, and outdoor showers for rinsing sand. An additional improvement to the access includes a wooden handicap-accessible ramp which takes wheelchairs right from the parking lot to the beach. They also have fixed roll-out mats that lay on top of the sand to allow wheelchairs to be wheeled on to the beach. The mats are even designed to allow people who use wheelchairs to put their belongings right off the mat and set up for a full day at the beach.
- [People with disabilities access to free lifetime passes to Virginia National Parks & Fishing Info](#)
- Your local Parks & Recreation Center may have an reduced priced application for half off on an annual membership for a person with a disability. This would be a great way to practice community inclusion! Also, be sure to ask about Therapeutic Recreation programs, or take the plunge and sign up for one their many classes.

## Kindness Cafe + Play



At this friendly coffee shop in Charlottesville, people with and without disabilities will interact as peers. [Kindness Cafe + Play](#) will challenge perceptions, inspire us as individuals and transform the community! Their menu boasts excellent coffee, delicious food, and cool gear, but anyone who visits

knows they are actually selling a unique experience, a space where people with and without disabilities interact as peers, where connections are made and lives are transformed. Kindness Cafe + Play mission is to provide meaningful employment for adults with cognitive disabilities while creating a joyful, inclusive community space.

[Check out their Newsletter!](#)

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## Moms In Motion in the Community

### Thank you for believing in us!

Moms In Motion would like to express our appreciation to the following organizations and individuals who have shared Moms as a resource with families they know.

Thank you to:

- [Family Insight, P.C.](#)



- With locations across Virginia, Family Insight provides in-home ABA therapy as well as clinic based ABA therapy for individuals up to 21 years of age. They accept Medicaid, the Waivers, and most commercial insurances. Their mission is fulfilled by a group of highly qualified, community-minded professionals who support families and individuals with treatments for a diverse spectrum of mental health needs. They offer an array of services and therapies.
- [Harmony Home Care](#)
  - Located in Chesapeake they provide a wide variety of services from simple companionship and household duties, meal planning and nutrition, respite care and basic personal care, to more specialized hospice care, and special needs care related to dementia, arthritis, diabetes, Parkinson's, and other conditions.

## "The Buzz" about Moms In Motion!

*"This is another provider named "Moms In Motion". I have found them to be very professional and responsive and can't speak highly enough about Sara Orlando, specifically."*

*Patti Beekman took the time to explain things from the very beginning. She helped a family to "swim through the muddy waters" of life on a Waiver!*

## Moms In Motion's Leadership Training in Virginia Beach!

Pictures from the Moms In Motion's Southeast Division Meeting and Leadership Training Meeting in Virginia Beach, VA. The team met in May to learn, network and to create change so Moms In Motion can best serve you.

Read the [Job Opportunities](#) section and join our team of ACES!



## Events

## Tools You Can Use

[CCC Plus Waiver Application Process](#)  
Resource Page by Moms In Motion.

[Medicaid Waivers Workshops in Spanish](#)  
Locations across Virginia. Dates in June, July and August.



[Special Needs Family Fun Night at Ocean Breeze Water Park](#) General public will be at the park from 4:00-7:00 pm, and guests with special needs and their families can stay from 7:00pm-9:00 pm! Tickets are good from 4pm-9pm. June 17, July 15, August 12 Virginia Beach

[Electronic Visit Verification \(EVV\) Training](#)  
Online training. Various dates and times beginning June 18.

[DADS Monthly Meeting](#) Find support by joining other fathers in this support group. Dads Appreciating Down Syndrome (D.A.D.S.) Jul 2 6:30pm Midlothian

[Wrightslaw - Special Education Advocacy](#) This program provides training in special education advocacy for experienced advocates, law students, new attorneys, and attorneys who are new to special education law. The program will include 22+ sessions on applicable laws, ethics, best practices in advocacy, strategies in working with parents and schools, and dispute resolution procedures, taught by national leaders in the field. Jul 28 - Aug 2 Williamsburg

[The Arc of Virginia 2019 State Convention](#) You won't want to miss this! Welcome to parents and individuals with disabilities. Attendees will learn latest information on laws, supports and will include many worthwhile sessions! Jul 29 - Jul 31 Harrisonburg

[Life Rolls On - They Will Surf Again](#) Hundreds of volunteers, people of all ages with disabilities, and entire families come together for an epic day in the ocean. Volunteers, please sign up ... you are appreciated! Aug 10 7am Virginia Beach

These events and others can be accessed at Moms In Motion's [Calendar!](#)

[Searchable Resource List](#) by Moms In Motion.

[Acronym List](#) by Moms In Motion. What do those letters mean?

[Guide to a Better Future for Youth and Adults with Disabilities](#) by The Arc of Northern Virginia.

[Why, When, and How Can I Get the IEP Revised?](#) Consenting to an IEP does not mean you are stuck with it, or that it will be appropriate for an entire year.

[Navigating the Developmental Disability Waivers:](#) A Guide for Individuals, Families and Support Partners.

[Supported Decision-Making: Alternatives to Guardianship](#) Video Series

[2018 Directory of Services for People Who Are Deaf, Hard of Hearing and Deafblind](#) by the Virginia Department for the Deaf and Hard of Hearing (VDDHH).

Health Insurance Premium Program (HIP) and HIP for Kids informational [3 minute video](#) by The Arc of Northern Virginia.

## Waivers

[Moms In Motion's Waiver Facebook Group](#)  
Discuss and ask questions about Virginia's Medicaid Waivers, etc. (must have Facebook account)

Your Moms In Motion Service Facilitator is ready to answer your questions. Our team of [Family Resource Specialists](#) are also here to help you too!

[VaWaivers](#) is used to discuss and share news about Virginia Medicaid Waivers.

[www.VaMedicaidWaivers.org](#) The Medicaid Waiver Information Center provides information, materials, workshops, and advocacy meetings about Virginia Medicaid Home and Community-Based Waiver Services.

## Finding Attendants

[Read](#) about becoming a Consumer Directed Personal Care Attendant and find who to contact for employment options.

[Blog with videos](#), etc, to explain to another what an attendant is and highlight characteristics of a top quality attendant.

[The Arc of Northern Virginia](#) has put together an [incredible document](#) to introduce individuals to consumer direction. Starting on page 8 of the document, there are very valuable insights into finding and managing qualified care providers.

(Remember they are located in Northern Virginia so the reimbursement rate is only relevant to Northern Virginia.)

Other strategies to find attendants:

- Relevant departments of local colleges. (OT, PT, etc)
- Local Department of Social Services and [Centers for Independent Living](#) likely has a list of people interested in working as attendants.
- Ask your school's paraprofessionals.
- [Virginia Employment Commission](#)
- Utilize sites such as:
  - [Craig's List](#)
  - [Care.com](#)
  - [SitterCity](#)
  - [MyChoice4Care](#)
  - [Indeed](#)



Moms In Motion is a Service Facilitation provider for Medicaid CCC+, CL & FIS Waiver enrollees.

[MomsInMotion.net](http://MomsInMotion.net)